



# Health Pride

— EST. 1993 —

Scan here to see our full range of products online!



## PICK YOUR FREE GIFT!

**YOURS FREE WITH EVERY ORDER OVER \$60\* (NOT INCL PEH)**

Simply number your preference from 1 to 3, and we will send one to you with your order\*

**JUST HEAD TO PAGE 39 TO NUMBER YOUR SELECTION!**



**GENUINE LEATHER HANDBAG**



**FORECAST WEATHER STATION**



**MAGNIFIER NECKLACE**

\*If your 1st preference isn't available we will send your 2nd or 3rd preference

**15% OFF**

**LONG SLEEVE PRINT NIGHTGOWNS**

Long sleeve comfortable nightshirt with round neckline and whimsical print. Comfortable cotton knit is perfect for long nights. Machine wash. Approx lengths S-5X; 109-114cm (43"-45"). Available in White Puppy, Blue Moon and Lilac Flowers in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

9628302 White Puppy	<del>\$44.90</del>	\$38.10
9628303 Blue Moon	<del>\$44.90</del>	\$38.10
9628304 Lilac Flowers	<del>\$44.90</del>	\$38.10

**Up to Size 5X**



White Puppy 02

Lilac Flowers 04

Blue Moon 03

**SOFT AS SILK, LIGHT AS A FEATHER, WARM AS FLEECE**



**KEEPS COLDNESS OUT**

**KEEPS WARMTH IN**

**WHITE**

**STRETCHABLE**

**Thermal Skin features include:**

- ✓ Fit & feel like a second skin
- ✓ Breathable fabric regulates temperature
- ✓ Incredible stretch, always regains shape
- ✓ Keeps cold air out, warmth in
- ✓ Aids aching muscles & joints
- ✓ Absorbs perspiration
- ✓ Elastic cuffs prevent rolling
- ✓ Fully washable

**PLEASE INDICATE SIZE ON ORDER FORM**

THRM4	WHITE THERMAL SKIN TOP	\$24.90
THRM5	BLACK THERMAL SKIN TOP	\$24.90
LEGS2	WHITE THERMAL SKIN LEGGINGS	\$24.90
LEGS3	BLACK THERMAL SKIN LEGGINGS	\$24.90

**HP155**

**ORDER TODAY!**

**02 9997 5400**



**www.healthpride.com.au**

## ASSORTED COTTON LOUNGERS

Breezy cotton dresses with pleating, short sleeves and side seam pockets. Woven cotton. Machine wash & dry. Approx lengths: S - L; 108cm (42.5"), 1X - 5X; 113cm (44.5"). Available in Assorted Prints (prints may vary to those shown here) in sizes M, L, 1X, 2X, 3X, 4X & 5X only (sorry no size S is available). **We will pick one for you as there is limited stock available in any one print.**

9074801 Assorted Cotton Lounger \$44.90

Up to  
Size  
5X



Effortlessly tackle gardening tasks with our powerful 6" Mini Chainsaw! Lightweight and compact, it's perfect for trimming branches (up to 10cm dia) with ease, especially for those who struggle with larger tools. With a robust 2000mAh 21V motor and up to 25-30 minute battery life off a single charge, this powerful tool makes yard work quick, simple, and stress free. See at a glance how much battery is left with light up indicator on the chainsaw and the battery. Comes in its own convenient protective carry case with an adapter and a battery pack. Chainsaw measures approx 40cm H incl battery pack. Now available, our extendable extension pole to give you that extra reach so you can trim those branches you can't reach! Extends from 97cm to 180cm. (Extension pole sold separately to chainsaw - not compatible with previous chainsaw version sold: CHNS2). SAVE \$20 when you buy the Chainsaw and the Extension Pole together!



## 6" MINI CHAINSAW

EXTENSION POLE NOW AVAILABLE



Extend your reach up to 180cm!  
Head tilts 180° to give you better reach  
Reach high branches with ease with our new extension pole

CHNS3 6" Mini Chainsaw	\$119.90
EXTP2 Extension Pole	\$89.90
CHNS4 Chainsaw + Ext Pole	\$189.80

Also comes with a protective blade cover  
NEW & IMPROVED  
Convenient one handed operation

## CREATE EXTRA SPACE INSTANTLY



SALE

Perfect for fruit, cheese, cold cuts and much more!



Adjusts to fit most shelf sizes

Large capacity drawer  
Create instant extra storage in your fridge with our Hanging Storage Drawer. The adjustable bracket fits most shelf sizes, and the drawer slides easily into place. Stoppers prevent the drawer from falling out during use. Great for storing almost anything you can think of; Fruit, vegetables, eggs, cheese, cold cuts and more. Measures approx 30.5cm L x 19cm W x 8cm H.

**DRAW3 Hanging Storage Drawer**  
~~\$21.90~~ NOW \$17.90

## THE MIRACLE BETWEEN THE KNEE PILLOW

- ✓ Helps your alignment and sleeping posture
- ✓ Perfectly conforms to the shape of your legs
- ✓ Cooling built-in air holes helps you to stay cool and ventilated
- ✓ Provides space between legs and knees for a comfortable sleep
- ✓ Provides support to aid hip, back and knee pain while sleeping
- ✓ Made from memory foam and comes with a removable & washable cover



**KNEEP2 BETWEEN THE KNEE PILLOW \$24.90** Great for all sleeping positions

## The Health Pride PRICE GUARANTEE

If you find an exact item advertised locally at a cheaper price, we will match it.\*

\*(Customer service operator will need to sight a copy of the ad to verify. Item must be exactly the same, full price and in stock)

## NO CHEQUE? NO WORRIES!\*

We understand change can be daunting, but worry not! As some of our valued customers may have heard, cheques are gradually becoming a thing of the past in the banking world. While this transition may seem challenging, we're here to make it seamless for you.

## INTRODUCING A SMOOTH TRANSITION...

Did you know that even without a VISA or MASTERCARD credit or debit card, you can still complete your purchases hassle-free? That's right! Simply opt for direct deposit. Placing your order is as easy as ever, and we'll take care of the rest. Once your order is confirmed, we'll reach out with our banking details along with your unique order number.

## A FEW SIMPLE STEPS...

To streamline the process, please remember to include your phone number on your order form and when making the direct deposit, remember to use your order number as the reference. If you prefer to order over the phone, just let us know you'll be paying via direct deposit before we begin. With this straightforward alternative, you can continue to enjoy our products without missing a beat. We're here to help every step of the way, ensuring your shopping experience remains as smooth as possible.

\*Please note that we still accept cheques and money orders and will continue to do so until they are discontinued

# NO MORE HARSH CHEMICALS



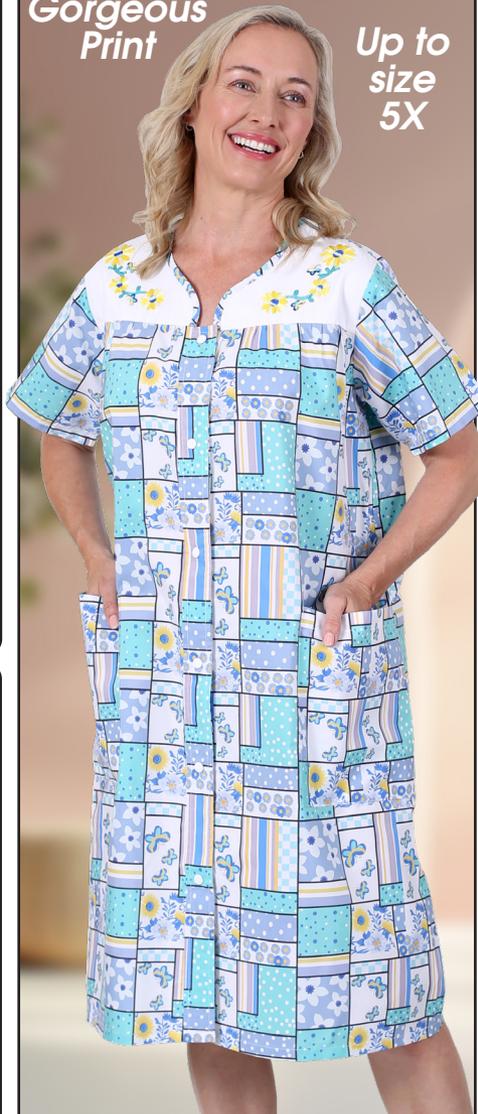
Magnetic field prevents the formation of substances like Rust, Lime scale & Minerals

Long lasting and chemical free. Simply place one of these magnetic toilet cleaners into your toilets water tank and the magnetic field will help prevent the formation of crystalline substances from lime particles like Rust, Limescale & Minerals. Each magnet can last up to 5 years. Can be wiped clean and placed back in. Set of 2. Perfect for hard water areas.

**MAGN4 Magnetic Toilet Cleaner Set of 2 \$8.90**

# Gorgeous Print

Up to size 5X



## BUTTERFLY EMBROIDERED DUSTER

Easy to wear, full button front duster. Beautifully printed and embroidered with patch pockets and short sleeves. Printed woven polyester/cotton. Machine wash. Approx length 110cm (43"). Available in Butterfly Patch in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

**5660602 Butterfly Patch Embroidered Duster \$49.90**

# TRADITIONAL ICE BAG



**Great for:**  Arthritis Pain  Migraines  
 Sprains  Joint Pain  And more!  
 Durable design offers soothing hot or cold relief without medicine or fuss. Available in 2 colours; Pink Dot & Black Dot. If your original choice is not available we will substitute with the other colour.  
**ICEB4/PNK Traditional Ice Bag Pink \$9.90**  
**ICEB4/BLK Traditional Ice Bag Black \$9.90**

# CUT EVEN THE TOUGHEST NAILS

Stay-sharp, professional-quality stainless steel blades

Easily trim thick, tough nails!



Safely clip ingrown nails

Tough or ingrown nails are no match for these tough nail clippers. The larger size ergonomic handles and professional stainless steel blades give you complete control.

**NAIL7 Tough Nail Clippers \$14.90**

# EASILY CLEAN DIRTY DRAINS



EXTRA LONG DESIGN

Cleaning your drains is tricky when you cannot reach or see. These extra long Drain Brushes solve that problem. They can be bent to shape and can get where you can't easily. Measures 50cm L. Sold as a set of 2.

**DRAIN3 Drain Cleaner Brush Set of 2 \$10.90**

# HOLOGRAPHIC MAGNETIC BIRD BARRIER



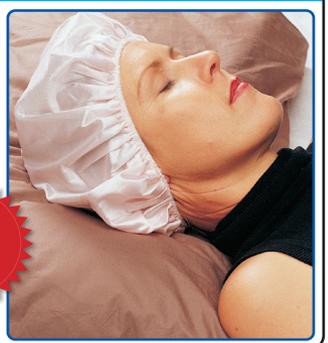
Harmless to people & pets but disturbing to birds. It has a highly reflective, holographic vinyl surface, holographic streamers that flap in the slightest breeze, a concealed magnet which can disrupt the magnetic field & redirect birds' navigation. Works within a 6m radius keeping birds from your fruit trees, vegetable patch, outdoor furniture, cars & more!

**BIRD6 Bird Barrier \$10.90**

# SATIN SLEEP CAPS KEEP YOUR HAIR STYLE FRESH FOR DAYS

Keep your hair looking fresh and neat even after a full night's sleep. These oversized satin sleep caps fit over the fullest hairstyles and keep your hair from matting, knotting and flattening. The non-binding elastic trim keeps them in place all night long. Set of two includes 1 white and 1 pink.

**SCAP3 Satin Sleep Caps S/2 \$13.90**



SET OF 2

## THE PERFECT 2-IN-1 SPICE JAR



Integrated, airtight lid protects from external elements

Simply slide the spoon for easy access whenever you need

Great for:

- ✓ Spices
- ✓ Coffee
- ✓ Sugar
- ✓ Salt
- ✓ Loose Leaf Tea
- ... and more!



Perfect for quickly adding spices when cooking, or for making your morning coffee! The built-in spoon easily slides up and down so you can easily reach the contents inside whilst the thick glass and airtight seal keeps everything fresh. Measures 8cm dia x 13cm H. Spoon is 1tsp size and holds 2g. Sold as a single jar.

**SJAR2 Spice Jar \$14.90**

## HANG & DRY YOUR SWEATERS IN HALF THE TIME



Promotes Air Circulation For Quick Drying

Dry your jumpers, sweaters & cardigans totally carefree, in half the time than drying them flat or on the line! This wide vented sweater hanger expands to approx 11 cm, they won't stretch, snag, pull or leave peg marks. Air flows freely through your jumpers drying them quicker. This handy sweater drying hanger really will make a difference to your winter woolies!

**SDRY2 SWEATER DRYING HANGER \$10.90ea**

## THICK & THIN Cheese Slicer



Perfect Slices Every Time



With separate cutting wires for thick and thin slices, this 2-in-1 slicer cuts clean, even slices of cheese for appetisers, sandwiches, recipes or snacks. Features stainless steel cutting wires and plastic handle. Hand wash; measures 22.5cm L x 2.5cm W.

**SLIC2 THICK & THIN CHEESE SLICER \$9.90**

## COMFORT TOE WRAPS

Our Toe Digit Wraps ease pain by straightening and separating crooked, overlapping or hammer toes. These soft, cotton-covered splints cushion and protect toes from rubbing. Also great for broken or stubbed toes. Velcro-like fasteners adjust for a comfortable fit. Require minimal space in shoes. Sold as a Set of 2.

**DIGT2 Comfort Toe Wraps S/2 \$14.90**

Wrap-Around Cushioning Relieves Rubbing & Irritation



Durable & Soft Foam Lined Fabric



Universal for Left or Right Foot

## HENLEY NIGHTSHIRT 2 PIECE SET

Perfectly comfortable, our knit Henley Nightshirts are a must have this summer. Featuring partial button front, short sleeves and shirrtail hem. Set of 2. One features a playful paisley print on white background and the other is a solid colour with no print. 100% Cotton. Machine wash. Approx lengths; S-1X 107cm (42"), 2X-5X 118cm (44"). Available in Blue/Paisley and Pink/Paisley in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

**5982002 Blue/Paisley Set of 2 \$69.90**  
**5982003 Pink/Paisley Set of 2 \$69.90**



Pink/Paisley 03

Blue/Paisley 02

## EASY WEAR SLIPPERS

Perfect for Everyday

In ladies sizes 6-12



GREY

PINK

Step into comfort with our cozy slip-on slipper shoes! Featuring a non-slip sole for secure footing and a lightweight design for easy wear, they're perfect for relaxing around the home. Available in Grey and Pink in sizes SML (5-6), MED (7-8), LGE (9-10) & XL (11-12). **Don't forget to include your size and colour and on the order form.**

**SLIP17G Grey Slipper Shoe \$29.90 SLIP17P Pink Slipper Shoe \$29.90**

## Absorbs Smells & Keeps Food Fresher For Longer



**SET OF 2**

Harnessing the power of activated carbon, these fridge deodorisers neutralise unwanted odours and absorb bacteria and moisture to maintain a clean, fresh environment for your food. Completely safe and natural, it helps keep food fresher for longer. To reactivate, simply shake once a month. Each pack lasts up to 3 months. Available as set of 2. Each measures 25cm x 14.5cm x 2cm.

**DEOD2 Fridge Deodoriser Set of 2 \$8.90**

## STOP ELECTRONIC PICK-POCKETING

**SET OF 4**



**YOU'RE PROTECTED!**

For a thief to steal your identity or card numbers they only need a RFID chip scanner, readily available on the internet. The thief stands near you and the scanner reads the chips in the cards from inside your bag. Protect your credit card no's, expiry dates, birthdates, names, addresses, photos & more by slipping each card into these RFID SafeT sleeves.

**CARD8 SafeT Sleeves S/4 \$9.90**

## DUMMY SECURITY CAM



**RED LED LIGHT FLASHES EVERY 2 SECONDS!**

**KEEP INTRUDERS, THIEVES AND BURGLARS AWAY WITH THIS GENUINE LOOKING SECURITY CAMERA.**

The LED red light flashes just like the real ones so it's only you that knows its a fake! No wires required, measures 12 x 8cm. Includes 2 sets of screws, 1 cardboard drill template, 1 yellow CCTV sticker. Requires 3 x AA batteries (not incl).

**CAMS2 DUMMY SECURITY CAMERA \$15.90**  
2 or more **\$12.90ea**

## TURN THE "KEY" TO GET EVERY LAST DROP

Put the squeeze on toothpaste waste. Ends the frustration of squeezing and twisting by hand. Use it for hair creams, hair lotions, medications and other tube packaged products too. Each turn of the "key" releases a steady flow of paste. The kind of product that could save a lot of money. Comes in a set of 2.



**SET OF 2**

**TUBE2 Tube Winder Set of 2 \$9.90**

## GEORGETTE JACKET

Flowing open front jacket is a beautiful georgette fabric and has 3/4 length sleeves and a curved angled hem. A stunning jacket, guaranteed to wow. Polyester Georgette. Machine wash and dry. Approx length (shortest point) – 89cm (35"). Available in Midnight Floral in sizes 10-18 & 22-28 only (sorry no other sizes are available. Jacket only; pants, camisole & necklace not incl).



**9009406 Midnight Navy Floral Georgette Jacket \$44.90**

## CLEAN EASILY & EFFORTLESSLY



- Great for windows and doors
- Comfortable grip handle
- Perfect for other jobs around the home

Effortlessly clean your window and door tracks with our Window Track Cleaning Pad. The ergonomic grip handle makes holding it a breeze, the scourer pads make quick work of dirt and grime and the built-in scraper is perfect for hard to remove debris. Also great for the kitchen, bathroom and more! Pads can be removed and cleaned.

