



# Health Pride

— EST. 1993 —

Scan here  
to see our  
full range  
of products  
online!



**YOURS FREE WITH EVERY ORDER OVER \$60\***  
**\*(NOT INCL P&H)**

**TOUCH  
TO TURN  
ON/OFF!**

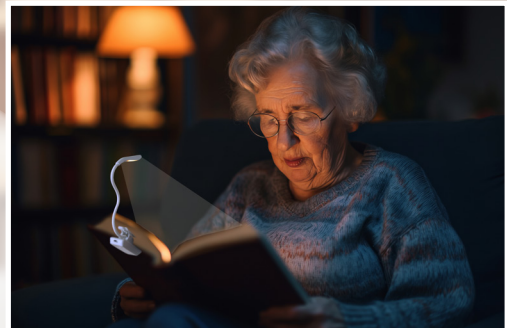
## CLIP ON LED LIGHT

**3  
LIGHT  
SETTINGS**

**7 LED LIGHTS**

**WORKS WITH BATTERIES OR USB**

**CLIPS TO ALMOST ANYTHING... ANYWHERE**



Instant light where and when you need it! Perfect for reading, sewing, painting, working in the garage or the shed...and much more! This handy LED light clips to almost anything, anywhere, or can free stand, and features up to 7 LED lights for any task lighting you need. At the touch of a button switch between cool light, warm light and high light with a mix between the 2. The 360 degree flexible gooseneck lets you position the light exactly where you need it. Can be portable using 3 x AAA batteries (not included) or plugged in via the included USB cable (charger not included). See CHAR2 on page 10). Measures approx 20cm H. Base measures 3.5 x 7.5cm. Yours **FREE** when you spend over \$60 (not incl P&H. Subject to availability. Limit of one free gift per order. We reserve the right to substitute with another gift of equal value if stock runs out). You can also purchase this Clip On LED Light for just \$19.90, save when you buy 2 or more!

**LAMP7 CLIP ON LED LIGHT \$19.90**  
**2 OR MORE \$14.90ea**

**HP147**

**ORDER TODAY!**



**02 9997 5400**



**www.healthpride.com.au**



## HANDS FREE MAGNIFICATION

Perfect for sewing, crafts, reading & much more!

40% OFF



When you need your hands free to sew, craft, read etc, this hands free magnifier is your ultimate companion. Simply adjust the neck lanyard to your required length, rest it on your chest, adjust the angle and you will be able to see like never before! Also features a built-in light for added visibility. Features 3x zoom lens. Requires 3 x AAA batteries (not included). Measures 22.5cm x 13.5cm. Durable plastic/acrylic/nylon. **MAGF7 Hands Free Magnifier WAS \$24.90 NOW \$14.90**

Free Standing

## PROTECT YOUR FINGERS



Finger Ring To Keep Secure

Simply slide your finger into the ring on the back, and slice away! It still allows you to grip your fruit and vegetables while you slice but keeps your fingers free from harm. Made from durable stainless steel. Measures 6.7cm x 4.5cm.

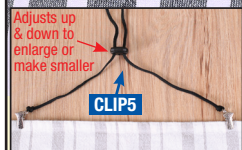
**SLIC8 Slicing Finger Protector \$8.90**

## PROTECT YOUR CLOTHES FROM SPILLING FOOD...



CLIP4

CLIP5



Simply attach any napkin to the 2 clips and you're ready to tuck in without any fear of extra washing or ruining your clothes. Silver toned 46cm chain with large, easy to use clips or fully adjustable napkin clip adjusting to the length you want. Adjustable version features 2 metal clips and nylon rope with push clip to adjust to your desired length.

**CLIP4 METAL NAPKIN CLIP \$12.90**  
**CLIP5 ADJUSTABLE NAPKIN CLIP \$12.90**

## EASILY PUT ON SOCKS & STOCKINGS... Without Bending

ONE OF THE BEST SOCK AIDS AVAILABLE

Easy as... 1



The Sock Aid lets you put on socks or stockings without bending or back strain. Easy as 1,2,3! Ideal for people with limited mobility. Place the sock on the aid. The terry cloth on the outside will hold the sock firmly until it's on the foot. The nylon lining reduces friction as the aid is pulled up with the help of extra long straps. The washable sock aid is a simple & clever solution to a common problem. Perfect for travel.

**SOCK2 Sock Aid \$19.90**



Tourmaline, bamboo & charcoal increase natural body heat for pain relief

## SELF HEATING MAGNETIC BACK SUPPORT



16 MAGNETS (400 gauss ea)

**BACK2 Bamboo/Charcoal Self Heating Back Support \$44.90**

- ✓ Provides lumbar and abdominal support to sufferers of back pain, muscle pain, muscle injury, abdominal strains & injury
- ✓ Completely adjustable with the removable/adjustable elastic outer straps so you can choose the right compression for you
- ✓ Suitable for all day wear
- ✓ Features a Tourmaline magnetic pad across the back with 16 x 400-gauss magnets, plus bamboo & charcoal nano powder, which is designed to increase natural heat and improve blood flow providing effective natural pain relief
- ✓ Neoprene/tourmaline/elastane
- ✓ One size fits most (measures 138cm L)

32 MAGNETS SET OF 2



SALE

## MAGNETIC KNEE THERAPY



- ✓ Magnetic Knee Sleeve is suitable for pain relief and recovery
- ✓ Made with layers of polyester, cotton, elastane, and magnets
- ✓ Enhances joint support and stability
- ✓ 32 powerful x 400-gauss magnets in each sleeve target acupressure points
- ✓ Helps to reduce swelling, discomfort, and inflammation by improving blood flow
- ✓ Soft knit fabric allows freedom of movement
- ✓ Sold as a Set of 2 and available in two sizes: REG and LGE
- ✓ Magnetic therapy has not been medically proven although some people have claimed success with it. Not suitable for individuals with pacemakers or defibrillators

Please specify size on order form.

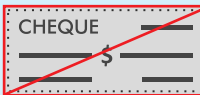
**KNEE7/REG Regular Set of 2 WAS \$34.90 NOW \$29.90**  
**KNEE7/LGE Large Set of 2 WAS \$34.90 NOW \$29.90**

FREE HEALTH BOOKLET WITH PURCHASE

## The Health Pride PRICE GUARANTEE

If you find an exact item advertised locally at a cheaper price, we will match it.\*

\*(Customer service operator will need to sight a copy of the ad to verify. Item must be exactly the same and in stock)



**NO CHEQUE? NO WORRIES!**

We understand change can be daunting, but worry not! As some of our valued customers may have heard, cheques are gradually becoming a thing of the past in the banking world. While this transition may seem challenging, we're here to make it seamless for you.

## INTRODUCING A SMOOTH TRANSITION...

Did you know that even without a VISA or MASTERCARD credit or debit card, you can still complete your purchases hassle-free? That's right! Simply opt for direct deposit. Placing your order is as easy as ever, and we'll take care of the rest. Once your order is confirmed, we'll reach out with our banking details along with your unique order number.

## A FEW SIMPLE STEPS...

To streamline the process, please remember to include your phone number on your order form and when making the direct deposit, remember to use your order number as the reference. If you prefer to order over the phone, just let us know you'll be paying via direct deposit before we begin.

With this straightforward alternative, you can continue to enjoy our products without missing a beat. We're here to help every step of the way, ensuring your shopping experience remains as smooth as possible.



Up to  
size 5X



Blue 08

Pink 07

### SWEETHEART NECK BLOUSE

Gentle shirring along the v-neckline flatters every figure. Short sleeves with a sweetheart neckline. Cotton/polyester knit. Machine wash. Approx lengths from S-5X; 74-81cm (29-32"). Available in Pink Ditsy and Blue Ditsy in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

5290807 Pink Ditsy Sweetheart Neck Blouse \$39.90

5290808 Blue Ditsy Sweetheart Neck Blouse \$39.90

### RELIEF FROM SWOLLEN FEET & ANKLES



Ideal for  
Diabetic  
Sufferers

Put an end to constant bending over and tugging to keep anklets from settling down into insoles of shoes. Perfect with dress slacks, jeans, skirts! Made of 100% nylon. One size fits most. Incredible Value price for 5 pairs!

SOCK12N Nude Ankle High Socks \$15.90

SOCK12B Black Ankle High Socks \$15.90

5  
PAIRS!

Anklets that will stay up all day! Thanks to extra height and a full, wideband, anklets stay up without pinching into skin or disrupting circulation.

### Never A Dull BLADE

Perfect for garden tools...



...and kitchen  
ones too



Sharpen Blades  
in Just  
10 Seconds!

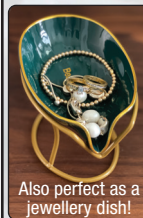


Maintain razor sharp edges on an array of tools with the SuperSharp Edge Sharpener. Perfect for blades, axes, secateurs, shears, knives and much more! The tungsten carbide sharpening blades allow you to sharpen an edge in just 10 seconds, whilst the ergonomic handle makes it effortlessly easy. Measures 14cm x 6.5cm.

SHRP4 SuperSharp \$19.90

### ELEGANT SOAP DISH

Water  
easily  
drains  
away



Also perfect as a  
jewellery dish!

Give your bathroom vanity a makeover with our Elegant Soap Dish. Featuring a quick-drain design, to alleviate watery soap dishes, this soap dish will bring a functional, and luxurious feel to your bathroom. Made from durable plastic and steel. Measures approx 10cm H x 9cm W.

SOAP4 Elegant Soap Dish \$12.90

Simply wedge  
the lifters under  
the mattress and  
tuck the sheet  
underneath...no  
more heavy lifting!



Easily holds  
the mattress  
up for you,  
so you don't  
have to!

SET  
OF 2!

### NO MORE STRUGGLING TO MAKE THE BED!



Also great for tucking  
sheets and blankets  
under the mattress

Do you struggle to lift your mattress in order to change the sheets on your bed? These amazing Mattress Lifters allow you to wedge them under the mattress lifting it up to 8cm, allowing you to easily change the sheets without having to struggle with holding the mattress in the air as well. Also great to use to tuck the sheets in by pushing the sheets in under the mattress...saving your hands and your back! Set of 2. Made from durable plastic. Measures approx 37cm L x 7cm W x 12.5cm H.

LIFT4 Mattress Lifter S/2 \$19.90

### STOP MISPLACING YOUR GLASSES



No need to search the entire house to find your glasses, these fleecy lined eyeglass holders keep your glasses safe & sound. They also help to keep your glasses scratch free.

GHOL2/TAP Tapestry Eyeglass Holder \$13.90

GHOL2/BLK Black Eyeglass Holder \$13.90

### MULTIFUNCTION CLEANING BRUSH



TIGHT CORNERS  
& GROUT



DOOR & WINDOW  
TRACKS

SO MANY USES FOR AROUND THE HOME! USE JUST ABOUT ANYWHERE



SMALLER JOBS



GLASS & WET SPILLS



Side  
Bristles  
Angled  
Bristles  
Squeegee

Perfect for all those hard to reach places the Multifunction Cleaning Brush has just about everything you need. Measures 17cm x 11.5cm.

BRUS8 Multifunction Gap  
Cleaning Brush \$10.90

SHOP BY PHONE - (02) 9997 5400



# PERFECT FIT S-T-R-E-T-C-H SANDALS

**BLACK**



**TAN**

Adjustable  
buckle  
strap

Lightweight

S-T-R-E-T-C-H

Stretch  
to fit  
elastic

In  
Ladies  
Sizes  
6-11

Easy wear ladies sandals, with elastic crossover straps, are the perfect summer sandal. Not only are they lightweight, they feature an elastic crossover strap that helps them fit comfortably on your feet (front toe strap is not elasticised). They also come with an adjustable buckle strap to get the perfect fit. Available in Tan and Black in ladies sizes 6-11. **Please indicate size and colour on order form.**

SAND11T Gloria Sandal Tan \$39.90 SAND11K Gloria Sandal Black \$39.90

## SLEEVELESS ZIP FRONT SHIFT

Zip front shift with roomy patch pockets and bow accent. Woven 100% cotton. Machine wash. Approx length 107cm. Available in Rainbow Plaid, Pink Floral, Blue/White Floral and Jade Border in sizes S, M, L, 1X, 2X, 3X & 4X.

5540113 Rainbow Plaid	\$39.90
5540114 Pink Floral	\$39.90
5540115 Blue/White Floral	\$39.90
5540116 Jade Border	\$39.90



Rainbow  
Plaid 13

Blue/White  
Floral 15

Pink Floral 14

Jade Border 16

## TRAPS DUST LIKE A MAGNET

LIGHTWEIGHT TELESCOPIC  
HANDLE THAT EXTENDS  
TO 90CM

## CEILING FAN DUST TRAPPER

- ✓ Easily clean those hard to reach fan blades - No more ladders!
- ✓ Special design traps dust inside, preventing it from falling on you and polluting the air
- ✓ Has multiple uses including cleaning ceiling lights, fan bulbs, skirting boards and much more
- ✓ Telescopic handle reaches those hard to reach areas

CONTAINS DUST & DIRT TO AVOID ANY AIRBORNE NASTIES AROUND THE HOUSE

REUSABLE & WASHABLE  
SCRATCH FREE  
MICROFIBRE PADS

TELESCOPIC

CLEANS WITH EASE!

CAN ALSO BE  
OPENED AND USED  
ON SKIRTING  
BOARDS, CEILING  
LIGHTS & MORE!

DUST6 Ceiling Fan Dust Trapper \$29.90

## Perfect for Gold Cuts, Cheese & more!



## KEEP BACON FRESH

No more struggling with plastic bags and twist ties. This clear plastic container holds a kilo of bacon neatly, fresh and ready to use. It also means that meat won't dry out or pick up other food odours. Perfect for Bacon, as well as cold cuts and cheese. Measures 28cm x 17.5cm x 4cm.

BACN2 Bacon Keeper \$12.90

## NO BATTERIES REQUIRED

Weights less  
than 70gms

eco



Perfect for  
Emergencies...

Camping & more

This Emergency Flashlight automatically recharges itself every time you use it - You squeeze, you don't have to 'pump', and the LED technology lights up! Nothing to wear out or break! From blackout to breakdown to camping... you will always have light & never run the risk of dead batteries.

M2901  
Emergency Flashlight  
\$11.90



## ELEGANT FLOOR RUGS FOR YOUR HOME

**Gorgeous Roses for a Touch of Elegance**

**RUNNER**

**MEDIUM**

Beautiful colors and an elegant design make this braided rug the perfect addition to your home. Features beautiful roses and leaves on a white background and surrounded by a burgundy and white braided border. Spot and vacuum clean. Available in Medium size; approx 78cm x 51cm, and Runner; approx 122cm x 51cm.

<b>RUGS2</b>	<b>Rose Braided Medium Rug</b>	<b>\$34.90</b>
<b>RUGS3</b>	<b>Rose Braided Runner</b>	<b>\$39.90</b>

**YOU CAN NOW GROW TOMATOES EVEN IN WINTER!**

## SIBERIAN TOMATO SEEDS

**PRODUCE EXTRA EARLY YEILDS, FROST RESISTANT TOO!**

Siberian tomatoes are unique in their tolerance of cool conditions, relative to other tomatoes. The round fruit is versatile, sweet and full of flavour. The plants produce delicious tomatoes ahead of other varieties because Siberians do not require high temperatures to set fruit like other tomatoes - just a few degrees above freezing is all the warmth they need. Perfect for salads, slicing, and sandwiches especially well-suited for sauces, juices, and pastes. Excellent choice for home gardens and can be easily grown in a pot. Like all our tomato seeds these Siberian tomato seeds also come with jiffy pellets which are rich in nutrient and ideal for germination.

### SIBERIAN TOMATO SEEDS

<b>P13842</b>	<b>Seeds for 2 plants</b>	<b>\$9.90</b>
<b>P13843</b>	<b>Seeds for 6 plants</b>	<b>\$21.90</b>
<b>P13844</b>	<b>Seeds for 12 plants</b>	<b>\$35.40</b>



## Perfect Sundress

**30% OFF**



**NAVY FLORAL 03**

**PURPLE SUNFLOWER 04**

**MULTI 06**

**RED PATCH 05**

**TEAL PAISLEY 07**

### PATCH POCKET RUFFLE SUNDRESS.

Cool and breezy sundress with V-neckline, patch pockets and flirty flounced hem. Woven Poly/Cotton. Machine wash and dry. Approx length 112cm (44"). Available in Navy Floral, Purple Sunflower, Red Patch, Multi & Teal Paisley in sizes S, M, L, 1X, 2X, 3X, 4X & 5X (sorry no size S is available in Purple Sunflower or Teal Paisley and no size S & 4X is available in Multi).

<b>WAS \$49.90 each</b>	<b>NOW \$34.90 each</b>	<b>C. 5649205 Red Patch</b>
<b>A. 5649203 Navy Floral</b>		<b>D. 5649206 Multi</b>
<b>B. 5649204 Purple Sunflower</b>		<b>E. 5649207 Teal Paisley</b>

## TOMATO BOOSTER

**Grow the Juiciest Tomatoes Ever!**

Get ready for a bumper crop of the reddest, juiciest tomatoes just bursting with flavour. Our Tomato Booster increases harvest and speed of growth.

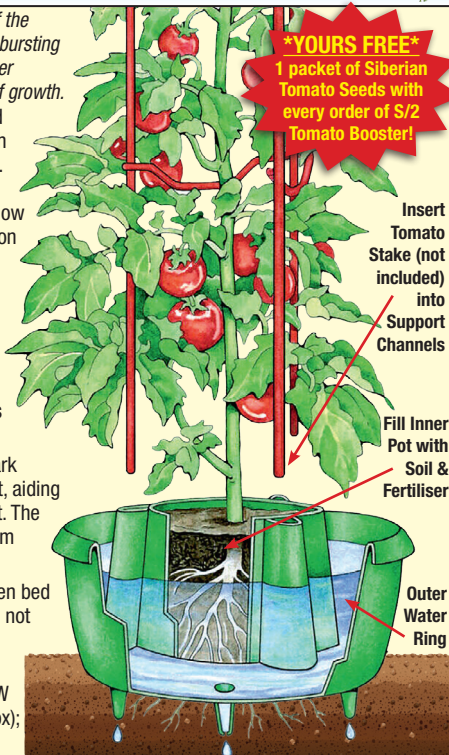
**✓ Slow Release** - Add liquid fertilizer to the water when filling the outer water ring. The solution will seep out of tiny holes resulting in slow deep watering & fertilisation right where it's needed - around the roots.