**WPAD2 Window Track Cleaning Pad \$8.90**

**Strong scouring pad material**

## MAGNIFYING SUCTION MIRROR



Attach this mirror to your vanity or bathroom mirror, tile wall or wherever you need it for a powerful 10x magnifying view. It makes every tiny hair highly visible to the naked eye while offering a crisp, distortion-free image. You'll pluck hairs faster than ever and apply make-up flawlessly. Attaches with 3 suction cups. Measures 15cm diameter.

**MIRR2 MAGNIFYING SUCTION MIRROR \$14.90**

## SPLIT NECK STRIPE TEE

Features elbow-length sleeves finished with contrast cuff bands and a split notch neckline for a relaxed, flattering touch. The soft cotton-poly knit fabric has a printed stripe design and side hem splits for ease of movement. Perfect for effortless, all-day wear. Machine wash. Approx lengths S – 5X 71cm – 76cm (28" – 30"). Available in Amaranth Red/White, Navy/White and Purple/White in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

5874504 Amaranth Red/White \$34.90  
 5874542 Navy/White \$34.90  
 5874558 Purple/White \$34.90

Up to  
size 5X

Classic  
Stripes



Amaranth Red/White 04

Purple/White 58

Navy/White 42

## PUT ON YOUR JEWELLERY WITH EASE

Simply clasp your jewellery with the holder...

...so you can attach the 2 ends



Tired of struggling with bracelet clasps? The Bracelet Buddy makes it easy! Its clever clip holds one end steady so you can fasten any bracelet in seconds...with just one hand. It's like having an extra helper! Perfect for anyone who loves jewelry. Great for those with arthritis.

W1431 Bracelet Buddy \$8.90



## NECKLACE EXTENDERS



Have a necklace that is just the wrong length? Adjust it easily with our necklace extenders. Available as a set of 3 with 1 gold tone, 1 silver tone and 1 faux pearl. The gold and silver tone extenders are adjustable from 9cm to 15.5cm; allowing you to get the perfect fit. Whilst the faux pearl measures 9.5cm and is not adjustable. (Copper and glass pearl).

Set of 3



NEXT2 Necklace Extenders Set of 3 \$14.90



## SLICE YOUR VEGGIES SAFELY

Simply insert the vegetable between the sturdy stainless steel prongs, grip the ergonomic handle, and slice along the prongs to achieve even pieces. Perfect for slicing onions, tomatoes, potatoes, cucumbers, carrots, and even hard-boiled eggs or blocks of cheese. Also great for fruit! Stainless steel and plastic grip handle with plastic protective cover for prongs. Measures 14cm x 9cm (width of prongs 5.2cm).

SLIC4 Perfect Slicer \$11.90

## ALL DAY PROTECTION

High quality Securi Briefs feel like ordinary briefs, providing you with extra confidence!

DO YOU SUFFER FROM A

FROM \$44.90 Pack Of 2

## WEAK BLADDER?

In Regular & Super Absorbent

(Regular Absorbs 120ml to 150ml & Super Absorbs 150ml to 180ml)

- ✓ Super discreet
- ✓ No bulky briefs or disposable pads
- ✓ Super absorbent microweave
- ✓ Maximum moisture retention
- ✓ Super comfortable & soft
- ✓ Washable up to 200 times
- ✓ Perfect for anyone suffering minor to moderate incontinence

In Reg & Super in Both Men's & Ladies



All Sizes Available In Colours Black Or White

	SM	M	L	XL	XXL	XXXL
Ladies Clothes Size	8-10	12-14	16-18	20-22	24-26	28-30
Men's	SM	M	L	XL	XXL	XXXL
Waist Inches	30-32	33-35	36-38	39-41	42-44	46-48

✓ Securi Briefs = FREEDOM

\*(Please ensure you try on over your underwear for hygiene reasons. No used underwear will be accepted for a refund/exchange unless deemed to be faulty)

INDICATE SIZE & COLOUR ON ORDER

E231L	LADIES SECURI BRIEFS REG	\$44.90
E231M	MEN'S SECURI BRIEFS REG	\$44.90
E232L	LADIES SECURI BRIEFS SUPER	\$49.90
E232M	MEN'S SECURI BRIEFS SUPER	\$49.90

FIT & FEEL LIKE ORDINARY BRIEFS



POUR



1

SNAP ON

## TURN CANS INTO BOTTLES

Keep the fizz in and the insects out. Just snap Can Converter onto almost any can and enjoy spill-proof sipping. Perfect for travel, picnics and home, store half finished cans in fridge or cooler. Set of 6, assorted colours in 2 sizes that fit most cans, re-usable and top-rack dishwasher safe.

CANC2 Can Converter S/6 \$10.90



2

3 DRINK LIKE A BOTTLE

SHOP ONLINE ANYTIME - www.healthpride.com.au

## Stop Ear Pain & Sliding Glasses!

Helps reduce pressure and discomfort...

...and sliding frames

SET OF 4 PAIRS!

Stretchable and soft silicone

Fits most frames

Keep your glasses securely in place with our soft silicone grips. Designed to slide onto the ends of your frames, they provide non-slip resistance to prevent slipping and shifting throughout the day. They also help reduce pressure and discomfort behind the ears for improved all-day comfort. Available as a set of 4 pairs in skin safe silicone. Fits most eye glass frames.  
**EYEG3 Silicone Ear Grips Set of 4 \$10.90**

Simply crank the handle and watch while it does the hard work for you!

## EASY CRANK JUICER

Quick, Easy & Pain Free



Simply hold your citrus in place and turn the easy-grip crank handle to extract every drop. Perfect for people with arthritic hands or limited strength, it's a simple, mess-free way to enjoy fresh juice any time. No electricity, no strain; just fresh, natural juice made easy.

Perfect for anyone who suffers from hand pain or dexterity issues

**JUIC3 Crank Hand Juicer \$19.90**

## COMPACT & PORTABLE

The Perfect Tray Table



Great for around the home

- ✓ Sturdy and durable construction
- ✓ Space-saving foldable design
- ✓ Easy to clean surface
- ✓ Sleek and timeless design to complement any décor



Available in 4 Assorted Colours

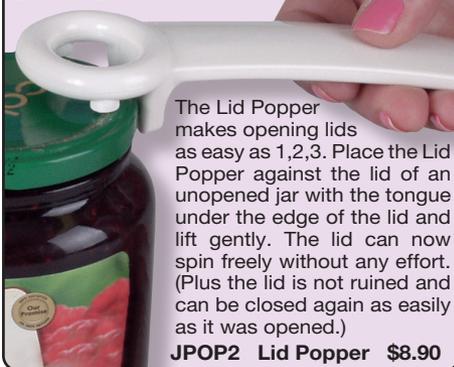
Folds flat for easy storage



Versatile, practical, and stylish – the Folding Tray Table is your all-in-one solution for countless everyday activities. From holding your snacks in the living room, to giving you that extra work space you needed for your craft/sewing activities, to doubling as a potting bench in the garden, to a side table in your bedroom to keep your essentials within reach. Metal frame with mdf coated table top. Measures 48cm L x 38cm W x 65cm H. Available in assorted table top colours; White, Faux Timber, Black & Light Oak. We will pick one for you as stock is limited in any one colour.

**TABLE8 Folding Tray Table \$49.90**

## THE WORLD'S EASIEST JAR OPENER



The Lid Popper makes opening lids as easy as 1,2,3. Place the Lid Popper against the lid of an unopened jar with the tongue under the edge of the lid and lift gently. The lid can now spin freely without any effort. (Plus the lid is not ruined and can be closed again as easily as it was opened.)

**JPOP2 Lid Popper \$8.90**



Front Hook Closure

## The Most Comfortable Bra You'll Ever Wear!



- ✓ Soft & Silky Smooth
- ✓ Maximum Breast Support
- ✓ Comfortable Wide Shoulder Straps
- ✓ Easy-To-Use Front-Hook Fasteners
- ✓ Expandable Spandex & Nylon
- ✓ So Comfy You'll Sleep In It

✓ **Stretch Fabric to fit cup sizes A-DD**  
It's so soft you'll soon forget you are wearing it. In elegant white or black lace, is 100% machine washable. Available in White in sizes 12-26 & Beige in sizes 12-28.

INDICATE SIZE ON ORDER

**CBRA19W White Lace Comfort Bra \$29.90**  
**CBRA19B Beige Lace Comfort Bra \$29.90**

## STOP DIGGING BRA STRAPS

Set of 3



Relieves pressure on shoulders and keeps straps in place

Relieve shoulder pain and discomfort from bra straps with our Bra Strap Pads. Made from soft silicone, they don't slip and hold your strap in place. Sold as a set of 3 pairs; one clear/white, one beige and one black. Measures approx 9.5cm x 5cm.  
**BRAS3 Bra strap shoulder pads set of 3 \$11.90**

## SUPER GRIP SOCKS



Non Slip On Top



Super Grip Non Slip

- ✓ Minimal elastic top to promote healthy circulation
- ✓ The super grip bottom allows for increased mobility
- ✓ Super comfort allows for all day, all night wear
- ✓ Soft cushioned sole for superior comfort
- ✓ Smooth and comfortable flat toe seam
- ✓ Available in Black or Grey

PLEASE INDICATE COLOUR ON ORDER.

**SOCK14 Ladies \$16.90**  
**SOCK15 Mens \$16.90**

## Handy, All Purpose Walker Bag



Large Zippered Main Pocket

4 External Pockets

PERFECT FOR WHEELCHAIRS TOO!

This versatile unisex bag fits a walker or wheelchair to keep you organised on the go. Four outside pockets offer easy access to the essentials. Zippered main compartment features an interior zip pocket for smaller items. Two touch close straps provide a secure and adjustable fit. Walker bag is made from wipe-clean, satin-feel polyester. Measures approx 32cm x 32cm x 7cm.

**WBAG2 Walker/Wheelchair Bag \$19.90**

## PRINTED FLEECE SWEATSHIRTS

Fleece sweatshirt with colourful floral screenprint design. Slipover styling and contrast notch neck collar. Polyester/Cotton knit. Machine wash. Approximate length 74cm (29"). Available in Burgundy Floral, Royal Flowers, Rose Wildflowers and Blue Butterfly in sizes S, M, L, 1X, 2X, 3X, 4X & 5X (sorry no size S or 4X is available in Blue Butterfly).

Up to  
Size  
5X

Rose Wildflowers 04

Burgundy Floral 02

Royal Flowers 03

Blue Butterfly 05

5660702 Burgundy Floral \$44.90  
5660703 Royal Flowers \$44.90

5660704 Rose Wildflowers \$44.90  
5660705 Blue Butterfly \$44.90



- ✔ Won't lose its shape over time
  - ✔ Removable and washable cover
  - ✔ Measures 65cm x 45cm approx
- All night comfort & support**

- ✔ Provides head & neck support averting strain & pressure!
- ✔ Natural antibacterial bamboo fibres that are softer than cotton
- ✔ Shredded memory foam filling
- ✔ Special temperature regulating properties provide cool comfort

Due to health regulations we cannot refund or exchange these items for change of mind unless the item is proven to be faulty. Pillows come vacuum packed. Please allow to air out for a few hours to decompress.

**BAMB4 Bamboo Pillow \$39.90**

## THE PERFECT PILLOWS FOR ANY SLEEPER

**Curved design is perfect for side sleepers**

- ✔ U shaped curved design will gently cradle your neck and head
- ✔ Eliminates painful pressure points in your neck, shoulders and back!
- ✔ Fully adjustable thickness with removable shredded memory foam
- ✔ Measures cm x cm

- ✔ Unique design can also be hugged whilst supporting both your head and arms
- ✔ Removable, washable cover

**PILW4 Curved Pillow \$49.90**

**Set of 2**

**2 Handy Suction Pads**

## KEEP YOUR SPONGE CLEAN & IN REACH!

Hygienic sponge holder keeps your sponge within reach, and also clean! Allows it to air dry which reduces bacteria, and prolongs the life of the sponge. Simply sticks to your sink with the 2 suction pads. Available as a set of 2. Sturdy plastic. Measures approx 11cm W x 6.5cm H x 3cm D.

**SPNG2 Sponge Holder Set of 2 \$14.90**

## ROCKING Garlic Press

Have crushed garlic in an instant with the rocking garlic press. Simply peel your garlic, pop it under the press (whole or cut up) and rock it back and forth. You will have minced garlic in no time! No more struggling to squeeze a traditional mincer or fiddly knives. Made from stainless steel and plastic. Measures 11cm Lmx 5cm W x 7cm H. **GARL2 Rocking Garlic Press \$10.90**

## EVERYTHING YOU WANT IN A SHOE

- ✔ Lightweight, cushioned, breathable & comfortable
- ✔ Stretch jersey upper with the silver sparkle
- ✔ In black/silver & grey/silver
- ✔ In sizes 6 - 11

**Black/Silver**

**Grey/Silver**

One touch closure for easy closing

A 2.5cm heel with a flexible outsole

**PLEASE INDICATE SIZE ON ORDER FORM**

**SHOE29B One Touch Close Sneaker Black/Silver \$39.90**  
**SHOE29G One Touch Close Sneaker Grey/Silver \$39.90**

### STRIPE SHIRT

Elevate your daily style with our Stripe Shirt. With shirt collar, hidden button front placket for a clean look, button front cuffs and a-line split hem for an elegant finish. 100% Cotton. Machine wash. Approx lengths S-5X; 79cm – 82cm (31-32.5"). Available in Blue/White and Beige/White in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

5987002 Blue/White Stripe Shirt \$44.90  
5987003 Beige/White Stripe Shirt \$44.90

Up to  
Size  
5X

100%  
Cotton



Beige/White 03

Blue/White 02

### TARGETED RELIEF FOR JOINT PAIN

**Can be used Hot or Cold**

- ✓ Heat relief exactly where you need
- ✓ Hands free design
- ✓ Versatile; can be applied to leg, arm, shoulder etc

**50% OFF**

Help relax stiffness, relieve pain and improve flexibility with the Hot & Cold Knee Wrap. Heat in the microwave for soothing warmth or place in the freezer. Helps decrease swelling, inflammation and pain. The touch close elastic tabs hold the wrap in place exactly where you need it. One size fits most. Measures approx 49cm L (incl straps) x 19cm H. Polyester outer, buckwheat inner. Sold as a single wrap.

**Adjustable touch close straps keep it exactly where you need it**

**KNEE8 Hot/Cold Knee Wrap WAS \$19.90 NOW \$9.90**

### ULTIMATE GROUT BRUSH

- ✓ Clean grout easily
- ✓ Ergonomic Handle
- ✓ Added bonus brush for hard to reach areas

**Bonus! Built-in Crevice Tool**

Great for other areas too such as door tracks, window sills and more! Also comes with a bonus brush for hard to reach areas that tucks away neatly into the handle! Grout brush measures 13cm x 9cm. Bonus brush measures 12.5cm x 5.5cm.

**BRUS4 Ultimate Grout Brush \$10.90**

Perfect for at Home or at the Office



### NO MORE BACK PAIN!



Better posture and cooler comfort can put the pleasure back into driving and sitting again. Nylon mesh lumbar back support cushions lower lumbar areas with spring-action and cooling ventilated support. Added massage nodules provide extra comfort and relief. Elastic strap stretches to fit over car seat or any seat in the home or office.

**BACK9 Mesh Back Support \$14.90**

### COLLAPSIBLE PORTABLE URINAL

Never be caught out again with the Collapsible Portable Urinal. It extends from 15-31cm with a secure fitting lid. Great for emergencies in the car, immobile people, camping and more. Discreet and compact. Suitable for both men and women. Measures 7cm dia.

**Space Saving & Easy to Store!**

**SALE**

15cm/5.90inch  
31cm/12.20inch

**PORT3 Collapsible Portable Urinal WAS \$16.90 NOW \$9.90**

### EARRING BACKINGS

**SET OF 20**

Replace your missing earring backs. The plastic disks with gold tone posts hold your earrings secure without drooping making them comfortable to wear, in a pack of 20. Suitable for pierced ears only.

**EARR3 EARRING BACKINGS S/20 \$10.90**

**from as little as \$49!**

### Mystery Parcel Clothing Clearance

Discontinued lines have been reduced to clear in these fantastic packages. What we have done is to make up packages of discontinued clothing where you can choose a package with a value of up to \$120 for just \$49 or a package valued up to \$250 for just \$99! This means huge savings to you! This offer is strictly on a first come first served basis as stocks are limited. Be quick and don't miss out!!! Please specify a size when ordering; available in sizes S, M, L, 1X, 2X, 3X, 4X & 5X. Due to the heavily discounted value of this package we cannot accept partial returns for refund or exchange.

**0539891 Mystery Parcel (up to \$120) \$49.00**  
**0539991 Mystery Parcel (up to \$250) \$99.00**

# DUAL USB CHARGER

**2x USB TYPE-A**

**SURGE PROTECTION BUILT-IN**

A great adapter with dual USB ports included. Perfect for any item that is USB rechargeable. Also features built-in surge protection. A great addition to every home.

**CHAR2 Dual USB Adapter \$29.90**

# TOUCH N GO ELECTRIC CAN OPENER

It's as easy as 1, 2, 3!

- 1
- 2
- 3

**TRAVELS AROUND THE CAN HANDS FREE**

**BLADE CUTS BENEATH THE LID SO THERE ARE NO SHARP EDGES!**

Open most size and shape cans quickly and easily with the revolutionary, battery operated Touch n Go can opener. Place it on the can, push the button and the can will open in seconds! Press button again to stop once its opened. Touch n Go cuts beneath the lid, not through the top, so the sides of the lid are easy to handle. Also features a built-in magnet on the underside of the opener. Measures 16cm L. Requires 2 x AA batteries (not included).

- ✓ Easily fits in drawer for storage
- ✓ Comes with a handy built in magnet

**OPEN TOUCH N GO \$24.90**

# THE END OF DULL ELECTRICAL RAZORS

The scientific design of this advanced Shaver Sharpener means you no longer have to throw away your rotary shaver or purchase new heads when blades get dull. Used once a month the Shaver Sharpener will keep your existing rotary shaver blades super sharp and ready for action. Now worn heads can provide clean, comfortable shaves again, and a sharper shave means less rashes. Fast, safe and works on most rotary shavers.

**E1161 Rotary Shaver Sharpener \$14.90**

# PORTABLE AM/FM POCKET RADIO

**Telescopic Antenna**

**Built-In Speaker**

**3.5mm Audio Jack**

**FM/AM 2 BAND POCKET RADIO**

FM 88 · 94 · 100 · 104 · 108 MHz  
AM 53 · 80 · 106 · 130 · 160 KHz

TUNE R-398

- ✓ Take it with you wherever you go
- ✓ Lightweight & Portable
- ✓ FM: 87.5-108MHZ AM: 522-1620KHZ
- ✓ Volume Control
- ✓ Speaker
- ✓ Frequency Display
- ✓ Requires 2 x AA batteries (not incl)
- ✓ Measures 11.5cm x 6.8cm

**RADIO4 FM/AM Portable Radio \$24.90**

# CORDLESS SAFETY TRIMMER

**NOW RECHARGEABLE**

- ✓ Remove unsightly hair easily
- ✓ Now Rechargeable
- ✓ Comes apart for easy cleaning

Black trimmer used for demonstration only

This safe, effective nose hair trimmer removes unsightly hair from your nose, ears & eyebrows quickly, safely and easily. The stainless steel blades spin while snipping painlessly unwanted hair as the safety cover shields the blades from your skin. USB rechargeable. Comes with USB cable only (USB adapter not included, see CHAR2 on this page if required), on/off switch, protective cap and black in colour. Unit without cap measures 12cm L.

**AEST2 USB Rechargeable Safety Trimmer \$17.90**

# MAKE CLEANING A BREEZE!

Simply turn on the Spin Cleaning Brush, and the spinning action of the brush quickly and easily removes dirt, grime, and stains, leaving your surfaces looking like new; no more manual scrubbing. Folds down to save space in your cupboard. Measures 21 x 7 x 12 cm. Made from high quality plastic and nylon. Comes with 1 x Cleaning Brush, 1 x USB cable, 3 x Brush Heads. Features 25W of power. Replacement Heads are now available. (Charging adapter not included. Please see CHAR2 on this page if required).

**SPIN4 Spin Cleaning Brush WAS \$29.90 NOW \$19.90**  
**SPIN4R Replacement Heads WAS \$14.95 NOW \$9.90**

**Set of 3 Replacement Heads Now Available**

**Power Scrubbing**

- ✓ Quickly and effortlessly remove dirt & grime
- ✓ 3 Interchangeable heads for different jobs
- ✓ Perfect for washing dishes, cleaning bathrooms, and more!

**SALE**

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# PORTABLE AM/FM POCKET RADIO

**Telescopic Antenna**

**Built-In Speaker**

**3.5mm Audio Jack**

**FM/AM 2 BAND POCKET RADIO**

FM 88 · 94 · 100 · 104 · 108 MHz  
AM 53 · 80 · 106 · 130 · 160 KHz

TUNE R-398

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- ✓ Volume Control
- ✓ Speaker
- ✓ Frequency Display
- ✓ Requires 2 x AA batteries (not incl)
- ✓ Measures 11.5cm x 6.8cm

**RADIO4 FM/AM Portable Radio \$24.90**

Cool Comfort



Green 44

Fuchsia 21

Navy 42

**CRINKLE GAUZE SUNDRESS**

This comfortable slipover sundress has a trapunto banded neckline, soft shirring for easy fit and two-tiered flounce hem. Woven 100% cotton. Hand wash. Approx lengths S - 5X 101cm - 107cm (40"-42"). Available in Fuchsia, Navy and Green in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

- 5856321 Fuchsia Crinkle Gauze Sundress \$44.90
- 5856342 Navy Crinkle Gauze Sundress \$44.90
- 5856344 Green Crinkle Gauze Sundress \$44.90

No more falling canes



**CANE CLIP**  
Keep Your Cane Where You Left It!

A must have accessory for any one that owns a cane, walking stick, and more. It easily attaches to the cane allowing you to rest it against a wall or table etc without it tipping over and falling. Keeping it exactly where you left it; within arms reach. Flexible plastic allows you to easily pinch the sides to attach. Measures 9cm x 8.5cm.

CANE8 Cane Clip \$16.90



**5-in-1 OPENER**

So many uses...

- ✓ Jar Lids
- ✓ Twist Top Bottles
- ✓ Bottle Caps
- ✓ Cans
- ✓ Ring Pulls
- ✓ Measures 14cm L

OPEN5 5-in-1 Bottle Opener \$10.90

Perfect for a multitude of items around the home

**PROTECTS & RESTORES CRACKED, DRY SKIN**



AFTER

Hydrating foot balm helps soften and smooth dry and cracked skin



- ✓ Specially formulated
- ✓ Prevents moisture loss
- ✓ Visible relief

Relieve cracked and dry heels with our nourishing Heel Balm. The combination of emollient ingredients actively replenishes moisture deep below the surface of the skin, promoting visibly healthier skin. 70g tube.

HEEL4 Heel Balm \$11.90

**Anti-Static Fabric**



A

White 13

B

**ANTI-STATIC UNDERGARMENTS**

Just what you need, anti-static, no cling! Our Reversible Camisole is reversible with 2 different necklines for 2 elegant looks. Approx lengths S-5X; 56cm-70cm (22-27.5"). Our half Lace Slip will hang beautifully underneath your clothing and not cling. Approx length 75cm (29.5"). And our newly added Lace Shorts are a perfect alternative to the Lace Slip. Approx inseam 10-30; 53cm-67cm (21-26.5"). Great for wearing under dresses and pants and not cling. 100% Anti-static nylon. Machine wash. All are available in White, Black and Beige. Camisole available in sizes S, M, L, 1X, 2X, 3X & 4X. Slip and Shorts are both available in sizes 10-30. **Don't forget to add your size and colour to the order form.**

- A. 0598712 Black Reversible Camisole \$29.90
- A. 0598713 White Reversible Camisole \$29.90
- A. 0598780 Beige Reversible Camisole \$29.90
- B. 5986112 Black Lace Slip \$34.90
- B. 5986113 White Lace Slip \$34.90
- B. 5986180 Beige Lace Slip \$34.90
- C. 5998112 Black Lace Short \$34.90
- C. 5998113 White Lace Short \$34.90
- C. 5998180 Beige Lace Short \$34.90

Camisole up to size 4X  
Slip & Shorts up to size 30



Black 12

Reverse Side



Beige 80

**WALK WITH COMFORT AGAIN**



No more burning ball of foot pain!

Reduce pain and walk comfortably with these innovative Metatarsal Gel Sleeves. They feature a stretchable sleeve, that stretches to fit most feet and a gel pad that sits on the ball of your foot to relieve pressure from walking, standing, sports and more. And the best part is it won't slip around or move as it is secured to the sleeve. Hand washable and reusable. Suitable for both men and women. One size fits most. Available as a set of 2!



Shock Absorbing Gel Pad

FMET2 Metatarsal Gel Sleeves Set of 2 \$12.90

**Amazingly Soft**



Periwinkle 02

Burgundy 03

**SUPER SOFT TUNIC**

Experience all-day comfort and effortless style with this ultra-soft tunic. Designed with a classic shirt collar, partial button front, and a flattering A-line hem. Finished with button cuffs and roll-tab sleeves for versatile wear. Approx length 80cm (31.5"). Cotton/Poly soft knit. Machine wash. Available in Periwinkle and Light Burgundy in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

5910002 Periwinkle Super Soft Tunic \$44.90  
5910003 Light Burgundy Super Soft Tunic \$44.90

**THE MOST COMFORTABLE JEANS EVER!**

Slip into a pair that has all the style and detailing of real jeans without the discomfort. Forget zippers or button, just jump right in. The ultra comfortable fabric perfectly shapes to your contours for that expertly tailored look. Wrinkle-free. Perfect for travelling. So comfortable you'll wear them everyday. Unique Denim cotton and spandex fabric. Available in Denim in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

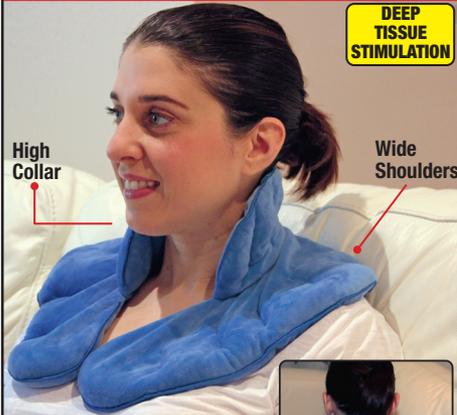


*You'll feel like you're wearing your pyjamas!*

*Up to Size 5X*

9026245 Denim Comfort Jeans \$39.90

**HOT / COLD WEIGHTED NECK WRAP**



**DEEP TISSUE STIMULATION**

- ✓ Use Hot or Cold
- ✓ Help relieve muscle aches & stiffness
- ✓ Subtle fragrance for aromatherapy
- ✓ Perfect for men & women

Relieve the days aches and pains with this luxurious Weighted Neck Wrap. Weighing 1.6kg, it can be used hot or cold depending on your ailments. The weighted clay beads provide deep tissue stimulation which helps relieve tension, soothe pain, relax sore muscles, joints, back/neck, and relax. Also features a slight lavender scent for aromatherapy relaxation.



**COMFORT-FIT DESIGN** High collar and wide shoulder spread is designed to sit comfortably and stay in place on your shoulders

**NRAP2 Weighted Neck Wrap \$29.90**

**NO MORE COLD FEET & HANDS**



- ✓ Feather-light & super-thin
- ✓ Warmth without the bulk
- ✓ Space Age Fabric

**50% OFF**

Touch screen capability so you can still use your phone!



Non-slip grip palm lining

Zip closure for easy on/off

GSOX2 Mens Thermal Socks \$9.90  
GLOV10/REG Wind Gloves Regular WAS \$24.90 NOW \$12.40  
GLOV10/LGE Wind Gloves Large WAS \$24.90 NOW \$12.40

Some of the amazing features of the gloves include super warm lining, specially coated finger tips on thumb and index finger so you can use touch screens on your devices and waterproof fabric to stay warm and dry. Available in 2 sizes Regular and Large. Made from stretch cotton/polyurethane. Socks feature space age fabric to keep your feet toasty than regular socks alone (even at zero degrees). You can even wear them under your regular socks. They let your skin "breathe" without crowding your feet. Machine washable. Available in Mens size only

Includes 2L hot water bottle for lasting warmth

**50% OFF**



One size fits most

Snug pouch envelopes both feet to soothe away the cold

**SAY GOODBYE TO COLD FEET**



Perfect for cold hands also

Wrap your feet in warmth and comfort with our cozy foot pouch! It channels soothing heat to keep your toes toasty on chilly days by using the lasting warmth of a hot water bottle (included). Great for your hands also. Internal pocket measures approx 30cm L. One size fits most. Soft touch velvet and rubber.\*(Care must be taken with hot contents of water bottle once hot water is added). **WARM2 Foot Warmer WAS \$24.90 NOW \$12.40**

# Hear What You Have Been Missing!



**Rechargeable - No Batteries Needed!**

The rechargeable hearing aid is an inexpensive sound amplifier that boosts sound x 30. You can watch your favourite TV programme & movies, hear conversations and not miss a thing. Discreet contoured design fits comfortably in either ear and no batteries required. Includes four different sized silicone tips to seal out noise and USB cable for charging (charging adapter not included. See CHAR2 on page 10).

**HEAR3 RECHARGEABLE HEARING AID \$39.90**

# WAREHOUSE CLEARANCE CAR SALE

1:32 scale die cast model replicas. All feature, adjustable front wheels, opening doors, boots & bonnets



Y67SMLS 1967 Ford Shelby GT ~~\$44.90~~ \$29.90



Y35410 1954 Chevy Bel Sport Coupe ~~\$44.90~~ \$29.90

**SALE**



Y35520 1955 Chevy Nomad ~~\$44.90~~ \$29.90



Y1954CB 1954 Chevy Bel Air Convertible ~~\$44.90~~ \$29.90

**SALE**



Y36FDPK 1936 Ford Pick Up Red ~~\$44.90~~ \$29.90



Y32399 1957 Studebaker Hawk ~~\$44.90~~ \$29.90

## Gentle Support For Intimate Moments



System JO® H2O is a water-based personal lubricant designed to enhance comfort and ease during intimacy. Made with plant-based glycerin, it offers a smooth, non-sticky glide that's gentle on the skin with no tack residue. Safe to use with condoms and most personal devices, it's also easy to clean and perfect for travel. Ingredients: Glycerin, Water (Aqua), Cellulose Gum, Methylparaben, Propylparaben.

- ✓ Silky-Smooth Feel
- ✓ Moisturizing & Satisfying
- ✓ Most Versatile Formula
- ✓ Compatible with Most Toys & Condoms
- ✓ Easy To Clean
- ✓ Non-Staining
- ✓ Great for Solo or Partner Play
- ✓ Plant-sourced glycerin

**HGEL3 H2O Lubricant Gel 60ml \$24.90**

## PERSONAL MASSAGER

- ✓ USB Rechargeable
- ✓ Ergonomic Design
- ✓ Waterproof
- ✓ 10 Vibration Settings



Soft silicone is washable and waterproof. Recharges with included USB cable (adapter not included, please see CHAR2 on page 10. Measures 19cm L from end to end.

**Due to health regulations we cannot refund or exchange these items for change of mind unless the item is proven to be faulty.**

**E1892G Deluxe (USB) \$44.90**

## Satisfy your lover EVERY TIME!



**Looking for heightened pleasure? Want to sustain an erection for longer? Looking to release her inner Goddess?** Well now you can! With the new **VibraPlus**. This amazing little toy will reawaken your love life and provide the stimulation you need to keep going! Again and again! You'll both be able to enjoy maximum pleasure using our new amazing vibrating ring!

### For men and women!

With **VibraPlus** you can enjoy vibrations at an incredible 5-6,000 times a minute!! It super-charges your performance and enhances your pleasure EVERY TIME. Helping men achieve and prolong erections and giving women exhilarating, high-intensity climaxes. Women can use with or without a partner!

### Easy to use! 100% pure pleasure!

Men – you'll love the way the **VibraPlus** helps you achieve and prolong impressive erections. Easy to use – the stretchable silicon ring provides a comfortable fit for all sizes. New design also features a heart shaped stimulator for her pleasure.

\*(Batteries cannot be changed. Run time approx 30-40mins continuous use)

**Due to health regulations we cannot refund or exchange this item for change of mind unless the item is proven to be faulty**

**B1241 Vibra Plus WAS \$14.90 NOW \$8.90**

# PLUSH ALL DAY COMFORT



Fits up to Ladies size 12

Plush slippers are like a cuddle for your feet. Designed for all-day comfort, these slippers feature plush insole padding, a flexible elastic sling back for a secure fit, and a sturdy rubber sole that provides traction and support. Lightweight, comfortable, and stylish, they are the perfect pair for around the house. Available in Blue and Pink in Ladies sizes SML (5-6), MED (7-8), LGE (9-10) & XLG (11-12). Slippers are a generous fit. **Don't forget to include your colour and size on the order form.**  
 SLIP6B Cuddle Steps Blue \$24.90 SLIP6P Cuddle Steps Pink \$24.90



**PRINT SHORT SLEEVE NIGHTGOWN**  
 Perfect for summer nights, our cotton rich knit nightgown with partial button, pleated front is a must have. Also features delicate lace trim on sleeves and neckline and a floral print. Approx lengths S - 5X 104cm - 109cm (41" - 43"). Machine wash. Available in Blue, Peach and Purple in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.  
 5789002 Blue Meadow Print Nightgown \$39.90  
 5789003 Peach Meadow Print Nightgown \$39.90  
 5789004 Purple Meadow Print Nightgown \$39.90

## The Bra Doctors Buy & Recommend For Their Patients!

Extra Wide Straps

WHITE

Stretch Cups

Front Hook Closure

No Underwire

BEIGE

BLACK

**ALL BRAS \$22.90 EACH**

**The SUPPORT you need and the COMFORT you crave!**

The Comfort bra safely & comfortably, shapes, lifts, and supports in a way no other bra can match. Its silky, soft, stretchy fabric actually stretches to fit any cup size from A to DD, conforming to changes in your body. It is so comfortable you can even sleep in it (many women do for comfort or after surgery). Made from nylon/spandex, machine washable maintaining its shape & comfort. Available in sizes 32 (10), 34 (12), 36 (14), 38 (16), 40 (18), 42 (20), 44 (22), 46 (24), 48 (26). **Please find your size and advise this on the order form along with your cup size; B/C or D/DD, what colour you would like; White, Black or Beige, and the code.**

ALL BRAS \$22.90 EACH							
CODE	COLOUR	CUP	AVAILABLE SIZES	CODE	COLOUR	CUP	AVAILABLE SIZES
CBRA6	White	B/C	32-44	CBRA8	White	D/DD	34-46
CBRA6B	Beige	B/C	32-36, 42-44	CBRA8B	Beige	D/DD	34-42 & 48
CBRA7	Black	B/C	32-40 & 44	CBRA9	Black	D/DD	34-44

# EASY FLIP Smart FOR SENIORS

**SOS KEY WITH GPS FUNCTION**

**LARGE EASY TO READ NUMBERS**

**NEW & IMPROVED VERSION**

**SAME GREAT PHONE...BUT WITH MORE ADDED FEATURES!**

- Share location
- Auto answer
- White List & Black List of numbers
- Enhanced battery life: 4-5 day standby and 5-6 hour talk-time.
- Large dual screens with clear contrast: 2.8 inch main screen, 2.2 inch sub-screen
- Charging cradle
- 2MP Camera
- FM radio
- 95dB ringtone/25dB amplified earpiece
- Hearing Aid Compatible (HAC) M4/T4.
- Bluetooth V4.2

**LOUD & CLEAR RINGTONE**

**SMALL AND COMPACT WHEN FOLDED!**

**FONE6 EasyFlip Smart 4G \$219**

### ASSORTED BUTTON FRONT SMOCKS

Patch pockets, short sleeves with mock cuffs. Woven cotton/polyester. Machine wash. Approx length 71cm. Available in assorted prints (prints may vary to those shown here) in sizes S, M, L, 1X, 2X, 3X, 4X & 5X. **We will pick one for you as there is limited stock available in any one print.**

5572601 Assorted Smocks \$22.90

**Up to  
Size 5X**



Perfect for anyone with arthritis and hand strength issues

## ELECTRIC PRUNING SHEARS

**EXTENSION POLE AVAILABLE**

Take the strain out of gardening with this easy-to-use electric pruner. Designed with comfort and convenience in mind, it effortlessly slices through branches up to 25mm thick—no more struggling with manual pruning shears. Simply press a button and let the pruner do the hard work for you. Lightweight, ergonomic, and cordless, it offers up to 25 minutes of run time on a single charge—plenty for a day's trimming and tidying. 150W of power. Rechargeable 2000mAh lithium battery. Comes with carry case, pruner, battery, charger, Knife Grinder, 2 Tools lubricating oil bottle (oil not included). Measures 32cm H (incl battery). Also available is our Extension Pole EXTP2 which allows you to prune branches that are out of reach. No ladder needed! (Extension pole sold separately to pruner). **SAVE \$20** when you buy the Pruning Shears and the Extension Pole together!