**✓ Protects from worms, slugs, snails and more** - The 14cm high collar stops them cold. It also keeps the plants branches off the ground.

**✓ Heat Boosts Growth** - Dark green plastic absorbs heat, aiding growth and earlier harvest. The elevated base protects from weeds and more.

**✓ Must be planted into garden bed or large pot (plant and soil not included)**

**✓ Can be re-used year after year.** Pot measures 25cm W x 25cm D x 13cm H (approx); inner plant ring 14cm dia.



**\*YOURS FREE\***  
1 packet of Siberian Tomato Seeds with every order of S/2 Tomato Booster!

(Style varies slightly in shape to what is shown. Actual item is square not round. All functions remain the same.)

**P20046 Tomato Booster S/2 + Siberian Seeds \$24.90**

Find us on [www.facebook.com/healthpride](https://www.facebook.com/healthpride)



**EFFORTLESSLY DRAWS WATER FROM A BUCKET, TAP, POOL OR ANY OTHER WATER SOURCE**

# SPRAYJET MAXX DELUXE

**Powerful, Rechargeable Cordless Washer**

Powered by **Li-Ion** technology



**Power Wash Anywhere, Anytime**



**50\*** MINUTE RUN TIME IN ONE CHARGE

No more clunky pressure washers that are heavy and cumbersome. The Sprayjet Maxx is handheld, small, lightweight and portable and can work anywhere you have a water source. Simply attach the water filter to the siphon hose and drop it into whatever source of water you have...Bucket, pool, sink etc. Or just connect it straight to your tap for direct access. Simply attach the on/off valve to control the flow of water. Great for all kinds of jobs around the home. Rechargeable with the powerful Li-Ion battery. Comes in a handy hard shell carry case with 2 nozzles; including a bonus 6 in 1 nozzle, a 5m siphoning hose, a soap and foam dispenser bottle, water filter, hose connector, bottle connector, charging adapter, 1800mAh rechargeable battery and bonus on/off valve for the garden hose.

## PERFECT FOR:

CLEANING CARS  
DRIVEWAYS  
WINDOWS  
BICYCLES  
CAMPER  
PAVERS  
BBQ'S AND MORE!

**WASH6 SprayJet Maxx \$99.90**

# TALKING TEACHING TEDDY

**Hug Your Way To Fun & Easy Learning!**



Squeeze My Hand & I say my ABC's!

Button

Squeeze for ABC's

Buckle

Snap

Zipper

Lace Tie

- ✓ Educational and fun!
- ✓ Improve motor skills
- ✓ Language development
- ✓ Sensory development



This adorable teddy will teach children how to button, zipper, buckle, snap and tie laces. They'll love learning the alphabet, numbers and how to dress themselves from this friendly chap. His multi-coloured outfit will help teach colours too! Stands 31cm tall and is perfect for 3 years and up. Takes 2 x AAA batteries (Batteries not included).

**TEDY2 Talking Teddy \$29.90**

# ENLARGES A FULL PAGE!



Ideal for reading newspapers, legal documents, telephone books etc. It magnifies up to 4 times, reducing eyestrain and squinting. Unbreakable frame with wafer-thin lens. 19x30cms (7.5"x 11.75").

**AFPM1 Full Page Magnifier \$10.90**

# NO MORE WASTAGE



**SET OF 2**

This great little gadget allows you to get every last drop of toothpaste in the tube. No more wastage or endless squeezing. In a set of 2 and fits all toothpaste tubes.

**TUBE4 TOOTHPASTE SAVER S/2 \$9.90**

## RELIEF AT LAST

Easy on/off Compression Socks

**Gentle Compression Helps:**

- Increase Circulation
- Support Aching Tired Muscles
- Reduce Swelling/Fluid Retention
- Ease Varicose Vein Discomfort
- Washable Nylon & Elastane
- Great For Men & Women

Compression socks are so easy to put on! Convenient zips ensure the benefits of 20-30 mmHg compression by making it ultra-easy to put on and take off...without frustration, time-consuming wrestling and straining.

**INDICATE SIZE ON ORDER FORM**

Size	Calf Circum. (cm)
Reg	30-34
L	35-38
XL	39-42

**ZIPS2 Beige Zipper Compression Socks \$29.90 pr**

**Helps Increase Circulation**

**Easy Zip Access**



PERFECT FOR HOME, OFFICE OR TRAVEL



COOLS, PURIFIES & HUMIDIFIES

MAXX COOLING POWER



ADD ICE FOR EXTRA CHILL



## DESKTOP CHILL MAXX

Your own portable air cooling unit. Simply fill the water tank with cold water and add optional ice cubes for extra chill! Perfect for any room in the house. Features a LCD touch panel display and has a built in colour change night light! Powered by USB-C (cable only included). See CHAR2 on page 10 if USB adapter is required). Measures a tiny 19cm W x 18cm D x 18cm H. **CHILL2 Chill Maxx \$79.90**



FROM WHAT APPEAR JUST PLAIN SHEETS...

\*From \$6.50ea

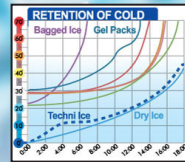


...TO SOLID ICE THAT LASTS FOR DAYS

## TECHNI-ICE STAYS FROZEN FOR DAYS!

- ✓ Stays Frozen for Days
- ✓ Will Not Turn to Water
- ✓ No More Soggy Food
- ✓ Re-Useable Over and Over Again
- ✓ Cut to Size!

At last a breakthrough in ice technology; TECHNI-ICE reusable dry ice packs. TECHNI-ICE transforms from a compact sheet to a refrigerant polymer which swells to 4cms in thickness when submerged in water. Wrap the sheet around food, drinks or place in coolers to keep everything icy-cold. Techni Ice reusable dry ice packs /gel packs can be used hot, cold or frozen and can keep your food and drinks icy cold for days on end in a cooler. Unlike regular ice, TECHNI-ICE does not drip and will last for days. Each sheet measures 25 x 40 cm.



**TECH2 Techni-Ice single sheet \$8.50ea**  
2 or more **\$6.50ea**



## CLASSIC COLLECTIBLES



Y32350  
1959 Eldorado Biarritz



Y35920  
1959 Chevy Impala



Y35910  
1959 Chevy Impala Convertible



Y32340  
1938 Cadillac Fleetwood

BUY ALL 4 AND SAVE \$20

Most of these classic cars from the 30's and 50's left a mark in history. All are amazing collectibles from the 1938 Cadillac Fleetwood, the 1959 Eldorado Biarritz, the 1959 Chevy Impala to the incomparable 1959 Chevy Impala Convertible. All classic in their own right. All are 1:32 scale die cast model replicas. All feature, adjustable front wheels, opening doors, boots & bonnets. These are magnificent automobiles for all classic car collectors.

A. Y32350 1959 Eldorado Biarritz **\$44.90** C. Y35910 1959 Chevy Impala Convertible **\$44.90**  
B. Y35920 1959 Chevy Impala **\$44.90** D. Y32340 1938 Cadillac Fleetwood **\$44.90**

**YCOLL51 SET OF 4 COLLECTIBLES \$159.60**

SHOP BY PHONE - (02) 9997 5400



## BORDER PRINT PATIO DRESS

Breezy floral patio dress with button-front placket, pleating and side seam pockets. Woven cotton/polyester. Machine wash. Approximate length 106cm (42"). Available in Royal in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

**5770788 Royal Border Print Patio Dress \$44.90**

## Rotating Jewellery Organiser

Keep all your jewellery neat, organised, and easy to access with the Rotating Jewellery Organiser. It has holes for earrings (can be used for studs or hooks) and places for necklaces and bracelets. Organiser rotates 360° allowing you to easily see everything you own at a glance. Measures 29.6cm H x 16.6cm sq. Assembly required.



Perfect for earrings and necklaces!

SALE

**JORG4 Rotating Jewellery Organiser WAS \$16.90 NOW \$12.90**

Rotates 360°



**SET  
OF 4**

## RELIEF FROM TOE PAIN & AILMENTS



These soft and stretchy, comfortable gel toe separators fit comfortably on to most toes easing discomfort. Perfect for helping with the pain caused by hammer toes, tailors bunions, overlapping toes and more. Also helps to realign toes to prevent friction and rubbing and can also fit comfortably in most shoes allowing you to stand or walk longer without pain. Made of high quality gel that stretches to fit. Washable and reusable. Available as a set of 4; 2 large and 2 small separators.

**TOES11 Set of 4 Toe Separators \$14.90**



## Clip Your Nails at Any Angle



These unique nail cutters feature a 360° rotating head that allows you to clip your nails from the angle that is most comfortable to you. No more needing to trim from awkward positions. Available as a set of 2 with one large nail cutter and one small nail cutter. Large measures approx 10cm L, small measures approx 8cm L.

**NAIL5 Side Cutting Nail Cutters S/2 \$14.90**

## TURBO SWEEP

**Powerful Vacuum & Blower All-in-One!**

- ✓ **Powerful Suction:** Tackle any mess with ease.
- ✓ **Versatile Blowing:** Blow away crumbs or dust effortlessly.
- ✓ **Lightweight & Portable:** Clean anywhere, anytime.
- ✓ **Easy-to-Empty:** Hassle-free maintenance.

**120W  
of  
power**



**4200rpm  
Blowing  
Power!**

**4000PA  
Suction  
Power!**

With its powerful suction and versatile blowing capabilities, TurboSweep is the all-in-one solution you've been waiting for. From crumbs on the kitchen counter and table to the dirt and mess in the car and much, much more! But that's not all... TurboSweep goes beyond just vacuuming. It transforms into a powerful blower, allowing you to effortlessly blow away dust, and debris from hard to reach corners, computers, tabletops and more! It comes with a range of handy attachments, allowing you to reach every nook and cranny with ease. Rechargeable via included USB cable. Takes 4hrs to charge with a run time of 20 minutes. (Adapter sold separately, see ad for CHAR2 Dual USB Charger on page 10. Or can work with any USB charger).



**Mighty Power...  
...Small Size**



**Comes  
with  
All  
This!**

**SWEP5 Turbo Sweep Vacuum & Blower \$39.90**

**SET  
OF  
2!**

**Up to Size 5X**

## SMOCKED NIGHTGOWNS SET OF 2

The pretty smocked neckline with lace detail and partial button front will make these nightgowns an instant favourite. The look is finished off with capped sleeves and a shirttail hemline.

Comes as a convenient pack of 2! 100% Cotton knit (exclusive of decoration). Machine wash. Approx length 116cm (46"). Available as a set of 2 in Blue & Peach in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

**5981302 Blue/  
Peach Set of 2  
Smocked Nightgowns  
\$69.90**



## COMFORT & STYLE

**What More Could You Ask For!**



**Navy**

Casual, stylish, comfortable and lightweight. Made from canvas, with breathable cutouts and an adjustable touch close strap at the back, our Preston Slip On is just what you have been looking for. Available in Tye Dye and Navy in ladies sizes 6-11.



**Tye Dye**

**Cutouts for  
airflow to keep  
your feet cool**

**Don't forget to include your size  
and colour on the order form.**

**SHOE33D Easy Comfort Shoe Tye Dye \$29.90  
SHOE33N Easy Comfort Shoe Navy \$29.90**



## ILLUMINATE YOUR STREET NUMBER!

EASY TO READ DURING THE DAY OR NIGHT



No one will miss your house again with our Solar Address Sign. Fits up to 5 numbers and letters, it is solar powered, weather resistant and has 2 light up modes; Cool and Warm White. Easy to install, it comes with a garden stake. Simply place wherever you need. Comes with 4 x set of numbers 0-9 as well as 1 x set of letters A-Z. Measures approx 97cm H (incl stake and solar panel) x 12.7cm W. Light up section measures 37.5cm H.

**SOLR2 Solar Address Sign \$49.90**

## DRAIN CLEAN

One stick a month into your drains will break down & digest food & grease build-up in the pipes. Keep drains clog & odour free! Sticks are biodegradable & environmentally friendly.

**DRAIN2 DRAIN DROPPER \$7.90**

## OPEN CANS WITH EASE



Stop fiddling with ring pull cans and use this Ring Pull Can Opener instead! The simple design uses your strength to pull the tab

effortlessly, keeping nails and hands away from sharp edges. Opens any ring pull can top. Measures approx 15cm L (6").

**RPUL2 Ring Pull Can Opener \$9.90**



## CLEAR GREASE



SET OF 12



## GENUINE LEATHER ZIP WALLET



9 Expandable Card Pockets

2 Zip Close Compartments



Compact & Secure



Convenient ID Window

✓ Unisex  
✓ RFID Lining

✓ Compact yet carries a load  
✓ Easily access cash and cards!

Small in size yet mighty in functionality! Features 2 zip close sections to keep your items safe and secure; with 9 expandable card pockets, 3 additional sections for cash and other cards plus RFID protection to block scammers. Measures a compact 11cm x 7.5cm. Genuine leather. Available in Black.

**LZIP6 Genuine Leather Zip Wallet \$24.90**



30% OFF

### BUTTON FRONT SKIRTS

Made with button-front, side seam pockets, belt loops and banded waist band with elastic sides. Stretchy Viscose/nylon/spandex blend. Delicate machine wash. Approx length 74cm. Available in Wine and Khaki in sizes S, M, L, 1X, 2X 3X, 4X & 5X.

5527937 Wine Button Front Skirt WAS ~~\$44.90~~ NOW \$31.40  
5527980 Khaki Button Front Skirt WAS ~~\$44.90~~ NOW \$31.40



Black

## ULTIMATE Comfort Sandal

These super soft mesh sandals come with an adjustable buckle strap for the perfect fit along with an elastic bridge insert that won't pinch your feet or lose its shape! The insole gives extra support and all day comfort on a feather light outer sole that is shock absorbent, is anti-slip, and comes with a 45mm (1½") heel. Available in Beige and Black in ladies sizes 5-11. (sorry no size 5 or 11 is available in Beige).

SHOE27B Beige Stretch Mesh Slingback \$34.90  
SHOE27K Black Stretch Mesh Slingback \$34.90



Beige

Stretch panel for extra comfort

Available in sizes 5-11


PLEASE INDICATE SIZE & COLOUR ON ORDER FORM

Find us on [www.instagram.com/healthprideoz](https://www.instagram.com/healthprideoz)



## DUAL USB CHARGER

**2x  
USB  
TYPE-A**



**SURGE PROTECTION BUILT-IN**

A great adapter with dual USB ports included. Perfect for any item that is USB rechargeable. Also features built-in surge protection. A great addition to every home.

**CHAR2 Dual USB Adapter \$29.90**

## THE ULTIMATE LED GARDEN DECORATION






This stunning set of Busy Bee LED lights makes your garden come to life! Solar-powered, turning on at dusk & off at dawn, running up to 14hrs on a full 6hr charge. Easy to install, waterproof, eco-friendly with 2 light modes, twinkling or steady. A set of 30 bees measuring each 3.5x3.5cm, with a 6.5m cord. Includes a rechargeable battery in solar panel.

**SBEE2 BUSHY BEES \$24.90**

## PERSONAL MASSAGERS



**A. REGULAR MASSAGER**  
Quiet and discreet at <50 db it's the ultimate in massagers. Measures 16cm L. Requires 2 x AAA batteries (not incl). Easy clean silicone cover.

- ✓ 8 Vibration settings
- ✓ Waterproof
- ✓ Super soft and smooth



**B. DELUXE MASSAGER**  
Soft silicone is washable and waterproof. Recharges with included USB cable (adapter not included, please see CHAR2 on this page. Measures 19cm L from end to end.

- ✓ USB Rechargeable
- ✓ Waterproof
- ✓ Ergonomic Design
- ✓ 10 Vibration Settings


Due to health regulations we cannot refund or exchange these items for change of mind unless the item is proven to be faulty.


<b>A. E1891 Regular (AAA battery)</b>	<b>\$29.90</b>
<b>B. E1892G Deluxe (USB)</b>	<b>\$44.90</b>

## Hear What You Have Been Missing!



**Rechargeable - No Batteries Needed!**





The rechargeable hearing aid is an inexpensive sound amplifier that boosts sound x 30. You can watch your favourite TV programme & movies, hear conversations and not miss a thing. Discreet contoured design fits comfortably in either ear and no batteries required. Includes four different sized silicone tips to seal out noise and USB cable for recharging (charging adapter not included. See CHAR2 on this page).

**HEAR3 RECHARGEABLE HEARING AID \$39.90**

## CORDLESS SAFETY TRIMMER

- ✓ Remove unsightly hair easily
- ✓ Now Rechargeable
- ✓ Comes apart for easy cleaning

**NOW RECHARGEABLE**




Black trimmer used for demonstration only



This safe, effective nose hair trimmer removes unsightly hair from your nose, ears & eyebrows quickly, safely and easily. The stainless steel blades spin while snipping painlessly unwanted hair as the safety cover shields the blades from your skin. USB rechargeable. Comes with USB cable only (USB adapter not included, see CHAR2 on this page if required), on/off switch, protective cap and black in colour. Unit without cap measures 12cm L.

**AEST2 USB Rechargeable Safety Trimmer \$17.90**

## MAKE CLEANING A BREEZE!

Simply turn on the Spin Cleaning Brush, and the spinning action of the brush quickly and easily removes dirt, grime, and stains, leaving your surfaces looking like new; no more manual scrubbing. Folds down to save space in your cupboard. Measures 21 x 7 x 12 cm. Made from high quality plastic and nylon. Comes with 1 x Cleaning Brush, 1 x USB cable, 3 x Brush Heads. Features 25W of power. Replacement Heads are now available. (Charging adapter not included. Please see CHAR2 on this page if required).



**Gentle Cleaning**



**Scrubbing**



**Set of 3 Replacement Heads Now Available**

<b>SPIN4 Spin Cleaning Brush</b>	<b>WAS \$29.90 NOW \$19.90</b>
<b>SPIN4R Replacement Heads</b>	<b>WAS \$14.95 NOW \$9.90</b>

## Power Scrubbing



- ✓ Quickly and effortlessly remove dirt & grime
- ✓ 3 Interchangeable heads for different jobs
- ✓ Perfect for washing dishes, cleaning bathrooms, and more!

**SALE**



## EASILY CLEAN DIRTY DRAINS

**EXTRA LONG DESIGN**

Cleaning your drains is tricky when you cannot reach or see. These extra long Drain Brushes solve that problem. They can be bent to shape and can get where you can't easily. Measures 50cm L. Sold as a set of 2.