Sharp Steel Blades  
Trigger Switch  
Comfort Grip Handle  
High Power Battery  
Head tilts 180° to give you better reach!

Extend your reach up to 180cm!  
Reach high branches for easy pruning

21V Brushless Motor

PRUN2 Electric Pruning Shears	\$99.90
EXTP2 Extension Pole	\$89.90
PRUN3 Pruner + Ext Pole	\$169.80

SIZE	THIGH MEASUREMENT
LGE	38-44cm
XL	44-50cm
XXL	50-56cm

### COMPRESSION KNEE BRACE

One touch close tabs create a secure fit  
Compression may help reduce inflammation and discomfort from:



- Knee Injuries
- Joint pain
- Arthritis
- Osteoarthritis and more!



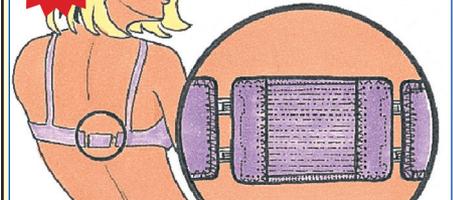
2-WAY ADJUSTMENT FOR THE PERFECT FIT!

This compression knee brace delivers targeted 2-way support to help relieve pain from a variety of conditions. The elasticised material and easy one-touch closure tabs let you adjust for a secure, personalized fit, while side wings allow you to control the compression to exactly how you need it. Ideal for walking, exercising, or simply relaxing at home. Available in 3 sizes; LGE, XL & XXL. To find your size, please measure your thigh circumference approx 5cm above your knee cap and refer to the table. Please use as a guide only as the material has stretch and measurements are a guide only. **Don't forget to include your size on the order form.** Sold as a single knee brace.

KNEE10/LGE	Compression Knee Brace Large	\$24.90
KNEE10/XL	Compression Knee Brace X-Large	\$24.90
KNEE10/XXL	Compression Knee Brace XX-Large	\$24.90

Adjustable side wings allow you to adjust the compression level to suit your needs

### SET OF 3 HOOK-ON BRA EXTENDERS



Get relief from the discomfort of tight bras. Just hook on direct to your existing bra. Available in 2, 3 or 4 Hooks in a set of 3 colours White/Beige/Black.

- |       |                          |         |
|-------|--------------------------|---------|
| BRAX2 | 2 HOOK WHITE/BEIGE/BLACK | \$10.90 |
| BRAX3 | 3 HOOK WHITE/BEIGE/BLACK | \$11.90 |
| BRAX4 | 4 HOOK WHITE/BEIGE/BLACK | \$13.90 |

### The Professional Way To Stretch Shoes

- 2 way shoe stretcher
- Fits both left and right shoe
- Durable & easy to use
- Perfect to stretch new shoes or tight old shoes
- Ergonomically designed

SIZE CHART	Ladies	Men
REGULAR	5-10	Up to 8
LARGE	10-12½	8-10½
XLARGE	13+	10½-13

**PERFECT FOR;** Men & ladies shoes, flat shoes, pumps, wedges, loafers, oxfords, pointed toe, slippers, sneakers, even sport and tennis shoes. Includes 8 pressure relief pads targeting tight areas to help stop blisters corns & bunions. This is sold as a single, not a pair. **Please indicate size on order.**

STRC2 SHOE STRETCHER \$24.90  
SAVE! 2 or more \$19.90 ea

### OPEN CANS WITH EASE

Stop fiddling with ring pull cans and use this Ring Pull Can Opener instead! The simple design uses your strength to pull the tab effortlessly, keeping nails and hands away from sharp edges. Opens any ring pull can top. Measures approx 15cm L (6").

RPUL2 Ring Pull Can Opener \$9.90

### HOUSE CARDIGAN

Plush, soft thickness wrap around you in all day comfort and warmth. It's like a warm hug you can wear, perfect for lazy mornings or chilly evenings. With raised pattern detailing, shawl collar, button closure and patch pockets. 100% plush polyester. Machine wash gentle. Approx lengths S-5X; 76-85cm (30"-33.5"). Available in Ivory in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

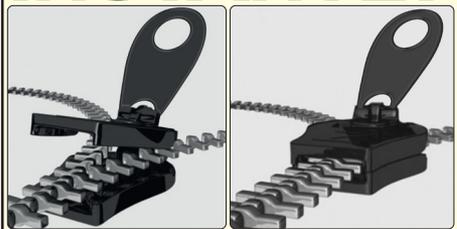
5816439 Ivory House Cardigan

\$49.90

**Plush Softness**



### FIX ANY ZIPPER INSTANTLY



It's so easy! Clothing, handbags, purses, luggage, tents, golf bags... anywhere you have a zipper. Just unclip the Zipper Fixer, slide it onto both zipper teeth sides, press it closed and presto your new zipper will work. Even with missing zipper teeth! Set includes small, medium, and large zipper.

**ZFIX2 Set of 3 Zipper Fixers \$9.90**

### Country Charm

**20% OFF**



### COUNTRY CHARM PLAID NIGHTGOWN

Reminiscent of olden day country times, this gorgeous plaid nightgown with lace trim is an absolute must have. Featuring lace trim on the neck, yoke and sleeves, partial button up yoke, side seam pockets and shirttail hem. Beautiful plaid also features a gold lurex thread throughout for added detail. 100% cotton. Machine wash. Approx length 125cm (49"). Available in Red in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

5623104 Red Country Charm Plaid Nightgown

**WAS \$54.90 NOW \$43.90**

### HANGING CLOTHES AIRER

**PERFECT FOR OUTDOORS OR INDOORS**

Hang delicates, socks and more with our handy Hanging Clothes Airer. Perfect for indoors or outdoors. Measures 38cm (incl chain and hook x 27cm dia. Hook rotates 360°. Available in Grey or White, we will pick a colour for you.



**EASY HANGING HOOK**

**DURABLE PLASTIC**

**INCLUDES 16 PEGS**

**HANG6 Hanging Pegs Clothes Airer \$12.90**

### STOP MISPLACING YOUR GLASSES



No need to search the entire house to find your glasses, these fleecy lined eyeglass holders keep your glasses safe & sound. They also help to keep your glasses scratch free.

**GHOL2/TAP Tapestry Eyeglass Holder \$13.90**

**GHOL2/BLK Black Eyeglass Holder \$13.90**

### REFLEXOLOGY FEET & HAND GUIDES



**1 Pair Socks**



**1 Pair Gloves**

**BUY THE SET AND SAVE!**

These socks & gloves guide you through the ancient and natural art of reflexology with all the pressure points clearly labelled. Just slip them onto your hands or feet and simply apply pressure with your thumb to each specific point. Now you can treat your whole body via these reflex points. One size fits most. Save \$5.90 if you buy the set of socks & gloves for just \$19.90.

**C1961 Reflexology Gloves \$12.90 C1971 Reflexology Socks \$12.90 C1981 Set Of Gloves & Socks \$19.90**

# Warmth Without The Bulk

These mock turtleneck knit dickeys are perfect for keeping out the cold without the discomfort of layers of clothing. The natural look will compliment any outfit with comfort and style. Cotton/polyester knit. Machine wash. Approx length 27cm, approx width 40cm. Available in Black or White. One size fits most. Sold as one piece.



Available in White or Black

**DKY6/BLK Black \$14.90**  
**DKY6/WHT White \$14.90**



**Sits Discreetly Under Clothing**

# RING SIZE ADJUSTERS

Make rings fit perfectly - no more twisting, slipping and fear of losing your valuable rings. Invisible ring adjusters slip inside most size rings to create a perfect fit which is almost invisible. Perfect for male or female rings. Assortment of 8 widths will ensure a fit for almost any size ring band.



**Simply find the size that fits your ring, and sit it in the band!**

**SET OF 8**



**RING2 Ring Size Adjusters S/8 \$7.90**

# TERRY ZIP FRONT ROBE

From mornings at home to afternoons by the pool, our Terry Zip-Front Robe is your everyday essential. The cozy cotton-poly blend feels soft against your skin, and the easy zip-front design makes it a breeze to slip on or off. With short sleeves, gathered yoke, handy pockets, and a side slit for freedom of movement, it's the perfect blend of comfort and convenience. Machine wash. Approx lengths S - 5X 91.5cm - 98cm (36" - 38.5"). Available in White in sizes S, M, L, 1X, 2X, 3X, 4X & 5X. 5714913 White Zip Front Terry Robe \$39.90

**Full Zip Front**



# HERE IS A FREEZER LABEL THAT WON'T FALL OFF!



Do you have a lot of mystery packages in your freezer? This giant roll of 500 white self-stick labels will withstand cold, moisture and time and best of all will stick on just about anything; aluminium foil, plastic containers, freezer bags, glass and more. Just use ordinary pen or marker to write the date, contents and other notes on the label.

**Use your food before it expires!**

**FLAB2 Freezer Labels (500) \$9.90**

# ENLARGES A FULL PAGE!



Ideal for reading newspapers, legal documents, telephone books etc. It magnifies up to 4 times, reducing eyestrain and squinting. Unbreakable frame with wafer-thin lens. 19x30cms (7.5"x 11.75").

**AFPM1 Full Page Magnifier \$10.90**

**Simply Press to Spray!**

**Precise Oil Control**

# 2 IN 1 OIL SPRAYER



**Holds 470ml**



**...Or Slide to Pour!**

- Dual Function Design
- Refillable and Reusable
- Great for oil control in cooking and baking

Take control of your cooking with this versatile 2-in-1 Dispenser! Whether you want a fine mist for even, light coating or a smooth drizzle for precise application, this dispenser makes it easy. Simply press down the trigger and it will deliver a controlled amount of oil in a fine mist spray. However, when you need a drizzle of oil, just slide the tab...it's that easy. Holds 470ml. Great for other liquids also. Glass bottle/plastic lid. Measures approx 18.5cm x 10cm. Hand wash all parts in warm soapy water.

**SPRY2 2 in 1 Oil Dispenser \$19.90**

# Bamboo COPPER FIGHT FATIGUE, SWELLING AND PAIN



The open-finger gloves provide targeted relief for stiff painful hands, joints & fingers.



Both made from copper infused & bamboo fabric, which has natural anti-bacterial, anti-fungal, odour fighting, and heat conducting properties. Both are ideal for those with arthritis, sore aching joints, tired fatigued legs, to help aid better circulation with added warmth in the cooler months. Available in sizes REG (women's) & LGE (men's).

**Please indicate size on order form.**

- GLOV7/REG ARTHRITIS GLOVES \$19.90**
- GLOV7/LGE ARTHRITIS GLOVES \$19.90**
- BSOX2/REG COMPRESSION SOCKS \$19.90**
- BSOX2/LGE COMPRESSION SOCKS \$19.90**



The socks add gentle graduated compression to support calves, feet & ankles, helping to improve circulation, fight fatigue & pain.

Find us on [www.instagram.com/healthprideoz](https://www.instagram.com/healthprideoz)

Up to size 5X



Blue 08

Purple 58

Red 04

**BIB YOKE EMBROIDERED LOUNGER**

Beautifully embroidered bib yoke lounge with partial button front. Perfect for any occasion. 100% woven cotton. Approx lengths S – 5X; 107cm – 118cm (42”-46.5”). Machine wash. Available in 3 beautiful chambray colours; Red, Blue & Purple in sizes S,M, L, 1X,2X, 3X, 4X & 5X.  
 5899904 Chambray Red Bib Yoke Lounger \$49.90  
 5899908 Chambray Blue Bib Yoke Lounger \$49.90  
 5899958 Chambray Purple Bib Yoke Lounger \$49.90

**Lightweight Comfort Knit**

The must have everyday shoe!

In Ladies sizes 6-11



Black

Burgundy

Step into effortless comfort with our lightweight flyknit shoes. Designed to move with you, the flexible knit fabric moulds to the shape of your foot for a custom fit that lasts all day. Rubber outsole provides non-slip stability. Available in rich burgundy or classic black, in Ladies sizes 37 (6), 38 (7), 39 (8), 40 (9), 41 (10) & 42 (11). If you are in between sizes, you may need to size up as this style is not a generous fit. **Don't forget to include your size and colour on the order form.**

SHOE5B Burgundy Aurora Shoe \$24.90  
 SHOE5K Black Aurora Shoe \$24.90

**A Magic Bra, A Body Shaper, A Camisole... All in One**

NOW UP TO 2X



Compression area's for lift and support

Before

After

SET OF 3

- ✓ Provides seamless lift & support to hips, tummy, back and bust
- ✓ Comfortable compression
- ✓ Wide straps for added comfort
- ✓ Seamless shaping targets your trouble areas
- ✓ Smooths your back into one sleek line
- ✓ Helps to eliminating body bulges
- ✓ The perfect addition to any wardrobe
- ✓ Nylon & spandex, fully machine washable
- ✓ You get 3 Magic Body Shapers (1 Black, 1 White, 1 Beige) for the price of one

The Magic Body Shapers smooth out body bulges from your tummy to your hips to give you a smooth all over slimming shapeline... Instantly! Sizes MED (10-12), LGE (12-14), 1X (14-16) & 2X (18-20). **PLEASE INDICATE SIZE ON ORDER.**

BODY3 SET OF 3 MAGIC BODY SHAPERS \$49.90

**Soothing Protection**

SET OF 2



Comfort & protect injured, sore & damaged toes & fingers

These gel caps are able to absorb pressure and friction whilst surrounding the whole toe or finger for added protection. They are perfect for protecting against blisters, calluses, sore bunions, ingrown toenail, and from painful rubbing and infection. No need for complicated bandages that can easily fall off. Highly elastic gel can be worn and fitted easily. Slim design fits easily in most shoes. Available as a set of 2; one large and one small to fit most digits. Made from silicone, can be washed and resused.

TOEP2 Protective Toe/Finger Caps Set of 2 \$9.90

**REACH EVERY CORNER**



Hard Bristles

Toilets Grout & Tracks Sinks

Say goodbye to gunk in tight spaces! Our Crevice Brush has tough bristles and a slim, flat head that gets into those hard-to-reach spots; from behind taps to deep corners. Plus, the comfy handle makes scrubbing a breeze. Hang it up when you're done. Durable plastic. Measures 23cm L whilst the brush head measures 2cm W by a super slim 3mm! **BRUS11 Crevice Brush Set of 2 \$10.90**

## KEEP YOUR HAIR DRY



Available as a Set of 2

- ✓ Protect your hairstyle in the shower
- ✓ Set of 2; 1 x Pink & 1 x Navy
- ✓ One size fits most

SCAP4 Shower Caps Set of 2 \$10.90

## DENTAL CARE KIT



- ✓ Toothbrush
- ✓ Tongue Brush
- ✓ Dental Mirror
- ✓ Dental pick & tartar scraper
- ✓ Dental stain eraser
- ✓ 3 Dental floss picks

8pc SET

DENT4 Dental Care Kit \$9.90

## FLORAL PRINT ARCH HEM TOP

An everyday top with a touch of elegance, featuring an arched hem and delicate floral prints along the V-neckline and sleeve cuffs. Approx lengths S-5X; 79cm - 88cm (31-34.5"). Machine wash delicate. Polyester/cotton knit. Available in Charcoal and Wine in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

5921202 Charcoal WAS \$44.90 NOW \$35.90  
5921203 Wine WAS \$44.90 NOW \$35.90

Floral Print Detail

Up to Size 5X

20% OFF



Charcoal 02

Wine 03

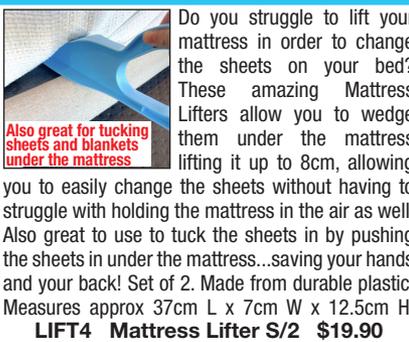
Simply wedge the lifters under the mattress and tuck the sheet underneath...no more heavy lifting!



Easily holds the mattress up for you, so you don't have to!

## NO MORE STRUGGLING TO MAKE THE BED!

SET OF 2!



Also great for tucking sheets and blankets under the mattress

Do you struggle to lift your mattress in order to change the sheets on your bed? These amazing Mattress Lifters allow you to wedge them under the mattress lifting it up to 8cm, allowing you to easily change the sheets without having to struggle with holding the mattress in the air as well. Also great to use to tuck the sheets in by pushing the sheets in under the mattress...saving your hands and your back! Set of 2. Made from durable plastic. Measures approx 37cm L x 7cm W x 12.5cm H.

LIFT4 Mattress Lifter S/2 \$19.90

## Timeless Classic For Every Occasion

A must-have for any wardrobe, our Collared Shirt Dickey exudes timeless style with its classic collar design. For a layered look without the bulk of a shirt. Perfect for sweaters, cardigans, vests and more. 100% cotton. One size fits most. Measures approx 31cm (12.5") L x 39cm (15") W. Available in Black, White and Blue/White Stripe. Sold as one piece.

DCKY2/WHT White \$14.90  
DCKY2/BLK Black \$14.90  
DCKY2/STP Stripe \$14.90

Perfect for achieving the layered look without the bulk!

Available in White or Black



## SMOOTH Skin

Simply Add Moisturising Cream

Treat your hands and feet to deep, overnight hydration with our Moisturising Night Socks & Gloves. Just apply your favourite cream or ointment, slip them on, and let them work their magic while you sleep, locking in moisture, keeping the moisture off your sheets and softening dry, cracked skin. The Night Socks are crafted from a soft cotton/spandex blend and measure approximately 19cm from heel to toe. The Moisturising Gloves are made from a breathable cotton/polyester blend and measure around 22.5cm from cuff to fingertip. Both are stretchy, comfortable, and designed to fit most. Socks are sold as a single pair, gloves are sold as a set of 3 pairs.

Soothe Dry & Cracked Skin

Smooth Supple Skin

SET OF 3

NSOC2 Night Socks Single Pair \$9.90  
GLOV9 Moisturising Gloves S/3 pairs \$14.90



## LONG REACH LOTION APPLICATOR

Simply fill this applicator with lotion, cream or oil, and the rolling balls will gently massage it into your skin. Made of durable plastic, the 45cm (17 1/2")-long applicator lets you reach all areas of your back, bottom of your legs and all other places you can't reach, without twisting, bending or straining.

LONG2 Long Reach Applicator \$15.90



**Removable, breathable, washable cover**

**Slow rebound memory foam for added comfort**

**Adjustable elastic strap with buckle for a secure fit (also doubles as a carry strap)**

**Non-slip backing**

**Work** **Car** **Home** **Events**

## THE WEDGE CUSHION

Promotes Proper Sitting Posture

**7cm**

- ✓ Cutaway section – relieves pressure on tailbone and spine
- ✓ Perfect for the home, car, office and sporting events, concerts etc
- ✓ Measures approx 41cm L x 46cm W x 7cm H

**Good posture helps to improve:**

- ✓ Proper spine alignment
- ✓ Increased circulation to lower spine / legs
- ✓ Reduced lower back & hip problems

**Good posture aids pain relief from:**

- ✓ Herniated or bulging discs
- ✓ Degenerating disc
- ✓ Sciatica & Stenosis
- ✓ Sacroiliac joint pain

**WEDG5 The Wedge Cushion \$44.90**

## NO MORE BURNT FINGERS

**Easily grab toast, muffins, crumpets and more!**

- ✓ Easy to grip
- ✓ Durable
- ✓ Hand-wash only
- ✓ 30cm L

**TONG5 Bamboo Toast Tongs \$7.90**

## LINT SHAVER

**Removes Lint and Fuzz**

Give clothes, blankets, jumpers a fresh new look in seconds! Removes pills, lint, fuzz from wool, synthetics and cotton without damaging fabric. Cordless, lightweight shaver safely trims only top lint and the suction power draws it into a detachable container. Uses 2AA batteries (not included).

**GLIN2 Lint Shaver \$16.90**

## Clean Your Stemware Easily

**Bends to fit any shape!**

Perfect for:

- ✓ Jars
- ✓ Glasses
- ✓ Decanters
- ✓ And more!
- ✓ Non-scratch EVA foam brushes with ergonomic handles
- ✓ Available as a set of 4; 24cm, 25cm, 27cm, 42.5cm

**BRUS10 Glassware Cleaning Brushes Set of 4 WAS \$16.90 NOW \$12.90**

**SALE**

## SPILL GUARDS

**KEEP THE GAP BETWEEN STOVE AND BENCH CLEAN**

Just a few crumbs a day or a few spills can attract ants, cockroaches and more. This sturdy silicone trim kit will close those pesky gaps for good. Set of 2. Each measures 53.5cm L x 5.5cm W.

**SPIL2 Spill Guard Set of 2 \$13.90**

**Up to Size 5X**

## RIB KNIT NIGHTGOWN

Luxurious, cotton rich, ribbed knit fabric makes for a gorgeous nightgown. Lace trim detail with pleating detail and partial button front. Cotton/spandex knit. Machine wash. Approx lengths S-5X; 114cm – 122cm (45-48”). Available in Dusty Pink and Sky Blue in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

**15% OFF**

**Dusty Pink 07** **Sky Blue 08**

5603407 Dusty Pink **WAS \$59.90 NOW \$50.90**  
5603408 Sky Blue **WAS \$59.90 NOW \$50.90**

## RELIEF FROM SWOLLEN FEET & ANKLES

Anklets that will stay up all day! Thanks to extra height and a full, wideband, anklets stay up without pinching into skin or disrupting circulation. Put an end to constant bending over and tugging to keep anklets from settling down into insoles of shoes. Perfect with dress slacks, jeans, skirts! Made of 100% nylon. One size fits most. Incredible Value price for 5 pairs!

**5 PAIRS!**

**NUDE** **BLACK**

**SOCK12N Nude Ankle High Socks \$16.90**  
**SOCK12B Black Ankle High Socks \$16.90**

**Ideal for Diabetic Sufferers**

## SORE SPOT Silicone Tape

**SALE**

**Saves Skin! Just Cut to Size**

- ✓ Shields Blisters, Corns & Irritations
- ✓ Reduces Friction & Skin Damage
- ✓ Gently Secures Bandages & Dressings
- ✓ Helps Improve the Appearance of Scars & More!
- ✓ Measures approx 2.5cm x 1.3m

**SPOT3 Sore Spot Silicone Tape WAS \$22.90 NOW \$14.90**

**Wounds** **Heels** **Toes** **Scars**

## ELOISE LACE NIGHTGOWN

Beautifully detailed with a lace yoke, partial button front and pintucks. Finished off with elasticised cuff sleeves that are also trimmed in lace and a bottom ruffle hem. Approx length S-5X; 122cm - 126cm (48-49.5"). 100% woven cotton. Machine wash. Available in White in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

5454113 White

WAS \$59.90 NOW \$50.90



Delicate  
Lace



15%  
OFF

Up  
to  
Size  
5X

Great for:



## EZY CUT

Effortlessly cuts  
through cardboard,  
plastic & much  
more!

Rechargeable  
& Cordless!

Ergonomic  
Handle

On/Off  
Button

Safety  
Lock

Built-In  
Safety  
Guard

EZYC3 Ezy Cut \$59.90

Make cutting easy with this cordless electric cutter. It delivers powerful 3.6V performance on cardboard boxes, plastic packages, leather, fabric, wrapping paper and more, handling materials up to 6mm thick with ease. A built-in safety guard protects your fingers, and the simple squeeze-to-use operation makes it easy for anyone to handle. Long-lasting 1300mAh rechargeable battery lets you cut freely for up to 40mins without cords or interruptions. Great for those with arthritis and reduced hand strength. Measures 21.5cm L. Comes with Ezy Cut unit and charging adaptor.

## PERSONALLY YOURS

FREE  
CARDBOARD  
DISPENSER



250  
labels

- ✓ Great for envelopes, letters, personal items, CD's, videos and more
- ✓ Available in White Gloss or Fluro Yellow. Comes with its own cardboard dispenser box for ease of use and storage
- ✓ Comes with a whopping 250 labels! Each label measures a generous 18 x 50mm
- ✓ Please complete your details on the order form in the section provided; up to 4 lines

ROLL6/PLN Plain Roll Labels \$16.90  
ROLL6/YLW Yellow Roll Labels \$16.90

## MULTIFUNCTION CLEANING BRUSH

So many uses for  
around the home



Squeezee

Back  
Bristles

Side  
Bristles

Angled  
Bristles

Perfect for all those hard to reach places the Multifunction Cleaning Brush has just about everything you need. Measures 17cm x 11.5cm.  
**BRUS8 Multifunction Gap Cleaning Brush \$10.90**

## KEEP YOUR MATTRESS DRY



- ✓ Available in sizes Single, Double & Queen
- ✓ Protects your mattress from accidents
- ✓ Can be easily and quickly replaced unlike a fitted mattress protector

Simply place on top or underneath your sheet for quick and easy waterproof protection. Side flaps tuck under the mattress to keep it in place. Machine washable. Available in 3 sizes! Single Bed - Measures 70 x 88cm, Double Bed - Measures 90 x 130cm & Queen Bed - Measures 100 x 145cm.

BPAD2 Single Waterproof Mattress Protector \$19.90  
BPAD3 Double Waterproof Mattress Protector \$29.90  
BPAD4 Queen Waterproof Mattress Protector \$34.90

## The Perfect BUTTER KNIFE

So many  
uses!



CURL



CUT

SCOOP

SPREAD

Tackle butter with ease using this clever 3-in-1 butter knife. Designed to cut, curl, and scoop, it makes spreading effortless. Measuring 21cm x 2.5cm. Dishwasher safe stainless steel.  
**KNIF4 Butter Knife \$9.90**

## Shoe Washing Bag

**Microfibre nodules protect your shoes**

No more hand washing, soaking, or scrubbing. The bag keeps dirt, mud, and grime from transferring onto your clothes, while protecting your shoes during the wash cycle. Available as a set of 2. (Not all shoes are suitable to be washed in a washing machine).

- ✓ Spacious design fits one pair of shoes!
- ✓ Strong, durable zipper keeps shoes secure while washing!
- ✓ Made from machine-washable, long-lasting materials!
- ✓ Suitable for Men's & Women's Shoe sizes!

**WASH4 Shoe Washing Bag S/2 \$24.90**

## RELIEF FOR YOUR FEET

Feel instant relief with the Double Toe Spreader & Protector. Relieves pressure and pain caused by bunions, hammer toes, overlapping toes and more. Soft flexible gel sits between 2 fabric separators to keep the unit in place where it is needed. One size fits most. (sold as a single).

**TOES9 Double Toe Protector & Spreader \$9.90**

### FINE GAUGE CARDIGAN

Beautifully soft with fleecy backing and patch pockets. Perfect for every day. Extra soft cotton/viscose/spandex knit. Machine wash. Approx lengths S-5X; 79-87cm (31"-34"). Available in Heather Grey in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

**5837955 Heather Grey Fine Gauge Cardigan \$49.90**

**Soft Knit**

**Up to size 5X**

### EASY TO USE

**Handle rotates 360°**

**OPEN4 Easy Crank Can Opener \$19.90**

## EASY CRANK CAN OPENER

Easy to use manual can opener uses the force generated from the easy crank handle to make opening cans simple and effortless. Simply place onto the can, and start cranking the handle. It requires minimal effort so is perfect for anyone with mobility issues, weak wrists and hand problems like arthritis. Also leaves smooth edges on the lid for safe handling. Handle and crank are covered in rubber for a sure grip. Made from metal and rubber. Measures 23cm L.

## SELF HEATING MAGNETIC BACK SUPPORT

**16 MAGNETS**

**ADJUSTABLE STRAPS FOR A BETTER FIT**

Tourmaline, bamboo & charcoal increase natural body heat for pain relief

- ✓ Provides lumbar and abdominal support to sufferers of back pain, muscle pain, muscle injury, abdominal strains & injury
- ✓ Completely adjustable with the removable/adjustable elastic outer straps so you can choose the right compression for you
- ✓ Suitable for all day wear
- ✓ Features a Tourmaline magnetic pad across the back with 16 x 400-gauss magnets, plus bamboo & charcoal nano powder, which is designed to increase natural heat and improve blood flow providing effective natural pain relief
- ✓ Neoprene/tourmaline/elastane
- ✓ One size fits most (measures 138cm L)

**16 MAGNETS (400 gauss ea)**

**BACK2 Bamboo/Charcoal Self Heating Back Support \$44.90**

## WARM, SOOTHING RELIEF FOR STIFF, ACHING JOINTS

**Joint Warmers help combat those nagging aches and pains of stiff joints and strained muscles.**

Just slip this amazing double layered, stretch fabric garment over the knees, elbows, wrists, ankles or back - wherever aches may occur. Immediately, you begin to feel the penetrating heat produced by your own body - warmth that brings blessed relief. The soothing heat soon brings comfort and the aches and pains seem to float away. Wear Joint Warmers 24 hours a day safely and comfortably. One size fits most and they are washable too.

**THROW AWAY YOUR OINTMENTS AND HEATING PADS**

**JOINT WARMERS - SINGLES**

GJWM1	Knee Style Regular	\$14.90
GJWM1L	Knee Style Large	\$15.90
GJWM2	Elbow Style	\$14.90
GJWM3	Shoulder Style	\$14.90
GJWM4	Back Style	\$19.90

**Material: Warm, Comfortable Man-Made Fleece**

## YOUR FEET WILL THANK YOU

Slip on these super soft comfy footlets with built-in cushions for the balls of your feet. Eliminate foot fatigue and sore foot pads for good! Protect your shoes from foot odour too! Washable nylon. One size fits most.

**FOOT7 3 PAIRS CUSHIONED FOOTLETS \$16.90**

**3 PAIRS**



## MINI TEA TONG



These fantastic miniature Tea Tongs are created specifically to remove your teabag from the mug without all the mess and fuss, keeping fingers safe from burns. A must for any tea lover. Measures 13.5cm L.

**TONG3 MINI TEA TONG \$7.90**

## Multi Pack Razors

Amazing Value!



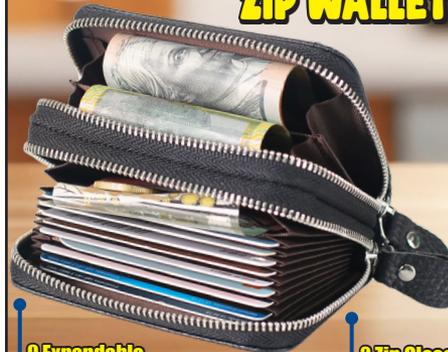
**ONLY \$12.90 ea**

- Triple blade with lubricating strip
- 1 Razor + 21 Cartridges
- For Men or Women

**RAZR2M Men's Multi Pack Razors \$12.90**  
**RAZR2W Women's Multi Pack Razors \$12.90**



## GENUINE LEATHER ZIP WALLET



**9 Expandable Card Pockets**

**2 Zip Close Compartments**



**Compact & Secure**



**Convenient ID Window**

- Unisex
- Compact yet carries a load
- RFID Lining
- Easily access cash and cards!

Small in size yet mighty in functionality! Features 2 zip close sections to keep your items safe and secure; with 9 expandable card pockets, 3 additional sections for cash and other cards plus RFID protection to block scammers. Measures a compact 11cm x 7.5cm. Genuine leather. Available in Black.  
**LZIP6 Genuine Leather Zip Wallet \$24.90**

**Great for Elevating Your Feet**



## PUT YOUR FEET UP

Supporting and elevating your legs can aid with post operative recovery, relief from back pain, improve circulation & simply to rest tired aching legs. The lightweight design features a tubular frame topped with a soft padded nylon/polyester cushion at the right height & angle for use with most chairs & couches. Measures approx. 48.5W x 48.5H x 39cmD.



**...or to rest tired and weary feet**

**LEGR2 LEG REST \$39.90**

## CHARMING FLOOR RUGS FOR YOUR HOME

**50% OFF**

**Round**



**Runner**



Beautiful colors and a charming design make this braided rug the perfect addition to your home. Features colorful birds perched on flowering branches on a white background and surrounded by a blue and white braided border. Spot and vacuum clean. Available in Round; approx 76.5cm in diameter, and Runner; approx 123cm x 52cm. Please specify size and code on order form.

**RUGS4 Bird Braided Rug (Runner) WAS \$39.90 NOW \$19.90**  
**RUGS5 Bird Braided Rug (Round) WAS \$34.90 NOW \$17.40**

## HEALTHIER COOKING

Fat Free Meals in Your Microwave!



**BETTER THAN PLASTIC**



**Delicious Stews**



**Scrumptious Omelettes**

Micro Stone is a ceramic cooker, letting you cook quick, healthy fat free meals in your microwave. Its non-stick so no need to add fat or oils and is a breeze to wash. Micro Stone is perfect for eggs, omelettes, soups, baked desserts & so much more! Includes a recipe booklet and is dishwasher safe. Measures 18cm L x 9cm H x 11cm D.

**COOK3 CERAMIC COOKER \$14.90**  
**2 or more \$9.90ea**

**ASSORTED WALTZ LENGTH LOUNGERS**  
 Comfortable and easy to care for! Roomy, slipover styling with handy side pocket. Polyester knit. Machine wash & dry. Approx length 104cm (41"). Available in assorted prints (prints may vary to those shown here) in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.  
*We will pick one for you as there is limited stock available in any one print.*

5674801 Assorted  
 WAS \$44.90 NOW \$39.90

**SALE** Up to Size 5X



**ALL DAY COMFORT**  
 Ultimate S-t-r-e-t-c-h, in a Lightweight Shoe

WHITE/SILVER



Woven elastic moulds to the shape of your foot providing the ultimate in comfort!