SET OF 2

**DRAIN3 Drain Cleaner Brush Set of 2 \$10.90**

## MAGNIFYING NAIL CLIPPERS

Built-In Magnifier

Anti-Splash Nail Catcher

Plus includes a handy nail file

Be able to cut your nails anywhere, anytime thanks to these handy Magnifying Catch All Nail Clippers. They not only feature an anti-splash nail catcher that hygienically collects nail clippings, but it also features a built-in magnifier allowing you to clearly see what you are actually cutting! Measures approx 9cm L. Comfortable rubber grip with stainless steel blades.

**NAIL2 Catch All Nail Clippers with Magnifier \$14.90**

## EASE AND PROTECTION BY YOUR SIDE!



**SALE**

**2 Piece Set**

BEIGE

BROWN

GREY

### Arm Chair Savers

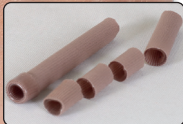
Convenience and protection right by your side. Attractive and comfortable fleece covers protect your armchair or sofa from wear, tear and stains. One cover has pockets for TV guides, reading glasses, remote control, magazines, knitting etc. Machine wash. Choose from Beige, Brown or Grey.

Please indicate colour on order form.

**ARMC2 Arm Chair Protectors**  
**2 Piece Set WAS \$22.90 NOW \$19.90**

## PROTECT YOUR TOES WITH GEL CUSHIONS

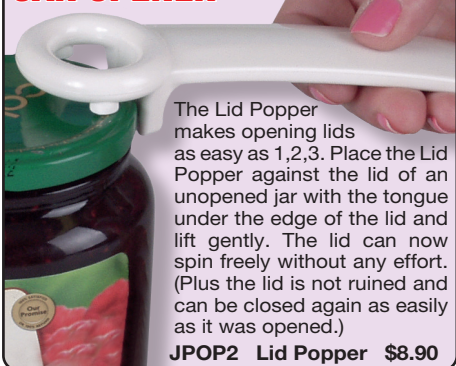
**SET OF 2**



These Gel Toe Cushions are silicone on the inside, soft gauze on the outside and are perfect at protecting your toes in any kind of footwear. They instantly cushion any corn or other foot issue stopping pressure or friction. This all round toe protector can be cut to your required length and stretches to fit most toe sizes. Each tube measures approx 14.5cm L and can be hand washed for continued use.

**TOES7 GEL TOE CUSHIONS Set/2 \$12.90**

## THE WORLD'S EASIEST JAR OPENER



The Lid Popper makes opening lids as easy as 1,2,3. Place the Lid Popper against the lid of an unopened jar with the tongue under the edge of the lid and lift gently. The lid can now spin freely without any effort. (Plus the lid is not ruined and can be closed again as easily as it was opened.)

**JPOP2 Lid Popper \$8.90**



**Perfect for Every Day!**

### RAYON SHIFT DRESS

Simple, lovely and comfortable slipover shift dress. Perfect for every day, whether you are making a trip to the shop or staying in at home or visiting with friends. Short sleeves, v-neck, frilled hem with side slit, keyhole button opening on back of neckline and side seam pockets. Comfortable woven rayon is soft and flowy. Machine wash. Approx lengths from S-5X; 109-114cm (43-45"). Available in Blue Paisley in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

**5672902 Blue Paisley Rayon Shift Dress \$39.90**

## STAYS SHARP FOR YEARS



- ☒ Made of laser cut forged stainless steel
- ☒ Smooth razor sharp blade
- ☒ Smooth clean cuts every time
- ☒ Cutting edge design means food sticks less
- ☒ Less friction while slicing and chopping
- ☒ Ergonomic easy-grip handle
- ☒ Lightweight, effortless, easy to use
- ☒ Blade length: 15cm ☒ Total length: 26cm

**KNIF3 Infinity Knife \$12.90**

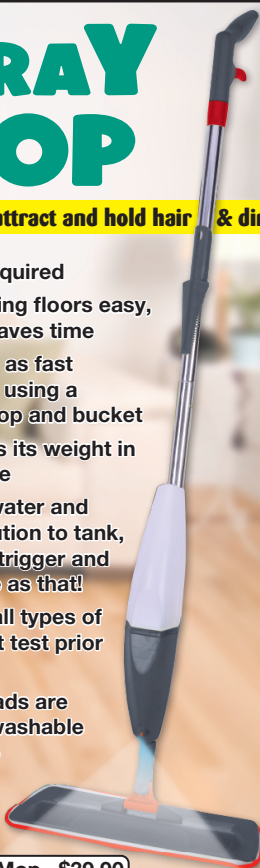
**SHOP BY PHONE - (02) 9997 5400**



# SPRAY MOP

Microfibre pads attract and hold hair & dirt

- ✓ No bucket required
- ✓ Makes cleaning floors easy, simple and saves time
- ✓ Cleans twice as fast compared to using a traditional mop and bucket
- ✓ Holds 7 times its weight in dirt and grime
- ✓ Simply add water and cleaning solution to tank, squeeze the trigger and it's as simple as that!
- ✓ Suitable for all types of flooring (spot test prior to use)
- ✓ Microfibre pads are removable, washable and reusable



SMOP4 Spray Mop \$39.90

## The Perfect TRACK BRUSH

Get into every nook, cranny and crevice with our Triangular Track Brush. Features brush bristles all the way around so you can clean any track or frame. Plastic handle. Measures 20cm x 6cm.

TRAC4 Triangle Track Brush \$9.90

## EARRING BACKINGS

SET OF 20



Replace your missing earring backs. The plastic disks with gold tone posts hold your earrings secure without drooping making them comfortable to wear, in a pack of 20. Suitable for pierced ears only.

EARR3 EARRING BACKINGS S/20 \$10.90

## OPEN JARS AT THE TOUCH OF A BUTTON!



Simply Place onto the Jar, Press the Button... And Watch the Magic Happen!

Jar Opener will automatically adjust to any size jar

Once it's done, simply lift off the lid!

With the push of a button, open the tightest fitting lids off any sized jar! No more struggling, or having food stuck inside a jar that you cannot open. The arms of the Jar Opener adjust to the size of most jars making it the perfect kitchen accessory. Watch as it rotates around, opening

the jar for you with the touch of a button. Perfect for anyone with mobility issues, arthritis and more. Able to open vacuum sealed jars, regular opened jars and screw top lids as well. Measures 19cm x 7cm x 9.5cm. Requires 2 AA batteries (not included).

FREE2 Hands Free Jar Opener \$29.90

Up to Size 5X



Teal 11

Navy 42

### SQUARE NECK LOUNGER

Comfortable and easy to care for! Roomy, slipover styling with handy side seam pockets. Polyester knit. Machine wash & dry. Approx length 122cm (48"). Available in Navy & Teal in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

9720411

Teal Square Neck Lounger \$44.90

9720442

Navy Square Neck Lounger \$44.90

## INSTANT STAIN-REMOVER

ink • wine • coffee • tea

Get rid of stains new and fresh as well as old and stubborn. This portable stick gives you a spot-on response to wine spills at the restaurant and ink marks at the office not to mention those stubborn stains at home. Tackles old stains as well. Just press tip onto the spot to release the solution and rub gently until stain disappears. Approx 11ml.

### Works On:

- ✓ Clothing
- ✓ Upholstery
- ✓ Leather
- ✓ & More!



SPEN2 Stain Remover Pen \$14.90

## HOLOGRAPHIC MAGNETIC BIRD BARRIER



Harmless to people & pets but disturbing to birds. It has a highly reflective holographic vinyl surface, holographic streamers that flap in the slightest breeze, a concealed magnet which can disrupt the magnetic field & redirect birds' navigation. Works within a 6m radius keeping birds from your fruit trees, vegetable patch, outdoor furniture, cars & more!

BIRD6 Bird Barrier \$10.90



Folds  
Flat



## Keep Your Bag Within Reach



Coral



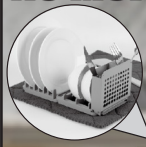
Turquoise

Stunning design, these hangers remain in place on tables or benches by the weight of your handbag and the non slip rubber back. Keep your purse or shopping bag under your watchful eye AND away from under your feet and off the dirty floor. Measures 4cm dia. Opens to 9cm L. Available in Coral and Turquoise. Please specify colour and code on order form.

Available  
in 2  
Colours!

BCAD3C Coral Bag Holder \$10.90  
BCAD3T Turquoise Bag Holder \$10.90

## No More Bulky Dish Racks



Compact  
Design

Fits up to 6 plates, 2 bowls, and cutlery... plus room for extra items. Can fold up when not in use. Mat measures 40cm x 50cm. Plate and bowl rack measures 15 x 15cm each and cutlery rack measures 13 x 15cm. (crookery etc not included).

DISH2 Dish Drying Mat \$19.90

Super  
Absorbent  
And  
Quick  
Drying

### ASSORTED EASY CARE APRON

A delightful way to protect your clothing. With two front pockets and snap button front. Available in Woven Polyester/Cotton. Machine wash and dry. Approx length 72cm. Available in assorted prints (prints may vary to those shown here) in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

We will pick one for you as there is limited stock available in any one print.

5629701 Assorted Apron \$19.90ea



## ALL DAY PROTECTION

High quality Securi Briefs feel like ordinary briefs, providing you with extra confidence!

DO YOU  
SUFFER  
FROM A

FROM  
\$44.90  
Pack  
Of 2

## WEAK BLADDER?

In Regular & Super Absorbent

(Regular Absorbs 120ml to 150ml & Super Absorbs 150ml to 180ml)

- ✓ Super discreet
- ✓ No bulky briefs or disposable pads
- ✓ Super absorbent microweave
- ✓ Maximum moisture retention
- ✓ Super comfortable & soft
- ✓ Washable up to 200 times
- ✓ Perfect for anyone suffering minor to moderate incontinence

In Reg &  
Super in  
Both Men's  
& Ladies

Men's

Also in  
White

Ladies

Also in  
Black

### All Sizes Available In Colours Black Or White

Ladies	SM	M	L	XL	XXL	XXXL
Clothes Size	8-10	12-14	16-18	20-22	24-26	28-30
Men's	SM	M	L	XL	XXL	XXXL
Waist Inches	30-32	33-35	36-38	39-41	42-44	46-48

✓ Securi Briefs  
= FREEDOM

\*Please ensure you try on over your underwear for hygiene reasons. No used underwear will be accepted for a refund/exchange unless deemed to be faulty

### INDICATE SIZE & COLOUR ON ORDER

E231L	LADIES SECURI BRIEFS REG	\$44.90
E231M	MEN'S SECURI BRIEFS REG	\$44.90
E232L	LADIES SECURI BRIEFS SUPER	\$49.90
E232M	MEN'S SECURI BRIEFS SUPER	\$49.90

FIT &  
FEEL LIKE  
ORDINARY  
BRIEFS

## KEEP THOSE SPICES HANDY



### SET OF 4

Can also be used in a workshop to hold bottles of screws, bolts and more. You get 4 spice clips - each clip stores 5 bottles. Self-stick backing secures each 25cm long strip. Can be cut to fit.

CLIP3 S/4 SPICE CLIPS \$12.90



## STRAIGHTEN PROBLEM TOES



Adjustable  
elastic loop to  
hold your toe in  
the correct position



BEFORE



TWO TOES STRAIGHTENER



AFTER



THREE TOES STRAIGHTENER

This ingenious Toe Straightener aligns crooked, overlapping and hammer toes. The adjustable cotton-covered elastic loop holds your toe in the proper position as the attached pad cushions and protects the ball of your foot. One size fits right or left foot in any shoe. Washable and reusable. Comfort for your feet. Specify Left or Right for the 3 Toes separator only.

TOES1	Toe Straightener for 1 toe	\$16.90
TOES2	Toe Straightener for 2 toes	\$18.90
TOES3/L	Toe Straightener for 3 Toes Left	\$21.90
TOES3/R	Toe Straightener for 3 Toes Right	\$21.90

Find us on [www.facebook.com/healthpride](https://www.facebook.com/healthpride)



# Xtra Comfort Open Toe Slippers

Easy On/Off

Adjustable One Touch Closure

Soft Sherpa Lining

Mens sizes 8-13

These Xtra Comfort Mens Open Toe Slippers offer cloud-like walking comfort, thanks to their ultra-soft sherpa lining. They have the most important thing when it comes to comfort; an adjustable, non-binding fit with the one touch closure tab. Perfect for edema sufferers or anyone with sensitive feet. Non slip sole provides stability when walking. Polyester cotton upper. Available in Mens sizes 8-13. **Please specify size on order form.**

SLIP16N Xtra Comfort Mens Slippers Navy \$29.90

Full Snap Button Front

Up to Size 5X

## SEERSUCKER BUTTON FRONT DUSTER

Turn heads with our Stripe & Gingham duster. It is sure to be a welcome addition this summer with cool seersucker fabric. Full snap button front, patch pockets, short sleeves and rounded notch neck. 100% woven seersucker cotton. Machine wash. Approx length 119cm (47"). Available in Pink & Blue in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

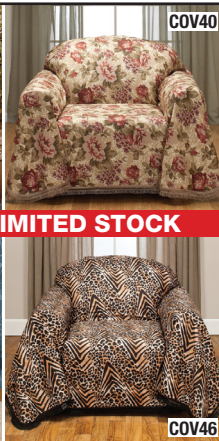
Blue 08

Pink 07

5455007 Pink \$49.90  
5455008 Blue \$49.90



COV31



COV40

CLEARANCE SALE LIMITED STOCK

## DECORATE & PROTECT YOUR FURNITURE

- ✓ MACHINE WASHABLE
- ✓ POLYURETHANE FOAM BACKING
- ✓ ROUND CORNERS FOR A NEAT FINISH
- ✓ WILL NOT SHIFT, SLIDE OR WRINKLE
- ✓ AVAILABLE IN CHAIR SIZE ONLY

**Please specify code and colour on order form**

**WAS \$39.90 NOW \$29.90**

Chair (180x230cm)  
COV31 Damask Blue  
COV40 Erica  
COV46 Safari

## REMOVE EVERY SPECK OF LINT FROM YOUR WASHING!



Specially designed Lint balls have Microfibres which grab the tiniest particle and hold it until you rinse it off. Forget about tedious sweeping with lint brushes. These amazing Lint Balls grab paper and tissue before they clog up the washing machine. You can use them wash after wash. Come in set of 12.

**WASH2 Lint Balls S/12 \$14.90**



Handy Carry Handle

Simply Hook on & off



Portable & Convenient

**THE SIMPLE & CLEVER SOLUTION**  
This durable Hose Hanger slips right over your outdoor tap to neatly store your garden hose. Fits any standard outdoor water faucet so it's always accessible & extremely portable coming with a handle so you can move the hose with ease from your front garden to back. Made from durable ABS plastic, measuring 24L x 9cmW.

**HOSE2 HOSE HANGER \$9.90**

## THE END OF DULL ELECTRICAL RAZORS



The scientific design of this advanced Shaver Sharpener means you no longer have to throw away your rotary shaver or purchase new heads when blades get dull. Used once a month the Shaver Sharpener will keep your existing rotary shaver blades super sharp and ready for action. Now worn heads can provide clean, comfortable shaves again, and a sharper shave means less rashes. Fast, safe and works on all rotary shavers.

**E1161 Rotary Shaver Sharpener \$14.90**



Set  
of 2!



Up to  
size  
30

## 100% COTTON Full Briefs



Soft and comfortable 100% cotton briefs with full coverage. Perfect for everyday. Featuring soft elastic waist and trim, and cotton gusset. Available in

100% Cotton in Black in ladies sizes 10-30. Sold as a set of 2.

**Please specify size on order form.**

**U2102 Black Cotton Full Briefs Set of 2 \$29.90**

**High Waisted,  
Full Coverage  
Ladies Briefs**

## STOP ELECTRONIC PICK-POCKETING

SET  
OF 4



**YOU'RE  
PROTECTED!**

For a thief to steal your identity or card numbers they only need a RFID chip scanner, readily available on the internet. The thief stands near you and the scanner reads the chips in the cards from inside your bag. Protect your credit card no's, expiry dates, birthdates, names, addresses, photos & more by slipping each card into these RFID SafeT sleeves.

**CARD8 SafeT Sleeves S/4 \$9.90**

**NEVER  
MISPLACE YOUR  
GLASSES AGAIN!**



CHAIN3

Available in Faux pearl style with adjustable rubber loop attachments. Chain measures approx 70cmL (glasses not incl).

**Gorgeous  
Faux  
Pearl  
Style**

**SALE**

**CHAIN3 Faux Pearl WAS \$12.90 NOW \$7.90ea**



**Soft  
Cotton  
Knit**

Lilac 02



Sky Blue 03

### PRINT LONG NIGHTGOWN WITH SHORT SLEEVES

Gorgeous and flowing with a subtle all over print. Lace trim on neckline and pintucking on yoke add a delicate touch. Finished off with short bell sleeves, partial button front and flounce hem. 100% Cotton knit. Machine wash delicate. Approx length 127cm (50"). Available in Lilac and Sky Blue in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

**5569002 Lilac Print Long Nightgown with Short Sleeves \$44.90**

**5569003 Sky Blue Print Long Nightgown with Short Sleeves \$44.90**

## Moving Fishing Lures

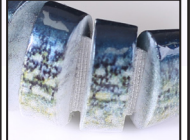
**S-SHAPED SWIMMING ACTION**

**DURABLE & REUSABLE**

**LIFE-LIKE**



Set of 3



**Special Fabric  
Connection**

Premium life-like lures for the avid and amateur angler.

"Realistic" movement is created due to the body parts being connected by a special cloth allowing them to swim side to side just like a real fish! Also features sharp treble hooks, 3D realistic eyes, tough ABS plastic body, and a realistic design, your prey won't be able to tell the difference! Comes as a set of 3 in a protective hard cover carry case. Each fish measures 13cm x 2.5cm.

**FISH3 Set of 3 Moving Fishing Lures \$29.90**

## LAUNDRY WASH BAGS

Protect your garments when washing with these Laundry Wash Bags. Set of 3 in sizes; 1 x 40cm x 50cm and 2 x 30cm x 40cm. Zip closure to keep items secure.

SET  
OF 3



**WASH3 Laundry Wash Bags Set of 3 \$9.90**

## COLLAPSIBLE PORTABLE URINAL

**Space  
Saving &  
Easy to  
Store!**



15cm/5.90inch

31cm/12.20inch

Never be caught out again with the Collapsible Portable Urinal. It extends from 15-31cm with a secure fitting lid. Great for emergencies in the car, immobile people, camping and more. Discreet and compact. Suitable for both men and women. Measures 7cm dia.