MULTI IN SIZES 6-11

The lightweight, woven, stretch elastic upper conforms to the shape of your foot to provide you with the most comfortable experience. Perfect for anyone with bunions, corns, wide feet, and other foot ailments that makes finding shoes difficult. Finished off with a cushioned insole and a lightweight flexible outsole you will wonder how you lived without these amazing sandals! Available in White/Silver and Multi in ladies sizes 6-11. **Please specify size and colour on order form.**

SAND9M Multi Colour Festive Sandals \$39.90  
 SAND9W White/Silver Festive Sandals \$39.90

**MAGNETIC CLIPS**



**PERFECT FOR:**  
 Bills  
 Letters  
 Opened Food Packages etc

- ✓ Strong magnetic backing for secure attachment
- ✓ Works as a bag sealer to keep contents fresh
- ✓ Non-slip grips for comfortable use
- ✓ Comes In A Set of 6
- ✓ Each clip measures 7\*4\*3.8 cm and comes in an assortment of colours

MAGC5 Magnetic Fridge Clips Set of 6 \$9.90

**EFFORTLESSLY DRAWS WATER FROM A BUCKET, TAP, POOL OR ANY OTHER WATER SOURCE**

**SPRAYJET MAXX DELUXE**

Powerful, Rechargeable Cordless Washer

Powered by Li-Ion technology

Power Wash Anywhere, Anytime

25\* HRS RUN TIME IN ONE CHARGE



No more clunky pressure washers that are heavy and cumbersome. The Sprayjet Maxx is handheld, small, lightweight and portable and can work anywhere you have a water source. Simply attach the water filter to the siphon hose and drop it into whatever source of water you have...Bucket, pool, sink etc. Or just connect it straight to your tap for direct access. Simply attach the on/off valve to control the flow of water. Great for all kinds of jobs around the home. Rechargeable with the powerful Li-Ion battery. Comes in a handy hard shell carry case with 2 nozzles; including a bonus 6 in 1 nozzle, a 5m siphoning hose, a soap and foam dispenser bottle, water filter, hose connector, bottle connector, charging adapter, 2000mAh rechargeable battery and bonus on/off valve for the garden hose.

**PERFECT FOR:**  
 CLEANING CARS  
 DRIVEWAYS  
 WINDOWS  
 BICYCLES  
 CAMPERS  
 PAVERS  
 BBQ'S AND MORE!

WASH6 SprayJet Maxx \$99.90

**PLAY HANDS FREE**

SET OF 2



Cards Not Included

Measures 21.5 x 10 x 5.5cm

- ✓ Ideal for customers with limited dexterity and arthritis sufferers
- ✓ Allows hands-free card playing for greater comfort and ease
- ✓ Each holder can hold up to 15 standard-sized playing cards
- ✓ Just slide the cards in/out and organise them more easily

CARD7 PLAYING CARD HOLDERS S/2 \$14.90

**Simple to use & machine washable!**

**5m Roll**

## IRON ON HEMMING TAPE

Easily hem clothing without sewing! Just cut to size, soak in water, and iron for a strong, washable bond. The single-sided adhesive sticks firmly to fabric and stays secure wash after wash. Available in black, 5m roll. (Spot test on fabric as may not be suitable on delicate materials).

**TAPE2 Iron on Hemming Tape \$11.90**

**1 PAIR**

## BUNION RELIEF

**GET THE PERFECT SUPPORT**

- ✓ Regain foot health and stabilise the metatarsal arch
- ✓ Helps support the correction of hallux valgus deformation
- ✓ Flexible hinge helps maintain foot mobility

The Bunion Relief strap is specifically designed to help provide relief while ensuring maximum comfort and convenience. Soft padding and adjustable features ensure a perfect fit for most feet. Simply put on the splint, adjust the straps, and let it work its magic (not recommended for those with diabetes or circulatory problems). Sold as a pair. **BREL2 Bunion Relief Pair \$12.90**

**NEW & IMPROVED DESIGN!**

**SET OF 8!**

## No More SCRATCHED Floors!

**S-T-R-E-T-C-H** to fit most chair legs

New & Improved! Protect your floors from scratches with our amazing Furniture Gliders. Special clear silicone material stretches to fit most chair legs, whilst the specialized high rise felt stays in place, making it super easy for you to slide your chairs with ease without all the noise and scratches that comes with it! Set of 8. **GLIDE3 Furniture Gliders \$16.90 - Buy 2 or more for only \$13.90ea**

## SATIN CAFTANS

Beautiful Satin Caftans are a must have. Throw on and go, these stunning caftans will be your go to every day of the week. 100% woven satin polyester. Machine wash. Length 136cm (53.5"). Available in Navy Paisley and Sky Blue Floral in sizes REG (fits Small to 1X) and LGE (fits 2X to 5X).

5882402 Navy Paisley Satin Caftan \$59.90  
5882403 Sky Blue Floral Satin Caftan \$59.90

**Effortless Style**

**Navy Paisley 02**

**Sky Blue Floral 03**

**1x Large**

**1x Small**

**Set of 2**

## Clip Your Nails at Any Angle

**360° Rotation**

These unique nail cutters feature a 360° rotating head that allows you to clip your nails from the angle that is most comfortable to you. No more needing to trim from awkward positions. Available as a set of 2 with one large nail cutter and one small nail cutter. Large measures approx 10cm L, small measures approx 8cm L.

**NAIL5 Side Cutting Nail Cutters S/2 \$14.90**

**CLOTHESLINE HOOKS**  
*The Perfect Accessory!*

**SET OF 12**

Keep your hangers secure on the clothesline and where you left them. No more blowing away with the wind. Simply fix the clothesline hook to the clothesline cord, and then hang your hanger. Increases your hanging space and makes drying your clothes a breeze! Plastic. Set of 12. **HOOK2 Clothesline Hooks S/12 \$9.90**

**RELIEF AT LAST**  
**Easy on/off Compression Socks**

**Gentle Compression Helps:**

- Increase Circulation
- Support Aching Tired Muscles
- Reduce Swelling/Fluid Retention
- Ease Varicose Vein Discomfort
- Washable Nylon & Elastane
- Great For Men & Women

Size	Calf Circum. (cm)
Reg	30-34
L	35-38
XL	39-42

Compression socks are so easy to put on! Convenient zips ensure the benefits of 20-30 mmHg compression by making it ultra-easy to put on and take off...without frustration, time-consuming wrestling and straining.

**INDICATE SIZE ON ORDER FORM**

**ZIPS2 Beige Zipper Compression Socks \$29.90 pr**

### LONG SLEEVE PLEAT TUNIC

Casual knit tunic with long sleeves, button accents, pleating and patch pockets. Polyester/cotton knit. Machine wash. Approx length 79cm (31"). Available in Heather Grey, Dusty Purple and Fuchsia in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

**Up to  
size  
5X**

- 5891102 Fuchsia Long Sleeve Pleat Tunic \$39.90
- 5891103 Dusty Purple Long Sleeve Pleat Tunic \$39.90
- 5891104 Heather Grey Long Sleeve Pleat Tunic \$39.90



Heather Grey 04

Fuchsia 02

Dusty Purple 03

### WINDSHIELD & GLASS CLEANER TABLETS

Each tablet makes up to 4L!

SET OF 30



Great for the wiper fluid dispenser in your car for a crystal clear windshield



And perfect for around the home to clean glass/windows

Crystal clear glass made easy! Drop one tablet into your wiper fluid tank for a sparkling windshield, or dissolve in water to clean windows and mirrors at home. Each tablet creates up to 4L of cleaning solution. Comes in a convenient set of 30. **WASH5 Glass Cleaning Tablets Set of 30 \$12.90**

### Super BIG Cane Tip



Extra Large Base for Added Stability



The 6 big feet on our Super BIG Cane Tip flex to grip surfaces as you walk. Perfect for added safety and convenience. The 6 foot design also allows the cane to stand on its own when you are at rest, so no more worrying about dropping or losing your cane. Cane tip measures 12cm dia x 8cm H with a 2cm opening that stretches slightly to fit your cane. Made from flexible rubber.

**CANE7 Super Big Cane Tip \$12.90**

Perfect For:

- ✓ Armchairs
- ✓ Wheelchairs
- ✓ Patio Chairs
- ✓ And more!



Features ties to keep it in place

### REDUCE PRESSURE AND FRICTION

This cushion is especially designed to help reduce and relieve pressure and friction on sensitive areas allowing you sit comfortably for much longer. The pressure relief cushion's fill is 65% polyester & 35% cotton including the cushion surface. The chair pad fits inside wheelchairs, armchairs & even patio chairs. Measures approx 98cm (top to bottom) x 116cm (arm rest to arm rest) x 10cm H. Spot clean with damp cloth. Colour may vary to what is shown.

**CUSH7 PRESSURE REDUCING CHAIR CUSHION \$34.90**

### KEEP YOUR FEET TOASTY & WARM

Just what you need this winter

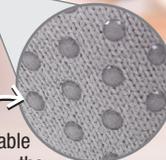


Soft & Warm Fleece Lining

**SALE**

Perfect for Men & Women

Non-Slip Grip Bots



Keep your feet cozy and comfortable with our fleece-lined socks, the perfect alternative to slippers! Designed for warmth and ultimate comfort, these socks feature non-slip dots on the outside for secure footing on any surface. Perfect for lounging around the house, they're your go-to for staying snug all day long! Machine wash gentle. Available in 3 sizes, SML, MED & LGE; suitable for both women and men. See size chart to find your size (sizing is approximate as it is a sock). **Don't forget to include your size on the order form.**

	LADIES	MENS
SML	5-7	n/a
MED	8-10	7-9
LGE	11-12	10-12

**SOCK18 Grip Heat Socks WAS \$18.90 NOW \$12.90**

### 14 Days Pill Organiser



Pill organiser opens and closes like a book to secure medication inside plastic, snap-shut compartments that slip into vinyl sleeves. Four slots for each day to cover morning, noon, evening and bedtime medicine. Beautifully finished in tapestry fabric it measures 115x185mm.

**PILL2 14 DAY PILL ORGANISER \$19.90**

# Digital Kitchen Scales

The Perfect Kitchen Accessory



- Measures in ounces, lb, grams, ml, kg & fl oz
- ✓ Temper glass surface, wide platform
  - ✓ 1 gram increments
  - ✓ Highly accurate with high precision weight sensor
  - ✓ Large LCD display with large easy to read numbers
  - ✓ One touch tare scale resetting function makes life easy when combining all the ingredients into the mixing bowl
  - ✓ Battery included (2 x AAA)
- KSCAL2 Digital Kitchen Scales \$24.90**

# NO MORE STOOPING, BENDING OR TWISTING

**BUY 2 OR MORE BRUSHES & SAVE!**

Replacement sponges now available

Nylon brush provides gentle but effective cleaning for the soles and toes

The long handled foot brush is perfect for scrubbing & cleaning your feet. The 2 interchangeable sponge heads are ideal for cleaning in between your toes and for applying any lotions or tinctures. Ideal for people with limited range of motion. Plastic contoured handle measures 56.5cm L without attachments.

BRUS6	Long Handled Foot Brush	\$14.90
	2 or more Brushes	\$9.90ea
BRUS6R	Set of 4 Replacement Sponges	\$5.90

# REMOVE EVERY SPECK OF LINT FROM YOUR WASHING!

Specially designed Lint balls have Microfibres which grab the tiniest particle and hold it until you rinse it off. Forget about tedious sweeping with lint brushes. These amazing Lint Balls grab paper and tissue before they clog up the washing machine. You can use them wash after wash. Come in set of 12.

**WASH2 Lint Balls S/12 \$14.90**

# WHAT A FANTASTIC OFFER!

**IN EXCESS OF \$70.00 RETAIL VALUE**

**NOW YOURS FOR ONLY \$29.90**

# A SPECIAL MYSTERY PACKAGE JUST FOR YOU

Due to discontinued product lines we are offering you a special selection of Giftware, Kitchenware, Bedroom and Bathroom Goods. We are sacrificing these goods at **Drastically Reduced Prices**, for a 'Special Mystery Package', which has a retail value in excess of \$70.00, and is yours for only \$29.90. Who knows what surprise you will find inside! If you are not completely satisfied we will refund your money in full. So you have nothing to lose and a lot to gain! We sometimes have shoes to clear so please advise a ladies shoe size on the order form also.

(Retail prices quoted are advertised prices in the Health Pride catalogue)

**MYST2 Mystery Package \$29.90**

# CREATE YOUR OWN STYLE

Sleeve Cuffs



Transform your outfits effortlessly with our magnetic clothing clips. They are perfect for tapering clothes and offer a number of styling options. Clip your tshirt sleeves for a beautiful draped effect, your shirt sleeves to keep them up, side hems for an added effect and more! Strong magnets keep them in place and simply pull apart to remove. Available as a set of 4 in 2 x gold tone, 2 x silver tone.

**Shirt/Top Hems**

# INSTANT SEW NEEDLES

SET OF 16!

Trying to thread a needle is one of the most frustrating things in life. But these special needles allow you to thread the eye instantly and effortlessly. Just loop your thread, pull it into the needles built-in groove and - voila - needle threaded! Set of 16 needles come in their own dispenser.

**NEDL2 Instant Sew Needles \$9.90**



# THE PERFECT SHOWER RUG



The Shower Rug has anti-microbial poly-fibres that won't wear out, are stain resistant and help prevent the growth of mould and mildew. It won't hold water as it passes right through it even when you place it straight over the drain. Stops the worry about falling over in the shower or bath, measures 75cm x 43cm, is machine washable and line dry.

**SRUG2 SHOWER RUG \$25.90**

# Super Soft Material



# MAGIC BRA

ALL DAY COMFORT, NO HOOKS, NO WIRES

**Set of 3 - 1 x Black, 1 x White, 1 x Beige**

**Comfortable Design**

- ✓ Magic fabric for perfect fit and comfort!
- ✓ Super easy to slip on and off - ideal for those with arthritis
- ✓ Shapes magnificently and prevents sagging bust!
- ✓ Wide shoulder straps provide maximum support!
- ✓ Available in size S, M, L, 1X & 2X
- ✓ Simply match your bra with your clothing size

**PLEASE INDICATE SIZE ON ORDER FORM.**

**WBRA2 1 Black, 1 Beige, 1 White, all 3 \$34.90**

# PUZZLE BOOKS

**Hours of Fun & Mental Stimulation!**

- ✓ Over 500 puzzles between both books
- ✓ Combined Word Search and Crossword Puzzles in each book
- ✓ A fun way to pass the time and keep your mind sharp

**SET OF 2**

BPUZ2 2-in-1 Puzzle Books Set of 2 \$19.90

## CATCH EVERY DROP

Protect your benchtops from water spills and stop them before they start. Simply place the Drain Mat around your tap (can be cut to fit the tap width), attach with the snap button at the back to keep it firmly in place, and that's it. Any spills, or messes will simply drain away. Perfect for storing sponges, soap and more. Measures 37cm L x 14.5cm D (depth can be reduced to 13.5cm to fit). Made from durable silicone.

**DMAT2 Sink Draining Mat \$14.90**

**BEFORE**  **AFTER** 

6" Slope lets water drain

Water Simply Drains Away!



Heather Grey 55      Black 12

**Super Soft and Lightweight**

### SOFT KNIT PANTS

Super soft and comfy knit pants are a must have. Wear them anywhere for style plus absolute comfort. Full elastic, drawstring waist and rectangular patch pockets with a diagonal opening. Cotton / Polyester knit. Machine wash. Approx inseam 74cm (29"). Available in Heather Grey and Black in sizes S, M, L, 1X, 2X, 3X 4X & 5X.

5864012 Black \$44.90      5864055 Heather Grey \$44.90

## DRAIN CLEAN

**SET OF 12**

**CLEAR GREASE**

One stick a month into your drains will break down & digest food & grease build-up in the pipes. Keep drains clog & odour free! Sticks are biodegradable & environmentally friendly.

**DRAIN2 DRAIN DROPPER \$7.90**

## NO MORE WASTAGE

**SET OF 2**

This great little gadget allows you to get every last drop of toothpaste in the tube. No more wastage or endless squeezing. In a set of 2 and fits all toothpaste tubes.

**TUBE4 TOOTHPASTE SAVER S/2 \$9.90**

## The Last Knife You Ever Need To Buy

**Premium COPPER PRO KNIFE**

15cm Chef's Knife

**SUPERIOR Copper Infused Quality**

- ✓ Premium copper infused knife
- ✓ Razor sharp blade for effortless cutting
- ✓ Tough stainless steel core
- ✓ Blades stay razor sharp
- ✓ Air vents for non-stick & smooth cutting
- ✓ Ergonomic ribbed handle for better grip
- ✓ Dishwasher Safe

**Perfect for fine chopping, slicing, dicing, mincing and so much more!**

**KNIF8 COPPER KNIFE \$12.90**

## THE AMAZING ALL-IN-ONE BOLSTER PILLOW

**GREAT FOR: LEGS, BACK, NECK, HEAD, HIPS & MORE!**

**WITHOUT BOLSTER GEL PILLOW** **WITH BOLSTER GEL PILLOW**

You won't know how you lived without this all in one Gel Bolster Pillow. It has so many uses, in between your legs or your knees, under your ankles, behind your head or your back and much more! Provides relief for aches and pains where you need it most. Features a breathable bamboo mesh cover, cooling gel and charcoal infused memory foam. Measures 40cm x 20cm x 10cm.