**PORT3 Collapsible Portable Urinal \$14.90**

**SHOP BY PHONE - (02) 9997 5400**



## Revolutionary Air-Flo Design

**SET OF 3**



**Aerating Mesh Panels**

**1black - 1beige - 1white**

This Air-Flo designed bra has aerating mesh panels with 360° airflow cooling technology, leaving you dry, cool, & fresh with maximum comfort. Soft wide non-chafing under band for superior support. Nylon/elastane, machine wash, line dry, set of 3, 1white+1black+1beige. Match bra size with clothing size. In sizes S, M, L, 1X, 2X & 3X, stretches up to DD cups.

**CBRA16 AIR-FLO BRA S/3 \$34.90**

**Indicate Size on Order**

## COMFORT TOE WRAPS

Our Toe Digit Wraps ease pain by straightening and separating crooked, overlapping or hammer toes. These soft, cotton-covered splints cushion and protect toes from rubbing. Also great for broken or stubbed toes. Velcro-like fasteners adjust for a comfortable fit. Require minimal space in shoes. Can be trimmed to fit. Sold as a Set of 2.

**DIGT2 Comfort Toe Wraps S/2 \$14.90**

**Wrap-Around Cushioning Relieves Rubbing & Irritation**



**Universal for Left or Right Foot**

**Adjustable**

## STYLE PLUS COMFORT

**In Ladies Sizes 6-11**



**Black**



**Champagne**

Comfort plus style makes this open-toe slip on sandal a must. With asymmetrical styling, soft cushioned insoles and flexible outsoles you will find these easy wearing sandals ideal for spring, summer and autumn weather. Faux leather with just over a 3cm heel, available in Champagne and Black in sizes 6-11.

**PLEASE INDICATE SIZE & COLOUR ON ORDER FORM.**

**SHOE28B Black \$34.90  
SHOE28C Champagne \$34.90**

## Mini Funnels

**Great for Mini Jobs!**

**Perfect for:**

- ☒ Liquids
  - ☒ Spices
  - ☒ Travel Bottles
  - ☒ And more!
- Set of 3: 4.5cm dia x 14cm L, 5.5cm dia x 15cm L, 7.5cm dia x 17cm L**



**SET OF 3**



**MFUN2 Set of 3 Mini Funnels \$10.90**

## THICK & THIN Cheese Slicer

**Perfect Slices Every Time**



**THIN**

**THICK**

With separate cutting wires for thick and thin slices, this 2-in-1 slicer cuts clean, even slices of cheese for appetisers, sandwiches, recipes or snacks. Features stainless steel cutting wires and plastic handle. Hand wash; measures 22.5cm L x 2.5cm W.

**SLIC2 THICK & THIN CHEESE SLICER \$9.90**

## ASSORTED COTTON LOUNGERS

Breezy cotton dresses with pleating, short sleeves and side seam pockets. Woven cotton. Machine wash & dry. Approx lengths: S - L; 108cm (42.5"), 1X - 5X; 113cm (44.5"). Available in Assorted Prints (prints may vary to those shown here) in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

**We will pick one for you as there is limited stock available in any one print.**

**9074801 Assorted Cotton Lounger \$44.90**

**Up to Size 5X**





## NECKLACE EXTENDERS



Have a necklace that is just the wrong length? Adjust it easily with our necklace extenders. Available as a set of 3 with 1 gold tone, 1 silver tone and 1 faux pearl. The gold and silver tone extenders are adjustable from 9cm to 15.5cm; allowing you to get the perfect fit. Whilst the faux pearl measures 9.5cm and is not adjustable. (Copper and glass pearl).

**Set of 3**



**NEXT2 Necklace Extenders Set of 3 \$14.90**

## No More SCRATCHED Floors!

S-T-R-E-T-C-H to fit most chair legs



**NEW & IMPROVED DESIGN!**

**SET OF 8!**

New & Improved! Protect your floors from scratches with our amazing Furniture Gliders. Special clear silicone material stretches to fit most chair legs, whilst the specialized high rise felt stays in place, making it super easy for you to slide your chairs with ease without all the noise and scratches that comes with it! Set of 8. **GLIDE3 Furniture Gliders \$16.90 - Buy 2 or more for only \$13.90ea**

**40% OFF**

Great for cats as well!



**DARK GREY**

Available in 2 sizes: 70cm & 80cm

## Calming PET BEDS



**LIGHT GREY BROWN**

Featuring soft, warm bedding they can snuggle in and feel secure. Machine wash on gentle. Available in size SML (70cm) in Dark Grey, Light Grey & Brown & size LGE (80cm) in Light Grey only. *Please specify size and colour on order form.*

PBED2S Dark Grey (70cm)	<del>\$24.90</del> \$14.90
PBED3S Brown (70cm)	<del>\$24.90</del> \$14.90
PBED4S Light Grey (70cm)	<del>\$24.90</del> \$14.90
PBED4L Light Grey (80cm)	<del>\$29.90</del> \$17.90

## The Perfect Companion for Your Toes

- ✓ Help relieve pain from hammer & overlapping toes
- ✓ Perfect for bunions, corns & crooked toes
- ✓ Prevents big toe rubbing against the 2nd toe
- ✓ Absorbs pressure, friction & relieves pain
- ✓ Separates, supports, aligns & cushions
- ✓ Two loops keep spacer in position

**Little Toe Mate**

**IN SETS OF 2**

MATE2/MED	Toe Mate Medium	\$10.90
MATE2/LGE	Toe Mate Large	\$10.90
MATE3	Little Toe Mate	\$10.90



**Dusty Pink 15**

**Navy Ditsy 52**

**Amber Floral 59**

**Floral 55**

**Multi 58**

**Blue Ditsy 57**

**Monotone Floral 56**

**Pink/Orange Floral 54**

## PRINT SKIRTS Beautiful Print Skirts

Add a splash of colour to your wardrobe with our beautiful print skirts. Full elastic waist and side seam pockets. 100% Polyester. Machine wash. Approx length 79cm (31"). Available in Dusty Pink, Pink/Orange Floral, Floral, Monotone Floral, Blue Ditsy, Multi and Amber Floral in sizes S, M, L, 1X, 2X, 3X, 4X & 5X and Navy Ditsy in sizes M, L, 1X, 2X, 3X, 4X & 5X only.

9720615 Dusty Pink	\$29.90
9720652 Navy Ditsy	\$29.90
9720654 Pink/Orange Floral	\$29.90
9720655 Floral	\$29.90
9720656 Monotone Floral	\$29.90
9720657 Blue Ditsy	\$29.90
9720658 Multi	\$29.90
9720659 Amber Floral	\$29.90

## PUT YOUR FEET UP

Great for Elevating Your Feet



Supporting and elevating your legs can aid with post operative recovery, relief from back pain, improve circulation & simply to rest tired aching legs. The lightweight design features a tubular frame topped with a soft padded nylon/polyester cushion at the right height & angle for use with most chairs & couches. Measures approx. 48.5W x 48.5H x 39cmD.

**...or to rest tired and weary feet**

**LEGR2 LEG REST \$39.90**



## Gorgeous Dress



### CREPE DRESS WITH PRINT TIER

Gorgeously designed dress with printed, partial button-front neckline and printed tiers along the hem. Short sleeves and side seam pockets finish off the look. Cool cotton crepe is perfect for summer (exclusive of decoration). Machine wash. Approx lengths: S – L; 117cm (46"), 1X – 5X; 122cm (48"). Available in Red in sizes M, L, 1X, 3X, 4X & 5X only.

9729104 Red Crepe Print Tier Dress

\$59.90

## CAPRI PANTS

These Capri Pants are a wardrobe essential. Full elastic waist, side seam pockets and side split on leg cuff. Quality cotton/spandex blend provides comfort and stretch. Machine wash and dry. Approx inseam length 48cm (19"). Available in White in sizes 10-30, in Navy in sizes 12, 16-20 & 24-30 only and in Denim in sizes 16 & 20-30 only.

9720213 White WAS ~~\$44.90~~ NOW \$33.60ea

9720242 Navy WAS ~~\$44.90~~ NOW \$33.60ea

9720245 Denim WAS ~~\$44.90~~ NOW \$33.60ea

## Limited Sizes



White 13

25%  
OFF



Navy 42



Denim 45

## KEEP YOUR SPONGE CLEAN & IN REACH!



2 Handy  
Suction  
Pads



Set of 2

Hygienic sponge holder keeps your sponge within reach, and also clean! Allows it to air dry which reduces bacteria, and prolongs the life of the sponge.

Simply sticks to your sink with the 2 suction pads. Available as a set of 2. Sturdy plastic. Measures approx 11cm W x 6.5cm H x 3cm D. **SPNG2 Sponge Holder Set of 2 \$14.90**

## CUT EVEN THE TOUGHEST NAILS

Stay-sharp, professional-quality stainless steel blades

Easily trim thick, tough nails!



Safely clip ingrown nails

Tough or ingrown nails are no match for these tough nail clippers. The larger size ergonomic handles and professional stainless steel blades give you complete control.



**NAIL7 Tough Nail Clippers \$14.90**

## Super BIG Cane Tip



Extra Large Base  
for Added Stability

The 6 big feet on our Super BIG Cane Tip flex to grip surfaces as you walk. Perfect for added safety and convenience. The 6 foot design also allows the cane to stand on its own when you are at rest, so no more worrying about dropping or losing your cane. Cane tip measures 12cm dia x 8cm H with a 2cm opening that stretches slightly to fit your cane. Made from flexible rubber.

**CANE7 Super Big Cane Tip \$12.90**

## ROCKING Garlic Press



Have crushed garlic in an instant with the rocking garlic press. Simply peel your garlic, pop it under the press (whole or cut up) and rock it back and forth. You will have minced garlic in no time! No more struggling to squeeze a traditional mincer or fiddly knives. Made from stainless steel and plastic. Measures 11cm Lmx 5cm W x 7cm H. **GARL2 Rocking Garlic Press \$10.90**



**CLOTHESLINE HOOKS**  
The Perfect Accessory!



**SET OF 12**

Keep your hangers secure on the clothesline and where you left them. No more blowing away with the wind. Simply fix the clothesline hook to the clothesline cord, and then hang your hanger. Increases your hanging space and makes drying your clothes a breeze! Plastic. Set of 12.

**HOOK2 Clothesline Hooks S/12 \$9.90**

**Solar Powered**



Add some magic to your garden!

Available in White or Colour Changing



Lights sway with the wind to create a beautiful effect

**Firefly Solar Lights**



Set of 2

Light up your night with the magic of solar fireflies. Solar stakes feature 8 bulbs per stake that bend and sway in the wind creating the most magical effect. The sun charges the premium quality solar panel during the day and they turn on once the sun goes down. Available as a Set of 2 in either Warm White or Colour Changing. Measures 65cm H incl stake.

**FFLY2 Warm White \$24.90**  
**FFLY3 Colour \$24.90**

**PLEAT NECK TUNIC**

Casual knit tunic with button accents, pleating and patch pockets. Cotton/spandex knit. Machine wash & dry. Approx length 79cm (31"). Available in Purple and Dark Teal sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

**5851005 Purple \$39.90 5851006 Dark Teal \$39.90**

**Flattering Style**



**Purple 05** **Dark Teal 06**

**The Bra Doctors Buy & Recommend For Their Patients!**

**ALL BRAS \$22.90 EACH**

**WHITE** **BEIGE** **BLACK**

Extra Wide Straps

Stretch Cups

Front Hook Closure

No Underwire

**The SUPPORT you need and the COMFORT you crave!**

The Comfort bra safely & comfortably, shapes, lifts, and supports in a way no other bra can match. Its silky, soft, stretchy fabric actually stretches to fit any cup size from A to DD, conforming to changes in your body. It is so comfortable you can even sleep in it (many women do for comfort or after surgery). Made from nylon/spandex, machine washable maintaining its shape & comfort. Available in sizes 32 (10), 34 (12), 36 (14), 38 (16), 40 (18), 42 (20), 44 (22), 46 (24), 48 (26). Please find your size and advise this on the order form along with your cup size; B/C or D/DD, what colour you would like; White, Black or Beige, and the code.

**ALL BRAS \$22.90 EACH**

CODE	COLOUR	CUP SIZE	AVAILABLE SIZES	CODE	COLOUR	CUP SIZE	AVAILABLE SIZES
CBRA6	White	B/C	32 (10)-44 (22)	CBRA8	White	D/DD	34 (12)-48 (26)
CBRA6B	Beige	B/C	32 (10)-44 (22)	CBRA8B	Beige	D/DD	34 (12)-48 (26)
CBRA7	Black	B/C	32 (10)-44 (22)	CBRA9	Black	D/DD	34 (12)-48 (26)

**STOP STRUGGLING TO OPEN YOUR PILLS!**



Simply Press Down

...And the pills pop out here!

Blister packs can be very convenient, though at times they can be difficult to open especially if you have hands that are suffering from arthritis or other mobility issues. Simply place it over the pill that you want to take, give it a squeeze and in seconds the tablet pops out undamaged. Saves your hands and frustration. Made of plastic and measures 12.7 L x 2.54 W x 3.8cm H.

**PPOP2 PILL POPPER \$9.90**

**WALK WITH COMFORT AGAIN**



Reduce pain and walk comfortably with these innovative Metatarsal Gel Sleeves. They feature a stretchable sleeve, that stretches to fit most feet and a gel pad that sits on the ball of your foot to relieve pressure from walking, standing, sports and more. And the best part is it won't slip around or move as it is secured to the sleeve. Hand washable and reusable. Suitable for both men and women. One size fits most. Available as a set of 2!

**No more burning ball of foot pain!**

**Shock Absorbing Gel Pad**

**FMET2 Metatarsal Gel Sleeves Set of 2 \$12.90**

**SHOP BY PHONE - (02) 9997 5400**



**Simply  
Stunning**

**Up to  
Size  
5X**



### SWISS DOT NIGHTGOWN

Colourful and beautiful swiss dot fabric creates an elegant nightgown. Trimmed with lace around neckline, and yoke. Pintucking finishes the look around yoke and hem, as well as partial button front placket. Features short sleeves and side seam pockets. 100% woven cotton. Machine wash. Approx length 120cm (47"). Available in Blue in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

5271008 Blue Swiss Dot Nightgown

**\$44.90**

## EASY DROPPER

The Easy Dropper will help you to dispense eye drops directly into your eye without spills or mess. The soft and flexible guide conforms to the shape of your face and it can also be used as an eyewash cup.

**EYED2  
Easy Dropper  
\$9.90**



### DENIM BUTTON-FRONT SKIRT

Casual skirt with button front, elastic back, belt loops and handy slash pockets. Woven cotton/spandex. Machine wash & dry. Approx length 71cm (28"). Available in sizes 10-30.

5738045 Denim Button-Front Skirt

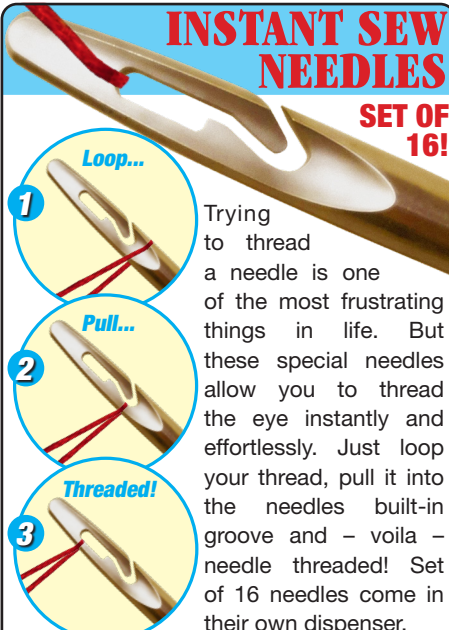
**\$39.90**

**Up to Size 30**



## INSTANT SEW NEEDLES

**SET OF  
16!**



**NEDL2 Instant Sew Needles \$9.90**

## CLEANSING DETOX FOOT PATCHES

**SET OF  
14  
PADS**



- ☒ AID'S NATURAL CLEANSING
- ☒ ABSORBS IMPURITIES
- ☒ WORKS WHILE YOU SLEEP
- ☒ HOLISTIC INGREDIENTS

These Holistic Foot Patches have been specially formulated to help improve circulation & aid body cleansing by absorbing toxins and impurities while you sleep. Compare the clean patches you put on before bed with the dirty patches you wake up with, you'll be amazed at how many impurities your body eliminates overnight! See the results right away! Kit contains 14 patches.

**B1201 Detox Foot Pads \$29.90**

## POP UP WALLET

**Pull out your cards with ease!**



**UNISEX**

**Great for: Credit Cards, ID Cards, Bank Cards, Membership Cards, Cash & More!**

- Organise your wallet for quick & easy access to all your cards & cash
- Compact & Convenient
- Stylish PU Leather



**LWAL5 Pop Up Wallet \$19.90**



### CAP SLEEVE WITH LACE NIGHTGOWN

A beautiful addition to your wardrobe, our Cap Sleeve Nightgown features a square neckline trimmed with lace as well as the partial button front yoke. Lovely pintucks flow down adding to the romantic detail; finished off with a ruffle hem and cap sleeves. 100% Cotton (exclusive of decorations). Machine wash. Approx length S-5X; 122cm-132cm (48-52"). Available in Blue in sizes S, M, L, 1X, 2X, 4X & 5X only (sorry no size 3X is available).

9045308 Blue Cap Sleeve Nightgown

WAS ~~\$54.90~~ NOW \$41.10

Up to  
Size  
5X

Gorgeous  
Nightgown

25%  
OFF

Up to  
Size  
5X

20%  
OFF

### KEYHOLE NIGHTGOWN WITH EMBROIDERY

Beautifully embroidered design with keyhole and bow accent on neckline. Featuring smocking for added comfort and short sleeves. 100% Cotton. Machine wash. Approx length 120cm (47"). Available in Lavender in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

5878871 Lavender Keyhole Nightgown with Embroidery

WAS ~~\$44.90~~ NOW \$35.90

## THE AMAZING ALL-IN-ONE BOLSTER PILLOW



GREAT FOR: LEGS, BACK, NECK, HEAD, HIPS & MORE!



You won't know how you lived without this all in one Gel Bolster Pillow. It has so many uses, in between your legs or your knees, under your ankles, behind your head or your back and much more! Provides relief for aches and pains where you need it most. Features a breathable bamboo mesh cover, cooling gel and charcoal infused memory foam. Measures 40cm x 20cm x 10cm.

GELP7 Bolster Gel Pillow \$25.90

## EZY ERASE Remove Unwanted Hair With Ease

Ultra Fine Nano Crystals

gently exfoliate your  
skin to leave it smooth  
and soft



Perfect for your  
whole body,  
including arms, legs,  
hands, back, chest,  
underarms etc.

\* (Patch test before  
use. Circular motions.  
Don't press too hard)

It works by creating friction  
that shaves your hair to  
give a silky smooth finish



BEFORE

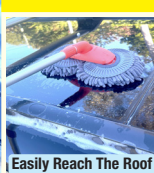
AFTER

HAIR8 Ezy Erase Hair Remover \$16.90



Heads  
Mold To  
Car Shape

## CURVEFLEX CAR WASH MOP



Easily Reach The Roof



360° Rotating Heads



TELESCOPIC HANDLE

Easily and gently clean your car and home with the CurveFlex Car Wash Mop. Its dual rotating microfiber heads mold to surfaces giving you a thorough clean moving with you as you rub and scrub to remove dirt and grime. Microfibre nodules can clean and polish and can be used wet or dry! Also great around the home to clean windows, walls, furniture and much more! (Always spot test before all over use). Measures 25cm x 55cm-108cm.

WMOP2 CurveFlex Car Wash Mop \$29.90

Find us on [www.facebook.com/healthpride](https://www.facebook.com/healthpride)



**Simply  
Pull &  
Slice!**



**Micro  
Suction Cups**

**Handy Viewing  
Window**



# No More Tangled Cling Film

**Also Great For:**

- ☒ **Foil**
- ☒ **Baking Paper**

Easy to use and fuss free. No more cut fingers, ruined cling film or broken cardboard dispensers. The 2 way slicing blade effortlessly glides through cutting the film/foil. Mini suction cups on the bottom hold it in place on the bench top for ease of cutting. Clear window allows you to see how much is left. Sturdy plastic. Holds max roll size of up to 60m x 33cm L (however works best with smaller metre size rolls; approx 30m).

**DISP2 Cling Film Dispenser \$22.90**

**Perfect For:**

- ☒ **Armchairs**
- ☒ **Wheelchairs**
- ☒ **Patio Chairs**
- ☒ **And more!**



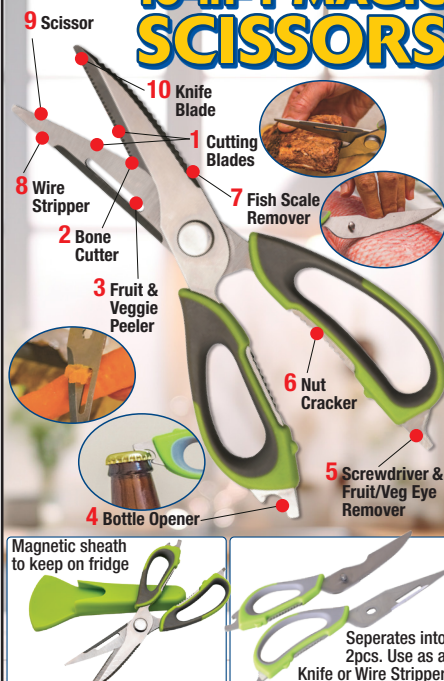
**Features  
ties to keep  
it in place**

## REDUCE PRESSURE AND FRICTION

This cushion is especially designed to help reduce and relieve pressure and friction on sensitive areas allowing you sit comfortably for much longer. The pressure relief cushion's fill is 65% polyester & 35% cotton including the cushion surface. The chair pad fits inside wheelchairs, armchairs & even patio chairs. Measures approx 98cm (top to bottom) x 116cm (arm rest to arm rest) x 10cm H. Spot clean with damp cloth. Colour may vary to what is shown.

**CUSH7 PRESSURE REDUCING  
CHAIR CUSHION \$34.90**

## 10-in-1 MAGIC SCISSORS



**Magnetic sheath  
to keep on fridge**



**Separates into  
2pcs. Use as a  
Knife or Wire Stripper**

With 10 amazing features you will be using these magic scissors for everything from cutting up chicken, to scaling fish to cracking nut shells to a screwdriver and more! Can also be separated into 2 pieces that can be used as a knife as well as a wire stripper. Non-slip grip with ergonomic design handle and high quality stainless steel. Also comes with a Magnetic sheath so you can pop it on your fridge for quick and easy access!

**SCIS9 10 In 1 Kitchen Scissors \$19.90**

## Fabulous Assorted Loungers in Amazing Prints!



### ASSORTED WALTZ LENGTH LOUNGERS

Comfortable and easy to care for! Roomy, slipover styling with handy side pocket. Polyester knit. Machine wash & dry. Approx length 104cm (41"). Available in assorted prints (prints may vary to those shown here) in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

*We will pick one for you as there is limited stock available in any one print.*

**5674801 Assorted Loungers \$44.90**

## A Magic Bra, A Body Shaper, A Camisole... All in One



**SET  
OF 3**

- ☒ Provides seamless lift & support to hips, tummy, back and bust
- ☒ Comfortable compression
- ☒ Wide straps for added comfort
- ☒ Seamless shaping targets your trouble areas
- ☒ Smoothes your back into one sleek line
- ☒ Helps to eliminating body bulges
- ☒ The perfect addition to any wardrobe
- ☒ Nylon & spandex, fully machine washable
- ☒ You get 3 Magic Body Shapers (1 Black, 1 White, 1 Beige) for the price of one

The Magic Body Shapers smooth out body bulges from your tummy to your hips to give you a smooth all over slimming shapeline.... Instantly! Sizes MED (10-12), LGE (12-14), 1X (14-16) & 2X (18-20).

**PLEASE INDICATE SIZE ON ORDER.**

**BODY3 SET OF 3 MAGIC BODY SHAPERS \$49.90**



### SEERSUCKER GINGHAM DRESS

Easy wear, pull on style summer dresses. Featuring cool woven seersucker cotton, short sleeves, side pockets and flounce hem. Machine wash. Approx length 107cm (42"). Available in Purple and Multi in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

Purple 06

Multi 04

Up to  
size  
5X

5410204 Multi \$39.90  
5410206 Purple \$39.90

100%  
Cotton

## ORGANISE YOUR WARDROBE

No more messy, tangled items. Now you can have everything organised and within reach. Simply place your bag strap, belt, scarf etc over the hook and hang it up. Sturdy plastic. Available as a set of 4.

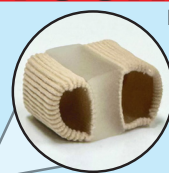
**HOOK6 Bag Hook**  
Set of 4 \$12.90

Great for: Bags,  
Scarves, Belts,  
Hats and more!

Set of 4



## RELIEF FOR YOUR FEET



Feel instant relief with the Double Toe Spreader & Protector. Relieves pressure and pain caused by bunions, hammer toes, overlapping toes and more. Soft flexible gel sits between 2 fabric separators to keep the unit in place where it is needed. One size fits most. (sold as a single).

**TOES9 Double Toe Protector & Spreader** \$9.90

## AIRFLEX COMFORT SANDALS

Breathable  
Design  
Perfect for  
Summer

NAVY

GREY

The perfect summer sandal is here. Stretchable, breathable fabric and cutouts to keep your feet cool, comfortable and stylish. No fiddly buckles; simply slip on, and pull the heel strap over your heel and you're ready to go! Available in Grey and Navy in ladies sizes 6-11.

**Don't forget to include your size and colour on the order form.**

**SHOE36G Grey AirFlex Comfort Sandals** \$34.90  
**SHOE36N Navy AirFlex Comfort Sandals** \$34.90

## Turn Soft Drink Bottles Into An Irrigation System!



Set  
of 6

Reduce evaporation, save hours of watering time and best of all save water with these ingenious Irrigation Spikes. They work with most soft drink bottles to release a controlled, steady water drip to the root system of your plants for maximum absorption. Add fertiliser to the water for an even better result. Comes in set of 6.

**IRIG2 Irrigation Spikes S/6** \$9.90

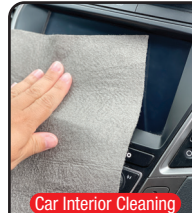
## MAGIC CLEANING CLOTHS

Super Absorbent

- ✓ Clean Any Surface
- ✓ Leaves No Lint
- ✓ Washable & Reusable

Throw away your disposable wipes and old rags. These reusable multi-purpose cloths leave behind no fibres, are super absorbent and can clean any surface! Great for mirrors, windows, bathrooms, kitchen and much much more! Use dry or wet. Each cloth measures 30 x 30cm. Made from polyamide. Machine washable. Available as a set of 5.

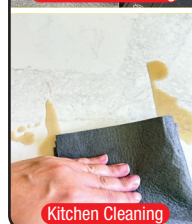
**MAGC3 Magic Cleaning Cloths** \$14.90



Car Interior Cleaning



Glass and Mirror Polishing



Kitchen Cleaning



Bathroom Cleaning

**SHOP BY PHONE - (02) 9997 5400**



Up to  
Size  
5X



### LONG LOUNGER

Relax in the comfort of a Long Lounger with zip front yoke. Shirred rounded neck with self tie and side pockets. Polyester/spandex knit. Machine wash. Approx length 129cm (51"). Available in Purple Paisley in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

5703402 Purple Paisley Wide Sweep Caftan \$54.90

**YOUR  
FEET  
WILL  
THANK  
YOU**

Slip on these super soft comfy footlets with built-in cushions for the balls of your feet. Eliminate foot fatigue and sore foot pads for good! Protect your shoes from foot odour too! Washable nylon. One size fits most.

FOOT7 3 PAIRS CUSHIONED FOOTLETS \$16.90



**3  
PAIRS**

Perfect to use as  
extra seating, storage  
or a foot rest!



Folds  
down  
flat



Also available in  
Black Faux Leather

### SIT & STORE OTTOMAN

A handy 2 in 1 option for around the home. Multiple uses, can double as a storage box and extra seat for around the home as well as a handy foot rest when you're relaxing on the lounge. Sturdy construction with padded lid. Measures 38cm x 38cm x 37cm. Available in Heather Grey fabric or Black Faux Leather. (Max loading weight 110kg. Do not use as a step stool).

OTTOM2/GRY Grey Sit & Store Ottoman \$29.90  
OTTOM2/BLK Black Sit & Store Ottoman \$29.90

### NO SEW THREAD QUICK EASY WAY TO MEND & REPAIR



Instant, permanent bonding for almost any fabric including vinyl and leather. Fix holes, hems and seams on clothing, furniture, autos, curtains, purses, tents, linens, luggage and more. Holds through washing, dry cleaning, ironing and boiling, bottle size 36ml.

M3411 No Sew Thread \$12.90

### THE *Keys* TO EXTRAORDINARY LONGEVITY

**SALE**

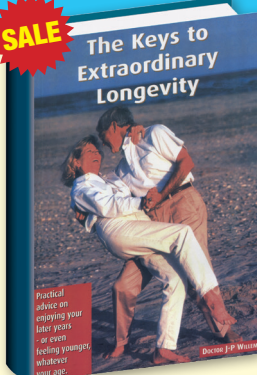
In this 314-page book, the practical advice of Dr. Willem, in "The Keys to Extraordinary Longevity" reveals what your doctor doesn't tell you - that you cannot rely on drug companies to keep you active & happy in your old age. Rather than overloading your body with too many medications, you can learn how to detoxify your body from within.

Dr. Willem explains how to deal with the real & imagined problems of old age under optimum conditions. You will discover countless formulas and smart ways to:

- Stay in good shape after 70 years
- Delay ageing
- Maintain a healthy heart and supple arteries
- Combat arthritis & rheumatism
- Avoid the side effects caused by drugs
- Feel young
- Avoid pain, plus so much more

**FREE BONUS** booklet called "A Brief Guide to Family Homeopathy"

**A1441 The Keys to Extraordinary Longevity**  
WAS \$49.95 NOW \$14.90



### E-X-T-E-N-D YOUR REACH



80cm

**Folds for  
easy storage**

When fully opened the Helping Hand will add an extra 80cms to your reach allowing you to reach up at those high places anywhere you cannot! Don't juggle with dangerous chairs or ladders, keep your feet on the ground and still reach up high.

HELP2 Helping Hand \$15.90

### TURN THE "KEY" TO GET EVERY LAST DROP

Put the squeeze on toothpaste waste. Ends the frustration of squeezing and twisting by hand. Use it for hair creams, hair lotions, medications and other tube packaged products too. Each turn of the "key" releases a steady flow of paste. The kind of product that could save a lot of money. Comes in a set of 2.



**SET  
OF 2**



**TUBE2 Tube Winder**  
Set of 2 \$9.90



## FLY STICK

**Traps Bugs Odour Free!**

**Use indoors or outdoors**

- ✓ Can be used in any room: porch, patio, backyards etc
- ✓ Great for garbage areas, in kennels, stables, outdoor dining areas
- ✓ Picnic & recreational areas

Keep flies at bay this summer with the odour free Fly Stick. Simply place in any area where flies are the most problematic...and voila! Stuck! Simply place some honey in the bottom or any sweet substance to attract the flies, and once they are there, they won't be able to leave. Lasts up to 3 months or until full. Includes hanging tab.

**FLYS2 FLY STICK \$9.90ea**  
**2 or more \$7.90ea**

## 1001 USES!

**...Sticks to Practically Anything!**

**1.3m length**

Simply Cut The Length You Need!

**Pictures**

**Clothing**

**Rugs**

Hang pictures without nails, replace buttons on clothing, keep rugs down on the floor....there are 1001 uses for this amazing tape. This one touch fastener tape replaces nails, thumbtacks, screws, glue. Pins and more. It sticks practically on anything. Total length is 1.3m.

**TAPE4 One Touch Fastener Tape \$13.90**

## Clean Your Stemware Easily

**Bends to fit any shape!**

Perfect for:

- ✓ Jars
- ✓ Glasses
- ✓ Decanters
- ✓ And more!
- ✓ Non-scratch EVA foam brushes with ergonomic handles
- ✓ Available as a set of 4; 24cm, 25cm, 27cm, 42.5cm

**BRUS10 Glassware Cleaning Brushes Set of 4 \$16.90**

## No More Messy Cables!

**SET OF 2**

**...TO THIS!**

**FROM THIS...**

**Great for all appliances!**

Easy to use cord winder sticks to your appliances allowing you to keep those cables tidy and out of the way! Simply stick, wait 6-12hrs for the pad to be secure, and wind your cable around! The centre notch holds the plug keeping it damage free. Also great for other areas of your home. Made from durable rubber. Measures approx 10cm L x 3cm W. Available as a set of 2; one white, one black. Save when you buy 2 or more sets.

**CORD3 Cord Winders Set of 2 \$8.90**  
**2 or more sets \$6.90ea**

## PROTECT YOURSELF FROM IDENTITY THEFT

**Covers Area 68mm x 23mm**

Forget tiresome shredding; now all it takes is one quick stamp to scramble and completely obscure your personal information before it goes in the bin. Permanent ink is non erasable and non washable. Stamp it on bank and credit card statements, bills, documents, your name and address... anything you want to remain confidential.

**STMP3 Security Stamp Large \$19.90**  
**STMP3R Large Refill \$7.90**

## FLORAL EMBROIDERED KNIT NIGHTGOWN

This comfortable cotton knit nightgown features a scooped neckline accented with lovely floral embroidery. It also has a gathered yoke, side seam pockets and embroidered detail on the short sleeves. Cotton knit (exclusive of decoration). Machine wash. Approx length 130cm (51.5"). Available in Purple in sizes M, L, 1X, 2X, 3X, 4X & 5X only (sorry no size S is available).

**5983502 Purple Floral Embroidered Knit Nightgown**

**WAS \$49.90 NOW \$39.90**

## The Perfect Nightgown

**20% OFF**

## MONTHLY PILL ORGANISER

**NEVER MISS ANOTHER PILL**

Never miss a pill again with our easy to use Monthly Pill Organiser. Featuring 31 containers (one for every day of the month); that simply lift out. Each container has an AM & PM compartment so you can fill it with everything you need. Each container is also numbered 1-31 so you don't lose track of what day you are up to. Made from durable plastic. Measures 19cm W x 10cm D x 7cm H.

**One Month Pill Organizer**

**SALE**

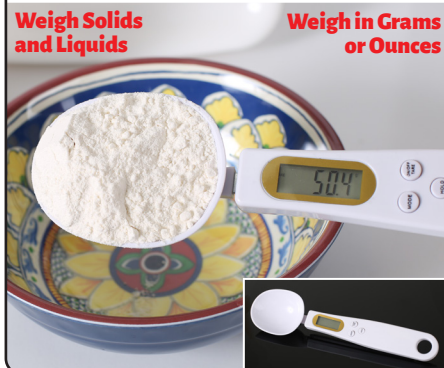
**PORG2 Monthly Pill Organiser WAS \$24.90 NOW \$19.90**



# DIGITAL MEASURING SPOON

Weigh Solids  
and Liquids

Weigh in Grams  
or Ounces



Always have an accurate measurement with the Digital Measuring Spoon. Perfect for weighing small amounts. Can be used for flour, sugar, oats etc in baking and cooking. Can also be used for weighing tea leaves, coffee, spices and much more. Requires 2 x AAA batteries (not included). Spoon head is removable for cleaning in warm soapy water). Measures approx 24cm L. Spoon head measures 6cm x 7.5cm.

**DSPN2 Digital Measuring Spoon \$14.90**

## HERE IS A FREEZER LABEL THAT WON'T FALL OFF!



Do you have a lot of mystery packages in your freezer? This giant roll of 500 white self-stick labels will withstand cold, moisture and time and best of all will stick on just about anything; aluminium foil, plastic containers, freezer bags, glass and more. Just use ordinary pen or marker to write the date, contents and other notes on the label.

**Use your food before it expires!**

**FLAB2 Freezer Labels (500) \$9.90**

## Handy, All Purpose Walker Bag



### PERFECT FOR WHEELCHAIRS TOO!

This versatile unisex bag fits a walker or wheelchair to keep you organised on the go. Four outside pockets offer easy access to the essentials. Zippered main compartment features an interior zip pocket for smaller items. Two touch close straps provide a secure and adjustable fit. Walker bag is made from wipe-clean, satin-feel polyester. Measures approx 32cm x 32cm x 7cm.