**GELP7 Bolster Gel Pillow \$25.90**

## CRACK EGGS EFFORTLESSLY!



The easy way to crack and peel eggs without mess or fuss



Cracking eggs has never been easier! Just place the egg in the opener, close the lid, squeeze the metal pincers, and pull apart. That's it—no mess, just a perfectly cracked egg every time. Also great for peeling hard boiled eggs! Fits most egg sizes. Measures 7cm x 4.5cm.

**EGGC3 Egg Cracker \$9.90**

## NO MORE SPILLS



2 HANDLES FOR A FIRMER GRIP



Enjoy your cup of tea without worrying about shaky or arthritic hands. Unique ceramic mug with 2 extra-large handles provides increased stability and control so you can keep your independence and personal dignity. 300ml.

**DGNT2 EASY TO HOLD CUP \$13.90**

## EASY DROPPER

The Easy Dropper will help you to dispense eye drops directly into your eye without spills or mess. The soft and flexible guide conforms to the shape of your face and it can also be used as an eyewash cup.

**EYED2 Easy Dropper \$9.90**



## COMB AND BRUSH CLEANER

There is nothing more irritating than a dirty brush or comb. Specially designed tools will get your comb and brush clean in seconds. Just pull comb through twisted-in bristles to remove hair and other dirt quickly and easily. Special wires in the hairbrush cleaner grab embedded hair like magic.

**COMB2 Comb & Hairbrush Cleaning set \$9.90**

## CLEANSING DETOX FOOT PATCHES



SET OF 14 PATCHES



BEFORE

AFTER

- ✓ AID'S NATURAL CLEANSING
- ✓ ABSORBS IMPURITIES
- ✓ WORKS WHILE YOU SLEEP
- ✓ HOLISTIC INGREDIENTS

These Holistic Foot Patches have been specially formulated to help improve circulation & aid body cleansing by absorbing toxins and impurities while you sleep. Compare the clean patches you put on before bed with the dirty patches you wake up with, you'll be amazed at how many impurities your body eliminates overnight! See the results right away! Kit contains 14 patches.

**B1201 Detox Foot Pads \$29.90**

## ORGANISE YOUR SPACE



SALE

SET OF 4

Keep everything in its place



Perfect Anywhere

Create clear and defined sections for your clothing, bedding, towels, food, cleaning products and much much more. Simply slide over the shelf and slot into place where it will sturdily sit. No more

mess, no more clutter. Set of 4. Each divider measures 28cm D x 21cm H. Fits approx shelf width of 2.5cm. **SHLF9 Clear Shelf Divider Set of 4 \$24.90 NOW \$19.90**

## RELIEVE FOOT PAIN

### Compression Relief Sleeve

### EASES HEEL & ARCH PAIN

- ✓ Minimise Swelling
- ✓ Support Fascia Ligament
- ✓ Relieve Pain from Plantar Fasciitis

"I started wearing these support socks & have had a dramatic improvement! They have saved me from the chronic pain that lasted all day & night! – Ms. C"



Multi-Directional Compression

SIZE CHART	Ladies	Men
SMALL	4 - 6.5	NA
MEDIUM	7 - 10.5	6 - 9.5
LARGE	11 +	10 - 13
X-LARGE	NA	13.5 +

Soft, elasticised ankle with unique knitting pattern provides heel and arch compression to minimise swelling, support fascia ligament and relieve pain. Tactile 'nodules' help stimulate circulation. Worn over or under socks. Daytime or night time use to ease morning discomfort. Also helpful for Achilles tendon conditions/ Provides 25-35 mmHG all over compression with 30 mmHG at arch. Please see above size chart to find your size & don't forget to include your size on the order form. (sold as a single sleeve, not a pair). **SLEEVE2 Plantar Fasciitis Sleeve (single) \$24.90**

## Drug-free Way To Clear Congestion, Sinuses etc.

The traditional way to clear nasal passages. Just fill cup with steaming hot water, clip facial mask onto cup and breath deeply. Soothing layers of steam help to clear nasal passages. Measures 16cm H.

**TIP: For heavy congestion, add a drop of Eucalyptus Oil for faster relief.**



**STEM4 Steam Inhaler \$9.90**

**Up to Size 5X**

**ASSORTED EASY CARE APRON**

A delightful way to protect your clothing. With two front pockets and snap button front. Available in Woven Polyester/Cotton. Machine wash and dry. Approx length 72cm. Available in assorted prints (prints may vary to those shown here) in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.

**We will pick one for you as there is limited stock available in any one print.**

5629701 Assorted Apron \$19.90ea



**PROTECT YOUR FURNITURE**

**SALE**



**Now Available in 2 Seater, 3 Seater as well as the original Recliner!**



**Side Pocket**



**PERFECT FOR PETS**

Protect your furniture in style with our Microfibre Covers. This convenient cover features a handy, adjustable elastic strap to secure it in place plus convenient side pocket for magazines, remote controls and more (pocket on one flap only). Recliner has pockets on both flaps). Quilted design allows you to sit in comfort whilst protecting your furniture from spills and stains. Available in Brown. Microfibre polyester with PP cotton filling. Machine wash delicate. Available in 3 Seater, 2 Seater & Recliner. Recliner measures approx 206cm L x 59cm W. Side flaps; 54.5cm L x 40cm W. 2 Seater measures 112cm W x 186cm H, 3 Seater measures 169cm W x 186cm H; side flaps measure 56cm x 56cm.



**Original Recliner!**

**COV35 Recliner \$39.90 \$29.90**  
**COV35T 2 Seater \$49.90 \$39.90**  
**COV35S 3 Seater \$59.90 \$49.90**

**PERFECT STORAGE SOLUTIONS**



**CD Storage**



**DVD Storage**



**Magazine Storage**

- ✓ Specially designed to store magazines, DVD's or CD's
- ✓ Bags have webbed nylon handles & transparent sides

All bags store items in a dust free environment & measure;

DVD bag - 57 L x 16.5 H x 19cm W & holds 37 DVD'S  
 CD bag - 55.5 L x 16 H x 19cm W & holds 50 CD'S  
 Magazine bag - 30 L x 25.5 H x 20cm W & holds 40 same size magazines

Buy 1 of each size & save \$4.95

STOR2A	CD STORAGE	\$9.90
STOR2B	DVD STORAGE	\$9.90
STOR2C	MAGAZINE STORAGE	\$9.90
STOR2S	SAVE ALL 3 FOR	\$24.75

**PORTABLE, COMPACT LED LANTERN**

**Perfect for emergencies and everyday use**



**Simply pull up!**

- ✓ Instant-On Design
- ✓ Compact & Portable
- ✓ Versatile Use
- ✓ Hang It Anywhere



**Small & Compact**

**LANT5 Pop Up LED Lantern \$19.90**  
**2 or more \$14.90ea**

**LEVINE'S POWER KNEE STRAP**



We have sold 1000s of these famous knee straps to satisfied customers. We can't tell you whether it's the special construction designed to support the patella of the knee at the right angle or whether it's the magnets embedded therein. All we can tell you is that you try it for yourself to find out what it can do for you.

**Highly Recommended**

**KNEE4 Power Knee Strap \$19.90**

# DONUT GEL CUSHION

Ergonomic Design to Help Relieve Pressure

Helps to ease pain from:



HAEMORRHOIDS BACK PAIN SCIATICA

Find comfort and relief wherever you sit with this ergonomic donut gel cushion. Designed with a "U"-shaped center cutout, it helps reduce pressure on the tailbone, hips, and spine—ideal for relieving discomfort from hemorrhoids, sciatica, and coccyx pain. The cushion evenly distributes weight to promote healthy posture and reduce strain during prolonged sitting. Lightweight and portable Measures 48cm x 28cm x 7cm.



- Cooling gel nodules provide ultimate comfort
- High Density Memory Foam
- Non-Slip Base
- Breathable & Removable Mesh Cover

✓ Car ✓ Home ✓ Office ✓ Wheelchair

GELC5 Donut Gel Cushion \$49.90



Simply Attach The Rug Grips To Any Rug To Keep It Secure!



## NO MORE RUG SLIP

- ✓ Washable & Reusable
- ✓ Leaves No Sticky Residue
- ✓ Each Grip Measures 180x30mm
- ✓ Perfect for Tiles, Floorboards etc
- ✓ Helps Your Rug To Sit Flat & Stop Slipping
- ✓ Helps To Make Your Rug Safer In Your Home

SET OF 12

Colour may vary to what is shown

GRIP3 Set of 12 Rug Grips \$14.90



## Copper Infused Compression Braces

- ✓ Made from copper nylon, rubber & spandex  
Knee brace Copper/Nylon/Elastic/Spandex
- ✓ Helps to increase joint & muscle mobility
- ✓ Helps to aid increased blood circulation
- ✓ Excellent support for muscles & joints
- ✓ Aids the reduction of pain & swelling
- ✓ Aids in boosting exercise recovery
- ✓ Gentle & effective compression
- ✓ Comfort plus even if sleeping
- ✓ Machine or hand wash

FREE HEALTH BOOKLET WITH PURCHASE

Black only, sold individually in sizes REG & LGE. Back belt fits waist REG (71-99cm). Back available in size REG only, Ankle and Elbow available in size LGE only; Knee available in sizes REG & LGE.

PLEASE INDICATE SIZE REGULAR OR LARGE ON ORDER FORM.

COPA2 ANKLE (LGE only) \$19.90  
COPE2 ELBOW (LGE only) \$19.90  
COPK2 KNEE \$19.90  
COPB2 BACK (REG only) \$24.90

## PROTECT YOUR VALUABLES

- ✓ RFID protection
- ✓ Slimline design to sit under clothing
- ✓ Keeps essentials hidden and safely tucked away



SALE

Our RFID Slimline Travel Bag fits discreetly under your clothing, keeping your passport, tickets, travel cards, credit cards, and more safely hidden and protected. With an adjustable elastic waistband that fits most, two secure zip compartments, and built-in RFID-blocking technology, it's the smart way to travel with peace of mind. Measures 28cm x 15cm. Elastic strap measures 79cm L unstretched.

TRAV2 RFID Travel Bag  
\$19.90 \$14.90

## STOP STRUGGLING TO OPEN YOUR PILLS!



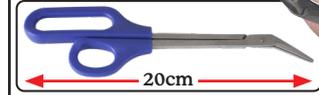
Simply Press Down

...And the pills pop out here!

Blister packs can be very convenient, though at times they can be difficult to open especially if you have hands that are suffering from arthritis or other mobility issues. Simply place it over the pill that you want to take, give it a squeeze and in seconds the tablet pops out undamaged. Saves your hands and frustration. Made of plastic and measures 12.7 L x 2.54 W x 3.8cm H.

PP0P2 PILL POPPER \$9.90

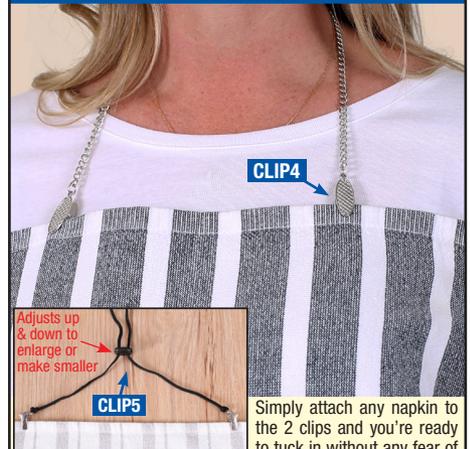
## REACH YOUR NAILS WITH EASE



These extra long 20cm Toenail Scissors remove the reaching and straining associated with cutting your toenails. Slanted blades and plastic comfort grip easily cuts through nails that you would otherwise struggle with. Perfect for those suffering from arthritis, back pain or limited mobility. Quality stainless steel and plastic.

NAIL10 Easy Reach Nail Scissors \$14.90

## PROTECT YOUR CLOTHES FROM SPILLING FOOD...



Simply attach any napkin to the 2 clips and you're ready to tuck in without any fear of extra washing or ruining your clothes. Silver toned 46cm chain with large, easy to use clips or fully adjustable metal clip adjusting to the length you want. Adjustable version features 2 metal clips and nylon rope with push clip to adjust to your desired length.

CLIP4 METAL NAPKIN CLIP \$12.90  
CLIP5 ADJUSTABLE NAPKIN CLIP \$12.90

## Gentle on Flyscreens Tough on Dirt!

No need for soap or water

Measures 15.5cm x 14cm

Small bristles penetrate screen mesh, poking out dirt, dust and grime

Simply roll over the screen!

FLY3 Flyscreen Brush \$8.90

## OVEN GLOVE



Heat Resistant up to 280°



SET OF 2

- ✓ Flame resistant material
- ✓ 5 finger flexi grip makes it easier to grab and handle items
- ✓ Perfect for the kitchen and the BBQ
- ✓ Suitable for left or right hands

OVEN6 Oven Glove (pair) \$14.90



## All Purpose Foot Rest

A Stable Place To Rest Your Feet!

Increase bathroom safety with our All Purpose Foot Rest. Use it to shave your legs, cut your toenails, pedicures and more... no more trying to reach down and touch your toes! Even has a handy storage compartment, with drainage holes, to keep toe care items at hand. Measures 38cm L x 16.5cm W x 28cm H (at highest point). Made from sturdy plastic. (accessories not included).

Handy Storage Compartment

STEP6 All Purpose Foot Rest \$29.90

## EASILY CATCH HAIR & LINT

SET OF 2

Hair Sticks Like a Magnet



No one likes washing their clothes only to find pet hair, lint and more still stuck to their clothes. Simply throw these amazing Animal Hair Rings in with the washing and let them do all the dirty work! Tacky and flexible, the rings work in the washer and the dryer attracting hair, fur and lint like magic. Can be used again and again, simply rinse and reuse! Also doubles as a lint roller, just rub over clothing, lounges, curtains and more. Set of 2.

Simply Rinse & Reuse

HAIR9 Animal Hair Removing Rings Set of 2 \$8.90

## CUT YOUR TABLETS QUICKLY & EASILY!



Fits Most Shapes & Sizes

Never struggle to cut a pill again! Our specially designed pill cutter features 14 pill-shaped cavities to fit pills of different shapes and sizes (simply flip the centre to reveal more shapes!). Also features a self retracting safety blade to protect fingers as it neatly slices pills in half. Plastic. Measures 10.5 x 6.5cm x 4cm.

VPIL4 Pill Cutter \$15.90

## EASY GRIP TONGS

Perfect for any kitchen job

From flipping steaks on the BBQ, to tossing pasta, or reaching that last olive at the bottom of the jar, these stainless steel, tweezer style tongs are built for precision and versatility. With a firm, comfortable grip and measuring 28cm L, they're perfect for just about any kitchen task. Sold as a single pair of tongs.

So many uses...



TONG2 Steel Grill Tongs \$7.90

## FILIGREE, COPPER & MAGNETS



Powerful Magnets

FREE HEALTH BOOKLET WITH PURCHASE

This gorgeously chic bracelet and ring have a polished gold tone / copper finish, with silver tone filigree floral vine detailing making these stunning pieces to wear. Concealed in the cuff of each end of the bracelet are 3 powerful magnets; 6 in total - each one 2000 gauss. The ring features 2 magnets, one on each end. They both also feature copper plating so you get double action, magnetic power plus the added benefits of copper. Copper has been used for centuries & has been said to aid pain relief associated with arthritis, tendonitis & rheumatism. Bends to fit most sizes. \*Magnetic therapy has not been medically proven although some people have claimed success with it. All we can suggest is that you try it for yourself. Not suitable for people fitted with pacemakers or defibrillators.

MAGB5 Filigree Copper Magnetic Bracelet \$19.90  
MAGB6 Filigree Copper Magnetic Ring \$14.90

## PREVENT ICY BUILD UP IN YOUR FREEZER



Don't chip and hack away at layers of ice to get to your frozen foods! Just place this specially-coated mat on the bottom of your freezer and frost won't have a chance to form. Ends the drudgery of manual defrosting too! Measures 47cm L x 23cm W.

AMAT2 ANTI-FROST MAT \$12.90

Up to size 5X

**ONLY \$69.90!**

Set of 2

**SMOCKED NIGHTGOWNS SET OF 2**

The pretty smocked neckline with lace detail and partial button front will make these nightgowns an instant favourite. The look is finished off with capped sleeves and a shirttail hemline. Comes as a convenient pack of 2! 100% Cotton knit (exclusive of decoration). Machine wash. Approx length 116cm (46"). Available as a set of 2 in Mint/Yellow in sizes S, M, L, 1X, 2X, 3X, 4X & 5X.



5981303 Mint/Yellow S/2 Smocked Nightgowns \$69.90

**PERFECTLY POACHED EGGS In the Microwave!**

Create quick and hassle free poached eggs straight in your microwave. Simply add some water, your eggs, the lid and your ready to go! It's that easy. (Cooking times may vary based on your microwave).

**Ready in 80 Seconds!**



MEGP2 Microwave Egg Poacher \$9.90

**Clever Clasps Stop struggling with fiddly jewellery**

Set of 6  
Extending chains measure 7cm Long



This thoughtful jewellery helper set fastens both ends of a necklace chain together with powerful magnets, ending your tedious struggle with a tiny clasp! Attaches easily and works for bracelets too. Set of 6 includes 4 magnets (2 silver, 2 gold-tone) plus 2 extender chains (1 silver-tone, 1 gold-tone).

Handy Magnets Cling Together Effortlessly

CLEV2 Gold/Silver Magnetic Clasps \$16.90

**UPSIDE DOWN PICKLE JAR!**

Easily access pickles by simply **FLIPPING the jar!**

**NO MORE MESS!**

Access your pickles the quick and easy way. Simply flip the jar and all the liquid drains to the bottom chamber allowing you to grab what you need! Great for pickles, beetroot, olives and much more! Also features a date wheel on the lid so you can add a use by date. Made from food safe plastic. Measures 18cm H x 9cm dia.