**WBAG2 Walker/Wheelchair Bag \$19.90**

## SPACE SAVING HOOKS

CREATE UP TO 70% MORE WARDROBE SPACE



- ✓ No more wasted wardrobe space
- ✓ Fits almost all hangers; wood, plastic, wire, velvet, kids & more
- ✓ Sturdy & strong – holds up to 10kg per hook
- ✓ Great for: belts, ties, handbags & more

**18 PIECES!**

**HOOK5 Space Saving Hooks \$12.90**

## TOUCH N GO ELECTRIC CAN OPENER



Open any round can small, medium, large, quickly and easily with the revolutionary, battery operated Touch n Go can opener. Place it on the can, push the button and the can will open in seconds! Touch n Go cuts beneath the lid, not through the top, so the sides of the lid are easy to handle. A handy built-in magnet will pick up the lid for you. Measures 16cm L. Requires 2 x AA batteries (not included).

- ✓ Easily fits in drawer for storage
- ✓ Comes with a handy built in magnet

**OPEN3 TOUCH N GO \$24.90**

## Bamboo COPPER

**FIGHT FATIGUE, SWELLING AND PAIN**

**FREE**

**HEALTH BOOKLET WITH PURCHASE**



The open-finger gloves provide targeted relief for stiff painful hands, joints & fingers. The socks add gentle graduated compression to support calves, feet & ankles, helping to improve circulation, fight fatigue & pain. Both made from copper infused & bamboo fabric, which has natural anti-bacterial, anti-fungal, odour fighting, and heat conducting properties. Both are ideal for those with arthritis, sore aching joints, tired fatigued legs, to help aid better circulation with added warmth in the cooler months. Available in sizes REG (women's) & LGE (men's). **Please indicate size on order form.**  
**GLOV7/REG ARTHRITIS GLOVES \$19.90 BS0X2/REG COMPRESSION SOCKS \$19.90**  
**GLOV7/LGE ARTHRITIS GLOVES \$19.90 BS0X2/LGE COMPRESSION SOCKS \$19.90**



## FILIGREE, COPPER & MAGNETS



This gorgeously chic bracelet and ring have a polished gold tone / copper finish, with silver tone filigree floral vine detailing making these stunning pieces to wear. Concealed in the cuff of each end of the bracelet are 3 powerful magnets; 6 in total – each one 2000 gauss. The ring features 2 magnets, one on each end. They both also

**FREE**  
HEALTH  
BOOKLET  
WITH  
PURCHASE

feature copper plating so you get double action, magnetic power plus the added benefits of copper. Copper has been used for centuries & has been said to aid pain relief associated with arthritis, tendonitis & rheumatism. Bends to fit most sizes. \*Magnetic therapy has not been medically proven although some people have claimed success with it. All we can suggest is that you try it for yourself. Not suitable for people fitted with pacemakers or defibrillators.

**MAGB5 Filigree Copper Magnetic Bracelet \$19.90**  
**MAGB6 Filigree Copper Magnetic Ring \$14.90**



## EVERYTHING WITHIN REACH

The Headrest Organiser hooks over your front seat headrest to hold shopping, umbrellas, backpacks, handbags, clothing & more. Safer than your car's hooks as it won't obscure your side view! Sturdy Aluminium/ PVC construction. Measures 17cm L. x 11.2cm W.  
**CARH3 Headrest Organiser \$9.90**

## SUPER GRIP SOCKS



- ✓ Minimal elastic top to promote healthy circulation
- ✓ The super grip bottom allows for increased mobility
- ✓ Super comfort allows for all day, all night wear
- ✓ Soft cushioned sole for superior comfort
- ✓ Smooth and comfortable flat toe seam
- ✓ Available in Black or Grey

**SOCK14 Ladies \$15.90**  
**- 2 or more \$12.90 ea**  
**SOCK15 Mens \$15.90**  
**- 2 or more \$12.90 ea**

PLEASE INDICATE  
COLOUR ON ORDER.

## EASY GRIP NAIL CLIPPERS



Keep nails in a clean and healthy condition with these ultra sharp easy grip clippers. The perfect aid for people with arthritis, limited mobility or special needs. (colour may vary to what is shown here).

- ✓ Made to last from durable chromed steel
- ✓ Easy to use, hold and control and won't slip
- ✓ Use with left or right hand at any angle
- ✓ Fingernail clipper approx 7.5cm L x 1cm W
- ✓ Toenail clipper approx 10.5cm L x 1.5cm W

**NAIL3 Nail Clippers Set 2 \$14.90**

## Perfect for Summer



### MUU MUU LOUNGER

The perfect style for every season. Our Muu Muu Lounger is loose fitting, cool and breezy. Perfect for relaxing at home, running errands, the beach, on holiday or grabbing some lunch with friends. Features a square style neckline with gathering at the yoke, short sleeves, 3 tier detail and side seam pockets. Machine wash. 100% Cotton. Approx length S-5X; 114cm-123cm (45-48.5"). Available in Fuchsia and Blue in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

**5905002 Fuchsia Muu Muu Lounger**  
**5905003 Blue Muu Muu Lounger**  
**WAS \$49.90**  
**NOW \$39.90ea**

**20%  
OFF**

**ONLY \$24.90**

**Imagine a shoe so soft, so perfectly conforming to your foot that you may never experience walking difficulty or foot pain again.**

Available in 3 colours Red, Black and White

## JUST LIKE WALKING ON A CLOUD!

*Experience The Joy of Pain-Free Walking Again!*

Our cloud soft cushioned interior actually molds to the tiniest indents and creases in the soles of your feet - reducing pressure tender areas and bony spots that may create painful blisters! And the scientifically designed 'Rocker Shape' inner sole eases stress on the ball of the foot with every step you take. Adjustable heel strap snugs-up for a custom fit plus easy on, easy off.

**Softteez Sandals \$24.90**  
**Sizes 5 - 11 (no ½ sizes)**  
**Indicate size when ordering**  
**SCL02 - White SCL03 - Red SCL04 - Black**





**Simply Press  
to Spray!**

**Precise  
Oil  
Control**

## 2 IN 1 OIL SPRAYER



**...Or Slide  
to Pour!**



- ✓ **Dual Function Design**
- ✓ **Refillable and Reusable**
- ✓ **Great for oil control in cooking and baking**

Take control of your cooking with this versatile 2-in-1 Dispenser! Whether you want a fine mist for even, light coating or a smooth drizzle for precise application, this dispenser makes it easy. Simply press down the trigger and it will deliver a controlled amount of oil in a fine mist spray. However, when you need a drizzle of oil, just slide the tab...it's that easy. Holds 470ml. Great for other liquids also. Glass bottle/plastic lid. Measures approx 18.5cm x 10cm. Hand wash all parts in warm soapy water.

**SPRY2 2 in 1 Oil Dispenser \$19.90**

## NO MORE BURNT FINGERS



**Easily grab  
toast,  
muffins,  
crumpets  
and more!**

- ✓ **Easy to grip**
- ✓ **Durable**
- ✓ **Hand-wash only**
- ✓ **22cm L**

**TONG5 Bamboo Toast Tongs \$7.90**

## CLEVER CLASPS



This thoughtful jewellery helper set fastens both ends of a necklace chain together with powerful magnets, ending your tedious struggle with a tiny clasp! Attaches easily and works for bracelets too. Set of 6 includes 4 magnets (2 silver, 2 gold-tone) plus 2 extender chains (1 silver-tone, 1 gold-tone).

**CLEV2 Gold/Silver Magnetic Clasps \$16.90**



Extending chains measure 7cm Long

**Great for  
dentures &  
retainers**



## DENTURE BATH SET

The perfect solution for cleaning and storing your dentures discreetly. Deep sided container with a secure lid that closes. Bonus double sided brush for scrubbing denture clean! Can also be used for cleaning retainers and jewellery. Measures 9.7cm W x 5.7cm H x 6.3cm D.

**DENT3 Denture Bath Set \$9.90**

## The Easy Seniors Phone EasyFlip & EasyMate 4G!

**A**

25dB Earpiece Volume Boost

2.8" Screen Size

SOS Key with GPS locating function

FROM THIS

TO THIS

10.8 cm

5.7cm

**B**

Large, clear customizable display. Big Buttons, 2MP Camera, SMS, MMS, calendar, FM radio, magnifier, calculator, menu visibility and more

Hearing Aid Compatibility - M4/T4 Telecoil & Bluetooth resulting in enhanced volume, clarity & connectivity.

Auto-answer, voice output keys and main menu, photo speed dial

Emergency key with GPS location, share location with emergency contacts by their request

Photo speed dial

Low Battery Alert.

Perfect as a Home Phone Replacement

6 MN

Large Easy To Read Numbers

Loud & Clear Ringtone Up To 100dB

12.9 cm

5.7cm

Our best selling EasyFlip phone is now available in a standard non flip version in the EasyMate! The EasyFlip & EasyMate are the perfect unlocked 4G phones that have been designed especially for seniors. Both phones have the same features, including SOS GPS location, easy to read BIG number buttons, a loud & clear speaker, easy to use menu, along with a wide assortment of special features, really makes the EasyFlip & EasyMate the perfect no-nonsense phone for you. Simply choose the style that suits you...Flip or non-flip!

**A. FONE4 EasyFlip 4G \$199 B. FONE8 EasyMate 4G \$179**

## FOR ACHING KNEE JOINTS AND MORE!



**Ideal For:**

- ✓ **Sore Muscles**
- ✓ **Aching Joints**
- ✓ **Tendon Pain**
- ✓ **Ligament Pain**
- ✓ **Arthritis Pain**
- ✓ **Sporting Injuries**

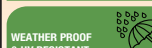
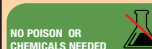
This bamboo charcoal infused health support knee guard is comfortable and easy to wear. It helps to add a healing warmth + support to your knee. Made from stretchable bamboo charcoal fibre, cotton, polyester, machine wash on cold gentle cycle, dry in the sun. Sizing REG - ladies, LGE - men. (Please note if top of knee circumference is bigger than 42cm order size LGE).

**KNEE2/REG Bamboo/Charcoal Knee Guard \$19.90**  
**KNEE2/LGE Bamboo/Charcoal Knee Guard \$19.90**



## SOLAR SNAKE REPELLER

KEEP YOUR PETS & FAMILY SAFE!



IT WORKS BY EMITTING STRONG  
VARIABLE VIBRATION FREQUENCIES  
WHICH REPELS ALL TYPES  
OF BACKYARD PESTS

Snake2 SOLAR SNAKE REPELLER

\$19.90

2 or more \$17.90ea

## RELIEVE FOOT PAIN Compression Relief Sleeve

### EASES HEEL & ARCH PAIN

- ✓ Minimise Swelling
- ✓ Support Fascia Ligament
- ✓ Relieve Pain from Plantar Fasciitis

"I started wearing these support socks & have had a dramatic improvement! They have saved me from the chronic pain that lasted all day & night! - Ms. C"



Multi-Directional  
Compression



SIZE CHART	Ladies	Men
SMALL	4 - 6.5	NA
MEDIUM	7 - 10.5	6 - 9.5
LARGE	11 +	10 - 13
X-LARGE	NA	13.5 +

Soft, elasticised ankle with unique knitting pattern provides heel and arch compression to minimise swelling, support fascia ligament and relieve pain. Tactile 'nodules' help stimulate circulation. Worn over or under socks. Daytime or night time use to ease morning discomfort. Also helpful for Achilles tendon conditions/ Provides 25-35 mmHG all over compression with 30 mmHG at arch. Please see above size chart to find your size & **don't forget to include your size on the order form.** (sold as a single sleeve, not a pair).  
**SLEEVE2 Plantar Fasciitis Sleeve (single) \$24.90**

Set of 3  
only  
\$34.90

## PORTABLE URINAL FOR MEN AND WOMEN



- ✓ Easy to use
- ✓ Sturdy Plastic
- ✓ Spill proof cap
- ✓ Comes with female adaptor
- ✓ Ideal for travellers, campers and boaters
- ✓ Perfect for people confined to bed or wheelchair

PORT2 Portable Urinal \$14.90

## MAGIC BRA



NO HOOKS OR WIRES



SET OF 3 BRAS

- ✓ Magic fabric for perfect fit and comfort!
- ✓ Super easy to slip on and off - ideal for those with arthritis
- ✓ Shapes magnificently and prevents sagging bust!
- ✓ Wide shoulder straps provide maximum support!
- ✓ Available in size M, L, 1X & 2X
- ✓ Simply match your bra with your clothing size

**PLEASE INDICATE SIZE ON ORDER FORM.**

WBRA2 1 Black, 1 Beige, 1 White, all 3 \$34.90

## RING SIZE ADJUSTERS

Suitable for narrow or wide bands



Make rings fit perfectly - no more twisting, slipping and fear of losing your valuable rings. Invisible ring adjusters slip inside any size ring to create a perfect fit which is almost invisible. Perfect for male or female rings. Assortment of 5 widths will ensure a fit for almost any size ring band.

JRNG2 Ring Size Adjusters \$7.90



## HELP PREVENT SLIPS & FALLS

Help prevent dangerous slips and falls with this new and improved handle for your bath or shower. It instantly installs using two powerful suction grips, without requiring permanent installation and comes with a unique built-in suction gauge. When the gauge is green it indicates secure suction, when red you need to re-attach it. Chrome Plated look adds style to any bathroom. Measures 29.5cm long x 10.5cm at widest point. **BATH9 Chrome Bath Bar \$24.90**

EASY  
TO USE



Handle  
rotates  
360°

## EASY CRANK CAN OPENER



Easy to use manual can opener uses the force generated from the easy crank handle to make opening cans simple and effortless. Simply place onto the can, and start cranking the handle. It requires minimal effort so is perfect for anyone with mobility issues, weak wrists and hand problems like arthritis. Also leaves smooth edges on the lid for safe handling. Handle and crank are covered in rubber for a sure grip. Made from metal and rubber. Measures 23cm L. **OPEN4 Easy Crank Can Opener \$19.90**



## Copper Infused Compression Braces



These unique compression braces help to soothe aches, pains and stiffness in your muscles & sore aching joints. Black only, sold individually in sizes REG & LGE. Back belt fits waist REG (71-99cm). Back available in size REG only; Knee, Ankle & Elbow available in size REG & LGE.

- ✓ Made from copper nylon, rubber & spandex
- ✓ Knee brace Copper/Nylon/Elastic/Spandex
- ✓ Helps to increase joint & muscle mobility
- ✓ Helps to aid increased blood circulation
- ✓ Excellent support for muscles & joints
- ✓ Aids the reduction of pain & swelling
- ✓ Aids in boosting exercise recovery
- ✓ Gentle & effective compression
- ✓ Comfort plus even if sleeping
- ✓ Machine or hand wash

**FREE**  
HEALTH  
BOOKLET  
WITH  
PURCHASE



PLEASE INDICATE SIZE REGULAR OR LARGE ON ORDER FORM  
COPA2 ANKLE \$19.90 COPE2 ELBOW \$19.90  
COPB2 BACK (REG only) \$24.90 COPK2 KNEE \$19.90

## 5-in-1 OPENER

So many uses...

- ✓ Jar Lids
- ✓ Twist Top Bottles
- ✓ Bottle Caps
- ✓ Cans
- ✓ Ring Pulls
- ✓ Measures 15cm L

Perfect for a multitude of items around the home

OPEN5 5-in-1 Bottle Opener \$10.90

## KEEP BANANAS FRESH FOR LONGER

- ✓ Reusable banana storage bag
- ✓ Prevents bananas from over ripening
- ✓ Helps to stop banana skins going black
- ✓ Provides bananas with insulation & air
- ✓ Designed to be kept in the fridge
- ✓ Measures approx 27 x 36cm

BANA2 BANANA BAG \$9.90

## SET OF 3 HOOK-ON BRA EXTENDERS

Get relief from the discomfort of tight bras. Just hook on direct to your existing bra. Available in 2, 3 or 4 Hooks in a set of 3 colours White/Beige/Black.

BRAX2 2 HOOK WHITE/BEIGE/BLACK \$10.90  
BRAX3 3 HOOK WHITE/BEIGE/BLACK \$11.90  
BRAX4 4 HOOK WHITE/BEIGE/BLACK \$13.90

## SPILL GUARDS

KEEP THE GAP BETWEEN STOVE AND BENCH CLEAN

Just a few crumbs a day or a few spills can attract ants, cockroaches and more. This sturdy silicone trim kit will close those pesky gaps for good. Set of 2. Each measures 53.5cm L x 5.5cm W. SPIL2 Spill Guard Set of 2 \$13.90

## CLEAR VISION Monocular

16x52 66M/8000M

INCLUDES:  
1x MONOCULAR  
1x CARRY BAG  
1x WRIST LANYARD

EASY TO FOCUS  
DUAL FOCUS  
ZOOM OPTICS

MONO2 Monocular \$29.90

GREAT FOR:  
BIRD WATCHING  
CAMPING, HIKING,  
HUNTING & MORE!

Wide Viewing Angle  
Clear & Sharp Resolution  
Waterproof & Fog proof

## PORTABLE AM/FM POCKET RADIO

Telescopic Antenna  
Built-In Speaker  
3.5mm Audio Jack

FM/AM 2 BAND POCKET RADIO  
FM 88-94-100-104-108 MHz  
AM 53-80-106-130-160 KHz

TUNE TRUE SOUND

- ✓ Take it with you wherever you go
- ✓ Lightweight & Portable
- ✓ FM: 87.5-108MHZ  
AM: 522-1620KHZ
- ✓ Volume Control
- ✓ Speaker
- ✓ Frequency Display
- ✓ Requires 2 x AA batteries (not incl)
- ✓ Measures 11.5cm x 6.8cm

RADIO4 FM/AM Portable Radio \$24.90



Guarantees  
a giggle  
every  
time

## Add a Touch of FUN to Your Kitchen!

This is a self-cleaning  
**KITCHEN**  
Clean up after yourself!

This hilarious kitchen sign is sure to make everyone giggle that sees it. Made from MDF and hemp rope. Measures 20cm x 10cm.

**KDEC2 Self-Cleaning Kitchen Sign \$12.90**

## PAIN RELIEF FOR YOUR TOES



**SET  
OF 2**

**GELT2 GEL TOE SEPARATORS S/2 \$9.90**

Super soft gel separators help reduce toe & foot pain caused by rubbing, overlapping or crooked toes. The 4 loops keep the separators in position for relief from bunions, plantar fasciitis, hammer toes & foot pain. Especially designed for those spending all day on their feet, for the elderly or for anyone with foot problems. Fits in most shoes, unisex, one size fits most, hand wash, dry naturally not in the sun.

## CREATE EXTRA SPACE OUT OF THIN AIR!



Utilise wasted  
space under  
your shelves!



Create extra storage space under most shelves with our Under Shelf Hanger. Perfect for storing Cling wrap, foil and baking paper, zip-loc bags, as well as anything else you can think of! Perfect for not only the kitchen but also the laundry, the garage, office and much more! Measures approx 29.5cm W x 10cm H (not incl hooks) x 23.5cm D. Hook height 3cm. Made from powder coated iron. Buy 2 or more and save!

**SHLF3 Under Shelf Organiser \$12.90  
2 or more \$10.90ea**

**SET OF 3**

### CLEANING BRUSHES

Perfect for cleaning Tea/coffee pot spouts, vases, drink bottles, straws and much more!

These flexible plastic brushes clean out spouts, narrow necks and other tight spots with a simple push/pull action that leaves everything sparkling clean in seconds. Set includes 3 brushes from 26cm-33cm (10 1/4" - 13").

**BRUS3 S/3 CLEANING BRUSHES \$9.90**

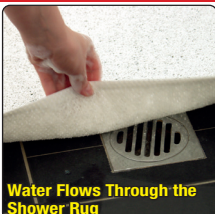


ACTS LIKE A LOOFAH ON YOUR FEET

## THE PERFECT SHOWER RUG



For Added Suction to Keep  
In Place



Water Flows Through the  
Shower Rug

The Shower Rug has anti-microbial poly-fibres that won't wear out, are stain resistant and help prevent the growth of mould and mildew. It won't hold water as it passes right through it even when you place it straight over the drain. Stops the worry about falling over in the shower or bath, measures 75cm x 43cm, is machine washable and line dry.

**SRUG2 SHOWER RUG \$25.90**

## HEALTHIER COOKING Fat Free Meals in Your Microwave!



**BETTER  
THAN  
PLASTIC**



Delicious Stews



Scrumptious Omelettes

Micro Stone is a ceramic cooker, letting you cook quick, healthy fat free meals in your microwave. Its non-stick so no need to add fat or oils and is a breeze to wash. Micro Stone is perfect for eggs, omelettes, soups, baked desserts & so much more! Includes a recipe booklet and is dishwasher safe. Measures 18cm L x 9cm H x 11cm D.

**COOK3 CERAMIC COOKER \$14.90  
2 or more \$9.90ea**

## PERSONALLY YOURS



**FREE  
CARDBOARD  
DISPENSER**

**250  
labels**

- ✓ Great for envelopes, letters, personal items, CD's, videos and more
- ✓ Available in White Gloss or Fluro Yellow. Comes with its own cardboard dispenser box for ease of use and storage
- ✓ Comes with a whopping 250 labels! Each label measures a generous 18 x 50mm
- ✓ Please complete your details on the order form in the section provided; up to 4 lines

**ROLL6/PLN Plain Roll Labels \$16.90  
ROLL6/YLW Yellow Roll Labels \$16.90**

**SHOP BY PHONE - (02) 9997 5400**



## ICE TUBE TRAY

Make ice "cubes" that fit into bottles; they fit perfectly and easily. Each tray makes 10 ice tubes. Silicone bottom makes popping them out a breeze. Hard plastic outer shell. Measures 29.5cm x 11.5cm x 2cm.



ICEC4 Silicone Pop Out Ice Cube Tray \$8.90

## Step into SMOOTH Skin

Soothe Dry & Cracked Skin



Smooth Supple Skin

Simply Add Moisturising Cream

Lock in moisture and smooth away dry, cracked skin with our Night Socks. Simply apply your favourite moisturiser or ointment to your feet, put the socks on and you're on your way to smooth supple skin. The Socks are made from cotton/spandex that allow your skin to breath whilst keeping the cream where it needs to be instead of on your sheets! One size fits most (sock stretches to fit). Measures approx 19cm from heel to toe. Machine washable and reusable. Sold as a pair.

NSOC2 Night Socks \$9.90

## KEEP DOGS SMART AND ACTIVE!



\*Treats not included

Keep your dog happy and active for hours. The ball emits a sound like giggles when it's rolled or shaken, no batteries required. Add treats to it, that are released when the ball is rolled. Perfect indoors or out. Made of durable pet safe PVC. Measures 7cm dia.

BALL3S GIGGLE TREAT BALL 9.5cm \$12.90

## PAIN RELIEVING SEAT CUSHION



- ✓ Contoured to fit the body's natural curves
- ✓ Non slip base so cushion remains in place
- ✓ Cover is removable & washable
- ✓ Measures approx 43L x 38W x 12cmD

**Good posture helps to improve:**

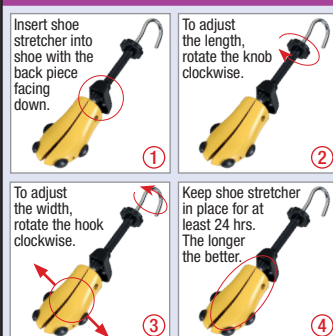
- ✓ Proper spine alignment
- ✓ A healthy posture
- ✓ Increased circulation to lower spine / legs
- ✓ Reduced lower back & hip problems

**Good posture aids pain relieve from:**

- ✓ Herniated or bulging disks
- ✓ Degenerating disk
- ✓ Sciatica & Stenosis
- ✓ Sacroiliac joint pain

CUSH8 PAIN RELIEVING CUSHION \$39.90

## The Professional Way To Stretch Shoes



- ✓ 2 way shoe stretcher
- ✓ Durable & easy to use
- ✓ Ergonomically designed

- ✓ Fits both left and right shoe
- ✓ Perfect to stretch new shoes or tight old shoes

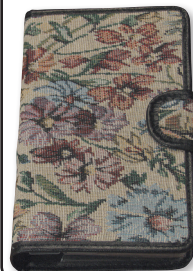
SIZE CHART	Ladies	Men
REGULAR	5-10	Up to 8
LARGE	10-12½	8-10½
XLARGE	13+	10½-13

**PERFECT FOR:** Men & ladies shoes, flat shoes, pumps, wedges, loafers, oxfords, pointed toe, slippers, sneakers, even sport and tennis shoes. Includes 8 pressure relief pads targeting tight areas to help stop blisters corns & bunions. This is sold as a single, not a pair.

Please indicate size on order.

STRC2 SHOE STRETCHER \$24.90  
SAVE! 2 or more \$19.90 ea

## 14 Days Pill Organiser



Pill organiser opens and closes like a book to secure medication inside plastic, snap-shut compartments that slip into vinyl sleeves. Four slots for each day to cover morning, noon, evening and bedtime medicine. Beautifully finished in tapestry fabric it measures 115x185mm.

PILL2 14 DAY PILL ORGANISER \$19.90

## COMB AND BRUSH CLEANER



There is nothing more irritating than a dirty brush or comb. Specially designed tools will get your comb and brush clean in seconds. Just pull comb through twisted-in bristles to remove hair and other dirt quickly and easily. Special wires in the hairbrush cleaner grab embedded hair like magic.

COMB2 Comb & Hairbrush Cleaning set \$9.90

## WHAT A FANTASTIC OFFER!



### A SPECIAL MYSTERY PACKAGE JUST FOR YOU

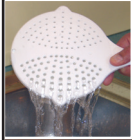
Due to discontinued product lines we are offering you a special selection of Giftware, Kitchenware, Bedroom and Bathroom Goods. We are sacrificing these goods at **Drastically Reduced Prices**, for a 'Special Mystery Package', which has a retail value in excess of \$70.00, and is yours for only \$29.90. Who knows what surprise you will find inside! If you are not completely satisfied we will refund your money in full. So you have nothing to lose and a lot to gain! We sometimes have shoes to clear so please advise a ladies shoe size on the order form also.

(Retail prices quoted are advertised prices in the Health Pride catalogue)

MYST2 Mystery Package \$29.90



## MICROWAVE POT... A Must For Every Kitchen!



Foods cooked in minutes while the snap on lid strains and drains. Cook pasta, steam vegetables for dinner, melt butter or chocolate for that great dessert. The uses are endless, best of all it's all done in one pot so you save on washing up. Dishwasher safe, 4 cup capacity. Measures 27cm L x 18.5cm W x 7.5cm H. **MWAV2 Microwave Pot \$10.90**

## SATIN SLEEP CAPS KEEP YOUR HAIR STYLE FRESH FOR DAYS

Keep your hair looking fresh and neat even after a full night's sleep. These oversized satin sleep caps fit over the fullest hairstyles and keep your hair from matting, knotting and flattening. The non-binding elastic trim keeps them in place all night long. Set of two includes 1 white and 1 pink.

**SET OF 2**

**SCAP3**  
Satin Sleep Caps S/2 \$13.90

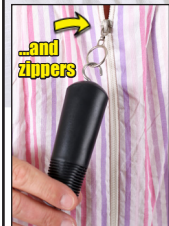


## DRESS WITH EASE



Easily do up buttons...

**SALE**



...and zippers

The perfect dressing aid. The Button Hook with Zip Pull is a must have accessory that allows you to do up those fiddly buttons with ease as well as pull zippers up and down. Great for smaller zippers that are hard to hold, and those that are a bit awkward or stiff. Measures 18cm L. Durable plastic and metal.

**HOOK3 Button Hook with Zip Pull**  
WAS \$12.90 NOW \$9.90

## NO MORE STOOPING, BENDING, TWISTING

The long handled foot brush is perfect for scrubbing & cleaning your feet. The 2 interchangeable sponge heads are ideal for cleaning in between your toes and for applying any lotions or tinctures. Ideal for people with limited range of motion. Plastic contoured handle measures 56.5cm L without attachments.

**BRUS6**  
LONG HANDLED  
FOOT BRUSH \$14.90  
2 OR MORE \$9.90



**BUY 2 OR MORE & SAVE!**

## Perfect Storage Solutions



DVD Storage

CD Storage

Magazine Storage



- ✓ Especially designed to store magazines, DVDs or CDs
- ✓ Bags have webbed nylon handles & transparent sides

All bags store items in a dust free environment & measure;

DVD bag - 57 L x 16.5 H x 19cm W & holds 37 DVD'S

CD bag - 55.5 L x 16 H x 19cm W & holds 50 CD'S

Magazine bag - 30 L x 25.5 H x 20cm W & holds 40 same size mags

Buy 1 of each size & save \$4.95

STOR2A	CD STORAGE	\$9.90
STOR2B	DVD STORAGE	\$9.90
STOR2C	MAGAZINE STORAGE	\$9.90
STOR2S	SAVE ALL 3 FOR	\$24.75

## EASILY CATCH HAIR & LINT



**SET OF 2**

Hair Sticks Like a Magnet

Simply Rinse & Reuse

No one likes washing their clothes only to find pet hair, lint and more still stuck to their clothes. Simply throw these amazing Animal Hair Rings in with the washing and let them do all the dirty work! Tacky and flexible, the rings work in the washer and the dryer attracting hair, fur and lint like magic. Can be used again and again, simply rinse and reuse! Also doubles as a lint roller, just rub over clothing, lounges, curtains and more. Set of 2. **HAIR9 Animal Hair Removing Rings Set of 2 \$8.90**

## LONG REACH LOTION APPLICATOR

Simply fill this applicator with lotion, cream or oil, and the rolling balls will gently massage it into your skin. Made of durable plastic, the 45cm (17 1/2")-long applicator lets you reach all areas of your back, bottom of your legs and all other places you can't reach, without twisting, bending or straining.

**LONG2 Long Reach Applicator \$15.90**



## SEE UP TO 3 TIMES LARGER WITH YOUR OWN GLASSES



Clip-on magnifiers attach to your regular glasses for clear, close-up viewing. Leaves hands free for writing, sewing, reading, and other important details. They flip up instantly for regular vision, and flip down for magnified vision. Specify 2.5X or 3.5X Magnification.

AMAG2/2.5	Magnifier 2.5X	\$15.90
AMAG2/3.5	Magnifier 3.5X	\$15.90

Flip up when not in use





FLYR2



FLYR3

## Fly Repeller Fan

The natural and easy solution

The natural and chemical free way to keep flies away from your food this summer. The Fly Repeller Fan has soft "blades" with light reflective stripes that spin to actively keep the flies away. No more waving your hands around the food! And when you want to access your delicious food, simply pop your hand through the "blades" where they will stop at the slightest touch and then keep on spinning once you are done. Powered by 2 AA batteries (not incl). Measures approx 25.5cm H. Base measures 8cm x 8cm.

**FLYR2 Fly Repeller Fan** \$19.90 ea  
2 or more \$17.90 ea

**FLYR3 Light Up Repeller** \$29.90 ea  
2 or more \$27.90 ea

Now available in a light up version! Light can turn on independent of the blades or with them! Perfect for night time. Touch controls. Rechargeable with included USB-C cable. Charger not included (see CHAR2 on p10). Measures 25cm H. Base measures 10cm W.

## NO BEND SHOWER & BATH CLEANER



REFILL SPONGES AVAILABLE

This long handled bath & shower scrubber has a pivoting head and comes with a scrubbing pad that is gentle on tiles or porcelain. Perfect to reach every angle and the handle extends from 63cm to 93cm. (New style. Replacement heads do not fit old style).

**SCRB3 BATH SCRUBBER** \$14.90  
**SCRB3R REFILL SPONGE S/2** \$4.90

## COMFORT WRAP TERRY SLIPPERS

Enjoy the soothing comfort when you wrap your feet in these terry slippers with touch'n close open-toe styling. Each slipper wraps on and off, fitting tightly or loosely around the world's most sensitive foot... yours. Baby-soft lining, padded insole, flat and flexible sole for safety and satin trim make these slippers extremely comfortable as well as fashionably stylish. Available in Blue & Pink in Ladies sizes 5-11.

Please specify size on order form.

**SLIP4 BLUE TERRY SLIPPER** \$29.90  
**SLIP5 PINK TERRY SLIPPER** \$29.90



LUXURIOUS SATIN PIPING

SOFT PADDED SOLE

ONE TOUCH ADJUSTABLE CLOSURE



Simply Attach The Rug Grips To Any Rug To Keep It Secure!



## NO MORE RUG SLIP

- ✓ Washable & Reusable
- ✓ Leaves No Sticky Residue
- ✓ Each Grip Measures 180x30mm
- ✓ Perfect for Tiles, Floorboards etc
- ✓ Helps Your Rug To Sit Flat & Stop Slipping
- ✓ Helps To Make Your Rug Safer In Your Home

Colour may vary to what is shown

**GRIP3 Set of 12 Rug Grips** \$14.90

SET OF 12

## CUT YOUR TABLETS QUICKLY & EASILY!



Fits Most Shapes & Sizes

Never struggle to cut a pill again! Our specially designed pill cutter features 14 pill-shaped cavities to fit pills of different shapes and sizes (simply flip the centre to reveal more shapes!). Also features a self retracting safety blade to protect fingers as it neatly slices pills in half. Plastic. Measures 10.5 x 6.5cm x 4cm.

**VPIL4 Pill Cutter** \$15.90



## HAIR MAGNET

Perfect for Pet Hair and Lint!

- ✓ Quick & Easy
- ✓ Cleans Like Magic
- ✓ Makes Fabric Like New

Clean pet hair and lint in seconds with the Hair Magnet. The metal head has special teeth that clear hair and lint just like a magnet. Just brush over clothing, carpets, couches, chairs, car seats, drapes and more to remove even the stubborn imbedded hair in a jiffy, no mess no fuss. Hair can then be easily removed from the blades.

Measures 15.5cm L x 12.5cm W.  
**HMA2 Hair Magnet** \$14.90

Makes fabric like new!

## PREVENT ICY BUILD UP IN YOUR FREEZER



Don't chip and hack away at layers of ice to get to your frozen foods! Just place this specially-coated mat on the bottom of your freezer and frost won't have a chance to form. Ends the drudgery of manual defrosting too! Measures 47cm L x 23cm W.  
**AMAT2 ANTI-FROST MAT** \$12.90





**Keep Your Sink Clear**

**SALE**

**Fits Most Sinks**

**MULTI PURPOSE**

Our Swan Drain Basket easily hangs over the edge of the kitchen sink by hanging on the tap, allowing you to put food scraps, wash fruits, vegetables and more whilst the water drains out the bottom. It can also be used as a sponge holder. A perfect addition to your kitchen. Durable plastic. Measures approx 22.5cm W x 22cm D x 5.5cm H. Width of swan neck approx 4.6cm.

**SWAN2 Swan Drain Basket WAS \$8.90 NOW \$6.00**



**All Purpose Foot Rest**

**A Stable Place To Rest Your Feet!**

Increase bathroom safety with our All Purpose Foot Rest. Use it to shave your legs, cut your toenails, pedicures and more... no more trying to reach down and touch your toes! Even has a handy storage compartment, with drainage holes, to keep toe care items at hand. Measures 38cm L x 16.5cm W x 28cm H (at highest point). Made from sturdy plastic. (accessories not included).

**Handy Storage Compartment**

**STEP6 All Purpose Foot Rest \$29.90**

**FIX ANY ZIPPER INSTANTLY**



**LUGGAGE CLOTHING HANDBAG**

It's so easy! Clothing, handbags, purses, luggage, tents, golf bags... anywhere you have a zipper. Just unclip the Zipper Fixer, slide it onto both zipper teeth sides, press it closed and presto your new zipper will work. Even with missing zipper teeth! Set includes small, medium, and large zipper.

**ZFIX2 Set of 3 Zipper Fixers \$9.90**

**NON BINDING SOCKS IDEAL FOR DIABETICS**

SIZE CHART	Ladies	Men
SOCK3 REG	5-7	NA
SOCK4 LGE	8-11	7-9
SOCK4X - XL	11+	10-12

- ✓ No Blisters
- ✓ No Footsores
- ✓ Better Circulation
- ✓ **GUARANTEED!!**

Made from breathable cotton/elastic, they have an extra-wide opening for easy on and off. Because they are non-binding they reduce pressure on swollen legs and feet. In Black & White.

**PLEASE SPECIFY COLOUR WHEN ORDERING**

SOCK3	REGULAR	\$15.90
SOCK4	LARGE	\$15.90
SOCK4X	XLARGE	\$15.90

**NO MORE SPILLS**



**2 HANDLES FOR FIRM GRIP**

Enjoy your cup of tea without worrying about shaky or arthritic hands. Unique ceramic mug with 2 extra-large handles provides increased stability and control so you can keep your independence and personal dignity. 300ml.

**DGNT2 EASY TO HOLD CUP \$13.90**

**Soothing Protection**



**SET OF 2**

**Comfort & protect injured, sore & damaged toes & fingers**

These gel caps are able to absorb pressure and friction whilst surrounding the whole toe or finger for added protection. They are perfect for protecting against blisters, calluses, sore bunions, ingrown toenail, and from painful rubbing and infection. No need for complicated bandages that can easily fall off. Highly elastic gel can be worn and fitted easily. Slim design fits easily in most shoes. Available as a set of 2; one large and one small to fit most digits. Made from silicone, can be washed and reused.

**TOEP2 Protective Toe/Finger Caps Set of 2 \$9.90**

**SALE**

**Saves Skin! Just Cut to Size**

**SORE SPOT Silicone Tape**

- ✓ Shields Blisters, Corns & Irritations
- ✓ Reduces Friction & Skin Damage
- ✓ Gently Secures Bandages & Dressings
- ✓ Helps Improve the Appearance of Scars & More!
- ✓ Measures approx 2.5cm x 1.3m



**Wounds Heels Toes Scars**

**SPOT3 Sore Spot Silicone Tape WAS \$22.90 NOW \$14.90**

**MICROFIBRE MOP SLIPPERS**



**In assorted colours, we will choose one for you**

- ✓ Designed for cleaning floors
- ✓ Easily lift dust, lint & pet hair
- ✓ Will not damage floors
- ✓ Easy to put on/take off
- ✓ Machine wash, 1 size fits most
- ✓ For wooden floors, lino, polished concrete, & tiles
- ✓ Use on your broom, mop, or window cleaner too!

**MOPS2 MICROFIBRE MOP SLIPPERS (PAIR) \$9.90**



## LEVINE'S POWER KNEE STRAP



We have sold 1000s of these famous knee straps to satisfied customers. We can't tell you whether it's the special construction designed to support the patella of the knee at the right angle or whether it's the magnets embedded therein. All we can tell you is that you try it for yourself to find out what it can do for you.

**Highly Recommended**

KNEE4 Power Knee Strap \$19.90

## DUMMY SECURITY CAM



**RED LED LIGHT FLASHES EVERY 2 SECONDS!**

**KEEP INTRUDERS, THIEVES AND BURGLARS AWAY WITH THIS GENUINE LOOKING SECURITY CAMERA.**

The LED red light flashes just like the real ones so it's only you that knows its a fake! No wires required, measures 12 x 8cm. Includes 2 sets of screws, 1 cardboard drill template, 1 yellow CCTV sticker. Requires 3 x AA batteries (not incl).

CAMS2 DUMMY SECURITY CAMERA \$15.90  
2 or more \$12.90ea

## RFID GENUINE LEATHER 36 CARD SLOT WALLET

The Safest Credit Card Wallet



**36 Card Slots!**



BLACK



- ✓ Top Quality Genuine Leather
- ✓ Soft, practical and durable
- ✓ 36 Individual credit card slots
- ✓ 2 pockets for paper notes
- ✓ 2 pockets for passport/phone
- ✓ RFID protection from scanner theft
- ✓ Keeps your money & ID safe
- ✓ Measures 20 L x 10 H x 3cm W

LWL4 Black RFID Leather Card Wallet \$34.90

**No more falling canes**



## CANE CLIP

Keep Your Cane Where You Left It!

A must have accessory for any one that owns a cane, walking stick, and more. It easily attaches to the cane allowing you to rest it against a wall or table etc without it tipping over and falling. Keeping it exactly where you left it; within arms reach. Flexible plastic allows you to easily pinch the sides to attach. Measures 9cm x 8.5cm.

CANE8 Cane Clip \$16.90

## SLICING BUDDY



**"Slice your fruits and vegetables perfectly with ease!"**

Lock & store with ease •

Safer & easier way to slice •

Neat & perfect slices every time •

The perfect slicer is ideal to slice, tomatoes, onions, lemons etc. Simply hold the handle and insert the knife into each slot and slice! You get perfect slices every time without fuss or mess. Plastic. Measures 20cm x 9cm.

KSLC2 Slicing Buddy \$9.90

## PERFECTLY POACHED EGGS

In the Microwave!

Create quick and hassle free poached eggs straight in your microwave. Simply add some water, your eggs, the lid and your ready to go! It's that easy. (Cooking times may vary based on your microwave).

**Ready in 80 Seconds!**



MEGP2 Microwave Egg Poacher \$9.90

## PLAY HANDS FREE



SET OF 2

Cards Not Included

CARD7

Measures 21.5 x 10 x 5.5cm

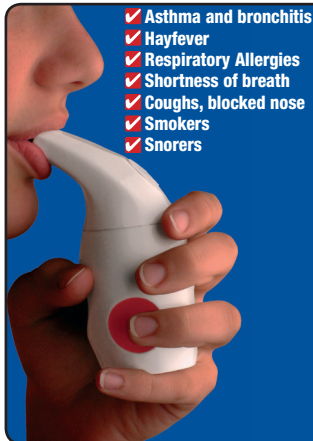
Jumbo playing cards also available. Each card measures 8.5 x 12.3cm



- ✓ Ideal for customers with limited dexterity and arthritis sufferers
- ✓ Allows hands-free card playing for greater comfort and ease
- ✓ Each holder can hold up to 15 standard-sized playing cards
- ✓ Just slide the cards in/out and organise them more easily

CARD7 PLAYING CARD HOLDERS S/2 \$14.90  
CARD9 JUMBO PLAYING CARDS (holder not incl) \$10.90

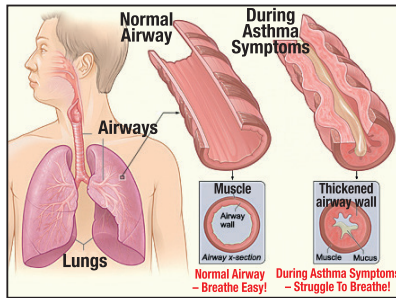




- ✓ Asthma and bronchitis
- ✓ Hayfever
- ✓ Respiratory Allergies
- ✓ Shortness of breath
- ✓ Coughs, blocked nose
- ✓ Smokers
- ✓ Snorers

## BREATHE EASY...NATURALLY

At last, the purported benefits of salt therapy, used for centuries around the world, are available to all! Filled with Miocene Mineral Halite Salt Crystals from the most famous caverns in Europe, this easy to use pipe may help clean the cells of the respiratory system...so you'll feel like you're taking a deep breath of fresh air at the beach. The active substances of the Salt Pipe may assist in cleaning out nasal cavities and calming inflamed lungs and airways. Salt room enthusiasts believe that the salt micro-particles penetrate deep into the lungs unclogging blockages and mucus in the bronchi and bronchioles. So now you may be able to breathe easy with this take anywhere palm sized pipe.



SALT3 Salt Pipe \$59.90

## KEEP YOUR MATTRESS DRY



- ✓ Available in sizes Single, Double & Queen
- ✓ Protects your mattress from accidents
- ✓ Can be easily and quickly replaced unlike a fitted mattress protector

Simply place on top or underneath your sheet for quick and easy waterproof protection. Side flaps tuck under the mattress to keep it in place. Machine washable. Available in 3 sizes! Single Bed - Measures 70 x 88cm, Double Bed - Measures 90 x 130cm & Queen Bed - Measures 100 x 145cm.

BPAD2 Single Waterproof Mattress Protector \$19.90  
BPAD3 Double Waterproof Mattress Protector \$29.90  
BPAD4 Queen Waterproof Mattress Protector \$34.90

## AIR FRYER LINERS

Non Stick - Eco Friendly - Mess Free  
Heat Resistant up to 230°

### SILICONE LINER:

- ✓ Reusable
- ✓ Dishwasher Safe
- ✓ Measures 17.5x5.3cm

### PERFECT FOR

Air Fryers  
Ovens  
Microwaves  
Steamers  
& more!



SLIN2 Silicone Liners S/2 \$14.90  
PLIN2 Paper Liners S/50 REG 16cm \$9.90  
PLIN3 Paper Liners S/50 LGE 20cm \$12.90



### PAPER LINER:

- ✓ Mess Free
- ✓ Easy Clean Up
- ✓ Available in 2 sizes! REG 16cm & LGE 20cm



A sharp edge as easy as 1, 2, 3!

KNIF5 Knife Sharpener \$24.90  
2 or more \$14.90ea

## 3 STAGE KNIFE SHARPENER



## FOLDING LED DESK LAMP

24 LEDs!

3 Brightness Levels



Powered by USB Cable

Featuring 24 bright and energy-efficient LEDs that provide 3 modes of lighting, so you choose just how much light you want. Its adjustable arm allows you to direct the light exactly where you need it. Features a touch pad on/off switch making turning it on and off a breeze. It also folds down flat making it compact and portable. Can be cordless and portable when powered via 4 x AA batteries (not incl). Or can be powered via USB cable (cable only included. See CHAR2 on page 10 if adapter is required). Measures 25cm H x 13cm D x 7.5cm W when open and a compact 5cm H x 13cm D x 7.5cm W when closed.

LAMP5 Folding LED Desk Lamp \$19.90

## EASY REACH BODY BRUSH



This long-handled bath brush moulds to your body's shape for a deep-massaging and invigorating cleanse without making you bend and strain. Extra long bristles gently exfoliate to make your skin feel silky soft. Brushes are soft and gentle on your skin. Perfect for your back, legs, feet and more! Measures approx 60cm.

BRUS2 BODY BRUSH \$16.90

Find us on [www.facebook.com/healthpride](https://www.facebook.com/healthpride)





## SLICE YOUR VEGGIES SAFELY



Simply insert the vegetable between the sturdy stainless steel prongs, grip the ergonomic handle, and slice along the prongs to achieve even pieces. Perfect for slicing onions, tomatoes, potatoes, cucumbers, carrots, and even hard-boiled eggs or blocks of cheese. Also great for fruit! Stainless steel and plastic grip handle with plastic protective cover for prongs. Measures 14cm x 9cm (width of prongs 5.2cm).

**SLIC4 Perfect Slicer \$11.90**

## EASY POUR COLANDER

Simply Clip On & Pour!



Small, compact and easy to use. Simply clip the strainer onto most sized round pots, pans, bowls big or small, and STRAIN! It's that simple. Made from food grade silicone and metal. Measures 24cm W x 12.7cm D x 6.5cm H.

**COLA3 Easy Pour Colander**  
**WAS \$15.90 NOW \$10.90**



## STOP THE CAN CLUTTER

Fit up to 9 cans of your favourite soft drink or beer in each dispenser. As you take one out, the rest of the cans all move down so that the next one is ready to be used. Collapsible for when you are not using it to save space. Made from acrylic. Measures 34cm L x 14cm H x 17cm W. Maximum size can that can fit measures 15cm L x 6.9cm W.

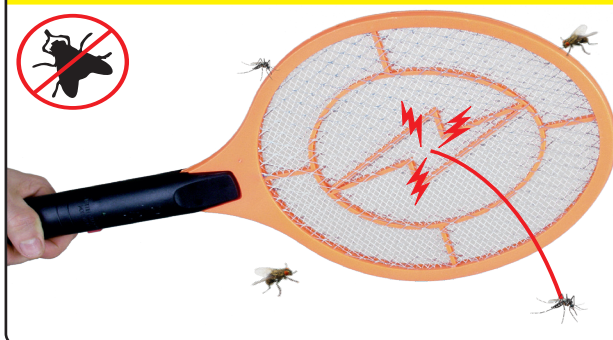
**CAND2 Collapsible Can Dispenser**  
**WAS \$19.90 NOW \$14.90**

## TRACK YOUR PARCEL FROM A TO B

Simply add your email address to the order form on the next page and you will receive up to date Tracking notifications from Australia Post!

- ✓ Know when your parcel is due to arrive
- ✓ Stay up to date with the location of your parcel!
- ✓ Redirections and Authority to Leave available after leaving our warehouse
- ✓ Shop online 24/7 with access to 1000's of items & receive priority processing

## ELECTRONIC BUG BUSTER



Now you can kill mosquitoes, flies, gnats and all flying insects on contact.... instantly. Shaped like a tennis racket, simply swing at those annoying flying insects while holding down the button on the side. Upon contact a small flash and crackling sound will occur meaning no more annoying insects. Environmentally friendly and not harmful to humans or pets. Takes 2 AA batteries (not included).

**BZAP2 Bug Buster \$14.90**

Simply twist to access hard to reach items!



## SPINMASTER



Unlike traditional round lazy susans, our Spin Master fits perfectly in fridges and cupboards, making the most of every inch and eliminating unused "dead space". It spins on its axis giving you complete access to what is at the back in an instant...no more waste! Great for cupboards too. Measures approx 40cm W x 30cm D x 4cm H. Made from durable plastic. Simply wipe clean with a damp cloth.

**SHLF2 Spin Master WAS \$24.90 NOW \$17.40**



from as little as **\$49!**

## Mystery Parcel Clothing Clearance

Discontinued lines have been reduced to clear in these fantastic packages. What we have done is to make up packages of discontinued clothing where you can choose a package with a value of up to \$120 for just \$49 or a package valued up to \$250 for just \$99! This means huge savings to you! This offer is strictly on a first come first served basis as stocks are limited. Be quick and don't miss out!!! Please specify a size between 10-30 when ordering. Due to the heavily discounted value of this package we cannot accept partial returns for refund or exchange.

**0539890 Mystery Parcel (up to \$120) \$49.00**  
**0539990 Mystery Parcel (up to \$250) \$99.00**

**RETURNS POLICY** We are happy to exchange or refund most items. However items **MUST BE UNUSED** and returned to us in their **ORIGINAL CONDITION & PACKAGING**, with proof of purchase and within 90 days (30 days for clothing). Failure to do so can result in your request being denied and the goods returned to you. (Excludes customised products, personal massagers and vibra plus, which can only be returned if found to be faulty.) Return postage is at the expense of the customer unless the item is faulty in which case **please contact us first**.

SIZE CHART	Small		Medium		Large		1X	2X		3X		4X	5X
	8	10	12	14	16	18	20	22	24	26	28	30	32
Bust cm	90	93	97	102	108	113	118	123	128	133	138	144	152
Waist cm	69	71	75	79	84	89	94	99	104	109	114	119	129
Hips cm	95	98	102	107	113	118	123	128	133	138	144	149	157







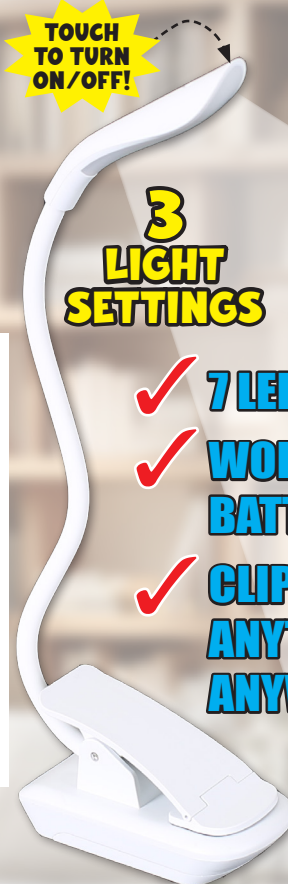
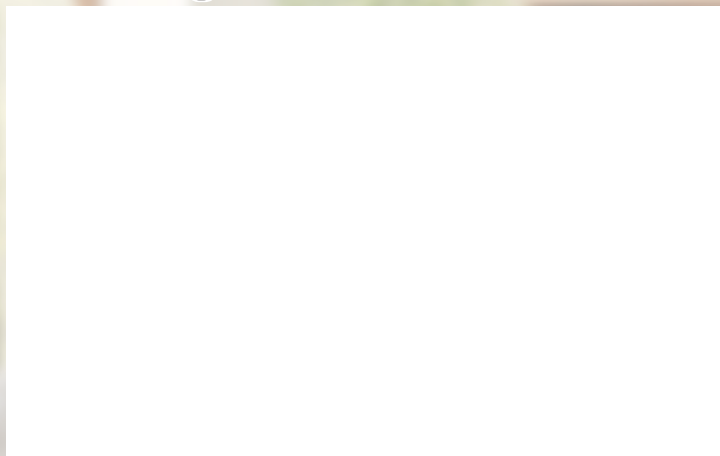
Health  Pride

**FREE GIFT**

with every order over \$60\*

**CLIP ON LED LIGHT**

See Page 1 For More Details



POSTAGE  
PAID  
AUSTRALIA

**3  
LIGHT  
SETTINGS**

- ✓ **7 LED LIGHTS**
- ✓ **WORKS WITH BATTERIES OR USB**
- ✓ **CLIPS TO ALMOST ANYTHING... ANYWHERE**

## PROTECT YOUR FURNITURE



Now Available in  
2 Seater, 3 Seater  
as well as the  
original Recliner!

PERFECT FOR PETS

Protect your furniture in style with our Microfibre Covers. This convenient cover features a handy, adjustable elastic strap to secure it in place plus convenient side pocket for magazines, remote controls and more (pocket on one flap only). Recliner has pockets on both flaps). Quilted design allows you to sit in comfort whilst protecting your furniture from spills and stains. Available in Brown. Microfibre polyester with PP cotton filling. Machine wash delicate. Available in 3 Seater, 2 Seater & Recliner. Recliner measures approx 206cm L x 59cm W. Side flaps; 54.5cm L x 40cm W. 2 Seater measures 112cm W x 186cm H, 3 Seater measures 169cm W x 186cm H; side flaps measure 56cm x 56cm.

COV35	Recliner	\$39.90
COV35T	2 Seater	\$49.90
COV35S	3 Seater Sofa	\$59.90

Original  
Recliner!



## ALL DAY COMFORT

Ultimate S-t-r-e-t-c-h, in a Lightweight Shoe

WHITE/SILVER



Woven elastic moulds  
to the shape of your  
foot providing the  
ultimate in comfort!



MULTI

IN SIZES  
6-11

The lightweight, woven, stretch elastic upper conforms to the shape of your foot to provide you with the most comfortable experience. Perfect for anyone with bunions, corns, wide feet, and other foot ailments that makes finding shoes difficult. Finished off with a cushioned insole and a lightweight flexible outsole you will wonder how you lived without these amazing sandals! Available in White/Silver and Multi in ladies sizes 6-11. **Please specify size and colour on order form.**

SAND9M	Multi Colour Festive Sandals	\$39.90
SAND9W	White/Silver Festive Sandals	\$39.90