Liquid drains to the bottom allowing easy access through the top

**BONUS 2 FREE Pickle Forks**

PCKL2 Pickle Jar \$19.90

**HELP PREVENT SLIPS AND FALLS\***



Green/Red Gauge

Help prevent dangerous slips and falls with this new and improved handle for your bath or shower. It instantly installs using two powerful suction grips, without requiring permanent installation and comes with a unique built-in suction gauge. When the gauge is green it indicates secure suction, when red you need to re-attach it. \*Chrome Plated look adds style to any bathroom. Measures 29.5cm long x 10.5cm at widest point. \*Our suction balance bar is designed to provide temporary balance support only. It is not a substitute for a permanently installed grab rail and should not be relied upon to support your full body weight.

BATH9 Chrome Bath Bar \$24.90

**Cloud Step Step into Pure Comfort**



Soft Cushioned Sponge

A cloud under your feet. This amazingly soft bath mat is cushioned making it ultra comfortable under your feet as well as absorbent! Under side features non-slip backing to keep you safe and secure. Measures 90cm x 45cm. Outer Polyester.

BMAT4 Cushioned Bath Mat \$19.90

## EASY GRIP PEELER

Fits easily in the palm of your hand



Perfect for anyone who struggles to hold a traditional peeler



Ergonomic Fit

Peel fruits and vegetables without the discomfort from trying to hold traditional peelers. The ergonomic rubber finger grips adjust to your fingers for maximum comfort, whilst the palm pad protects you from the blade. Measures approx 6.5cm x 6cm.

**PEEL3 Easy Grip Finger Peeler \$9.90**

## KEEP YOUR OVEN CLEAN!



You'll never have to clean the bottom of your oven again! This non-stick liner covers the bottom rack of either gas or electric ovens. Burned food slides right off. Withstands heat up to 280°C (550°F). Wipes clean or dishwasher safe. Measures 66cm x 46cm, can be trimmed to fit.

**OVEN2 Oven Liner \$9.90**

## NO SEW THREAD QUICK EASY WAY TO MEND & REPAIR



Instant, permanent bonding for almost any fabric including vinyl and leather. Fix holes, hems and seams on clothing, furniture, autos, curtains, purses, tents, linens, luggage and more. Holds through washing, dry cleaning, ironing and boiling, bottle size 36ml.

**M3411 No Sew Thread \$12.90**

## NO MORE STRUGGLING



- ✓ Adjustable Length
- ✓ Anti-slip handle
- ✓ Ergonomic design

Extends from 30cm to 72cm!

Eliminate the effort of bending down to put your shoes on. Our extendable shoe horn extends for your perfect length. Compact enough you can take it with you! Smooth curved edge is gentle on skin, shoes and socks. Also features a handy hanging rope.

**HORN3 Adjustable Shoe Horn \$11.90**

## PROTECT YOUR TOES WITH GEL CUSHIONS



SET OF 2

Simply cut to size

These Gel Toe Cushions are silicone on the inside, soft gauze on the outside and are perfect at protecting your toes in any kind of footwear. They instantly cushion any corn or other foot issue stopping pressure or friction. This all round toe protector can be cut to your required length and stretches to fit most toe sizes. Each tube measures approx 14.5cm L and can be hand washed for continued use.

**TOES7 GEL TOE CUSHIONS Set/2 \$12.90**

## No More Messy Cables!



SET OF 2

...TO THIS!

FROM THIS...

Great for all appliances!

Easy to use cord winder sticks to your appliances allowing you to keep those cables tidy and out of the way! Simply stick, wait 6-12hrs for the pad to be secure, and wind your cable around! The centre notch holds the plug keeping it damage free. Also great for other areas of your home. Made from durable rubber. Measures approx 10cm L x 3cm W. Available as a set of 2; one white, one black. Save when you buy 2 or more sets.

**CORD3 Cord Winders Set of 2 \$8.90**  
2 or more sets \$6.90ea

## MICROWAVE POT... A Must For Every Kitchen!



SALE

Foods cooked in minutes while the snap on lid strains and drains. Cook pasta, steam vegetables for dinner, melt butter or chocolate for that great dessert. The uses are endless, best of all it's all done in one pot so you save on washing up. Dishwasher safe, 4 cup capacity. Measures 27cm L x 18.5cm W x 7.5cm H.

**MWAV2 Microwave Pot \$10.90 NOW \$7.90**

## KEEP BANANAS FRESH FOR LONGER

- ✓ Reusable banana storage bag
- ✓ Prevents bananas from over ripening
- ✓ Helps to stop banana skins going black
- ✓ Provides bananas with insulation & air
- ✓ Designed to be kept in the fridge
- ✓ Measures approx 27 x 36cm



**BANA2 BANANA BAG \$9.90**

# EXTEND YOUR REACH

Also perfect for picking up objects on the floor!

**80cm LONG!**

When fully opened the Helping Hand will add an extra 80cms to your reach allowing you to reach up at those high places anywhere you cannot! Don't juggle with dangerous chairs or ladders, keep your feet on the ground and still reach up high.

**HELP2 Helping Hand \$15.90**



Easily Grab Hard to Reach Objects



Folds for Easy Storage

# FOR ACHING KNEE JOINTS AND MORE!

MEASURE HERE



**Ideal For:**

- Sore Muscles
- Aching Joints
- Tendon Pain
- Ligament Pain
- Arthritis Pain
- Sporting Injuries

This bamboo charcoal infused health support knee guard is comfortable and easy to wear. It helps to add a healing warmth + support to your knee. Made from stretchable bamboo charcoal fibre, cotton, polyester, machine wash on cold gentle cycle, dry in the sun. Sizing REG - ladies, LGE - men. (Please note if top of knee circumference is bigger than 42cm order size LGE).

**KNEE2/REG Bamboo/Charcoal Knee Guard \$19.90**  
**KNEE2/LGE Bamboo/Charcoal Knee Guard \$19.90**

# EASILY PUT ON SOCKS & STOCKINGS... Without Bending

ONE OF THE BEST SOCK AIDS AVAILABLE



Easy as... 1

2

3

The Sock Aid lets you put on socks or stockings without bending or back strain. Easy as 1,2,3! Ideal for people with limited mobility. Place the sock on the aid. The terry cloth on the outside will hold the sock firmly until it's on the foot. The nylon lining reduces friction as the aid is pulled up with the help of extra long straps. The washable sock aid is a simple & clever solution to a common problem. Perfect for travel.

**SOCK2 Sock Aid \$19.90**

# CREATE EXTRA SPACE OUT OF THIN AIR!



Utilise wasted space under your shelves!



Create extra storage space under most shelves with our Under Shelf Hanger. Perfect for storing Cling wrap, foil and baking paper, zip-loc bags, as well as anything else you can think of! Perfect for not only the kitchen but also the laundry, the garage, office and much more! Measures approx 29.5cm W x 10cm H (not incl hooks) x 23.5cm D. Hook height 3cm. Made from powder coated iron. Buy 2 or more and save!



**SHLF3 Under Shelf Organiser \$12.90**  
**2 or more \$10.90ea**

# EASY REACH BODY BRUSH



Perfect for legs, feet and more!

This long-handled bath body brush moulds to your body's shape for a deep-massaging and invigorating cleanse without making you bend and strain. Extra long bristles gently exfoliate to make your skin feel silky soft. Brushes are soft and gentle on your skin. Perfect for your back, legs, feet and more! Measures approx 60cm.

**BRUS2 BODY BRUSH \$16.90**

# RFID GENUINE LEATHER 36 CARD SLOT WALLET

The Safest Credit Card Wallet



36 Card Slots!



BLACK



- Top Quality Genuine Leather
- Soft, practical and durable
- 36 Individual credit card slots
- 2 pockets for paper notes
- 2 pockets for passport/phone
- RFID protection from scanner theft
- Keeps your money & ID safe
- Measures 20 L x 10 H x 3cm W

**LWAL4 Black RFID Leather Card Wallet \$34.90**

SHOP BY PHONE - (02) 9997 5400

# Never A Dull BLADE

Perfect for garden tools... ..and kitchen ones too

Sharpen Blades in Just 10 Seconds!

Maintain razor sharp edges on an array of tools with the SuperSharp Edge Sharpener. Perfect for blades, axes, secateurs, shears, knives and much more! The tungsten carbide sharpening blades allow you to sharpen an edge in just 10 seconds, whilst the ergonomic handle makes it effortlessly easy. Measures 14cm x 6.5cm.

**SHRP4 SuperSharp \$19.90**

# SPACE SAVING EGG DISPENSER

Removable lid allows convenient filling

Fits on most doors

10° slope allows eggs to gently roll for easy dispensing

Hold a dozen eggs!

Compact Easily access your eggs  
Can be stacked Space saving

Designed to hold a dozen eggs, its space-saving design fits almost anywhere in your fridge. The rolling feature ensures eggs are always within easy reach, making meal prep a breeze. Measures 30cm L x 8.5cm W x 14.5cm H. Fits most size eggs.

**EGGD2 Rolling Egg Dispenser \$16.90**

# NON BINDING SOCKS IDEAL FOR DIABETICS

SIZE CHART	Ladies	Men
SOCK3 REG	5-7	NA
SOCK4 LGE	8-11	7-9
SOCK4X-XL	11+	10-12

- ✓ No Blisters
- ✓ No Footsores
- ✓ Better Circulation
- ✓ GUARANTEED!!

Made from breathable cotton/elastic, they have an extra-wide opening for easy on and off. Because they are non-binding they reduce pressure on swollen legs and feet. In Black & White.

**PLEASE SPECIFY COLOUR WHEN ORDERING**

SOCK3	REGULAR	\$16.90
SOCK4	LARGE	\$16.90
SOCK4X	XLARGE	\$16.90

# DIGITAL MEASURING SPOON

Weigh Solids and Liquids

Weigh in Grams or Ounces

Always have an accurate measurement with the Digital Measuring Spoon. Perfect for weighing small amounts. Can be used for flour, sugar, oats etc in baking and cooking. Can also be used for weighing tea leaves, coffee, spices and much more. Requires 2 x AAA batteries (not included). Spoon head is removable for cleaning in warm soapy water). Measures approx 24cm L. Spoon head measures 6cm x 7.5cm.

**DSPN2 Digital Measuring Spoon \$14.90**

# DON'T THROW AWAY GOOD BATTERIES!

Easily test and check most common battery types:

- ✓ AA
- ✓ AAA
- ✓ 9V
- ✓ C
- ✓ D
- ✓ And button cells

**EASY TO READ DISPLAY**

REPLACE BATTERY

BT-168 BATTERY TESTER

All you need is this single unit to test all your batteries at home to see how much charge before you discard them. It will even test your rechargeable ones to see how much they have left in them before they need a recharge. Easy-to-read color coded scale indicates the power level of the battery. Checks all 9v & 1.5v (AAA, AA, C & D) & all button cell batteries. Measures 11cm H x 6cm W.

**BATT5 BATTERY TESTER \$14.90**

# NO BATTERIES REQUIRED

eco

Weights less than 70gms

Perfect for Emergencies...

Camping & more

This Emergency Flashlight automatically recharges itself every time you use it - You squeeze, you don't have to 'pump', and the LED technology lights up! Nothing to wear out or break! From blackout to breakdown to camping... you will always have light & never run the risk of dead batteries.

**M2901 Emergency Flashlight \$11.90**

# MICROFIBRE MOP SLIPPERS

In assorted colours, we will choose one for you

- ✓ Designed for cleaning floors
- ✓ Easily lift dust, lint & pet hair
- ✓ Will not damage floors
- ✓ Easy to put on/take off
- ✓ Machine wash, 1 size fits most
- ✓ For wooden floors, lino, polished concrete, & tiles
- ✓ Use on your broom, mop, or window cleaner too!

**MOPS2 MICROFIBRE MOP SLIPPERS (PAIR) \$9.90**

## MULTI-USE CABLE LABELS

Know at a glance which cable is which!

TV  
DVD  
FOXTEL  
SOUND BAR

SET OF 10!

Great for cords...

...Keys  
...Plants  
One touch close

Keep cords and cables organized with these reusable one touch cable labels. Made from durable nylon, they're built to last and can be written on with most felt tip markers for quick identification. Available in multiple colors, they're perfect for labeling cables, keys, or even plants. Available as a set of 10 in 5 assorted colours. Each label measures 3cm x 2cm (overall length 5cm).

**LABL2 Cable Labels**  
Set of 10 \$9.90

## Elegance In Every Step

Perfect for the home, beach and more!

Slip into all-day comfort with these lightweight floral clogs. Designed with a soft rubber insole with massaging dots and easy slip-on style, they offer gentle support for errands, garden strolls, or relaxing at home. Wear them your way with a flexible heel strap; keep it up for quick slip-on comfort or flip it down for added stability. Pretty, practical, and perfect for everyday wear. Available in Floral in Ladies sizes 37 (6), 38 (7), 39 (8), 40 (9), 41 (10) & 42 (11). **Don't forget to include your size on the order form.**

Wear with or without the back heel strap!

In Ladies sizes 6-11

**CLOGS3 Fantasy Clogs \$22.90**

## MINI HANDHELD BLOWER

NEW EXTENSION POLE NOW AVAILABLE

Simply grab and blow the mess away. No more hard to hold brooms or dustpans. Our powerful blower is perfect for clearing leaves, dust, debris and more from your courtyard, backyard, entryway, garage and much more! With a robust 2000mAh 21V motor and 10-12 minute run time, this powerful tool makes yard work quick, simple, and stress free. Comes in its own convenient protective carry case with an adapter and a battery pack. Measures 27.5cm H x 16cm W. Now available, our extendable extension pole to give you that extra reach so you can clear the gutters you can't reach! Extends from 97cm to 180cm. (Extension pole sold separately to blower - not compatible with previous blower version sold: BLOW2). **SAVE \$20 when you buy the Blower and the Extension Pole together!**

POWERFUL  
PORTABLE  
LIGHTWEIGHT

Switch Button  
Head tilts 180° to give you better reach!  
Battery Level Indicator  
High Power Battery  
Extend your reach up to 180cm!  
Reach gutters easily to clear debris

<b>BLOW3 Mini Handheld Blower</b>	<b>\$89.90</b>
<b>EXTP2 Extension Pole</b>	<b>\$89.90</b>
<b>BLOW4 Blower + Ext Pole</b>	<b>\$159.80</b>

## INSTANT STAIN-REMOVER

ink • wine • coffee • tea

Get rid of stains new and fresh as well as old and stubborn. This portable stick gives you a spot-on response to wine spills at the restaurant and ink marks at the office not to mention those stubborn stains at home. Tackles old stains as well. Just press tip onto the spot to release the solution and rub gently until stain disappears. Approx 11ml.

Works On:

- ✓ Clothing
- ✓ Upholstery
- ✓ Leather
- ✓ & More!

SPEN2 Stain Remover Pen \$14.90

## TABLE-SIZED FOOD UMBRELLA KEEPS FLIES OUT!

Giant Food Umbrella covers your entire table keeping your whole outdoor spread bug free. Roomy enough for large salad bowls, tall jugs, trays, platters and all the condiments. Now you can bug proof your Christmas gatherings, barbecues, alfresco dining, and camping adventures with one simple cover. Pops open for use, folds for storage. Measures 121.9cmW x 63.5cmD x 40.6cmH when open.

**FUMB2 Oversized Picnic Food Umbrella \$14.90**

122cm WIDE!

## SEE UP TO 2 TIMES LARGER WITH YOUR OWN GLASSES

SALE

Clip-on magnifiers attach to your regular glasses for clear, close-up viewing. Leaves hands free for writing, sewing, reading, and other important details. They flip up instantly for regular vision, and flip down for magnified vision. Available in 2.5X magnification only.

**AMAG2/2.5X Magnifier 2.5X \$15.90 NOW \$10.90**

Flip up when not in use

# SLICING BUDDY

With a Value of \$9.90 This Slicing Buddy can be yours for only \$5 when you spend \$30 or more!

**\*Slice your fruits and vegetables perfectly with ease!**

- Lock & store with ease
- Safer & easier way to slice
- Neat & perfect slices every time

The perfect slicer is ideal to slice, tomatoes, onions, lemons etc. Simply hold the handle and insert the knife into each slot and slice! You get perfect slices every time without fuss or mess. Plastic. Measures 20cm x 9cm.

**KSLC2 Slicing Buddy WAS \$9.90 NOW \$5.00**

## The Perfect Companion for Your Toes

**IN SETS OF 2**

Little Toe Mate

- Help relieve pain from hammer & overlapping toes
- Perfect for bunions, corns & crooked toes
- Prevents big toe rubbing against the 2nd toe
- Absorbs pressure, friction & relieves pain
- Separates, supports, aligns & cushions
- Two loops keep spacer in position

**SALE**

MATE2/MED	Toe Mate MED	<del>\$10.90</del>	\$6.50
MATE2/LGE	Toe Mate LGE	<del>\$10.90</del>	\$6.50
MATE3	Little Toe Mate	<del>\$10.90</del>	\$6.50

## OPEN JARS AT THE TOUCH OF A BUTTON!

Simply Place onto the Jar, Press the Button... And Watch the Magic Happen!

**SALE**

It's as easy as 1, 2, 3

Jar Opener will automatically adjust to any size jar

Once it's done, simply lift off the lid!

With the push of a button, open the tightest fitting lids off any sized jar! No more struggling, or having food stuck inside a jar that you cannot open. The arms of the Jar Opener adjust to the size of most jars making it the perfect kitchen accessory. Watch as it rotates around, opening the jar for you with the touch of a button. Perfect for anyone with mobility issues, arthritis and more. Able to open vacuum sealed jars, regular opened jars and screw top lids as well. Measures 19cm x 7cm x 9.5cm. Requires 2 AA batteries (not included).

**FREE2 Hands Free Jar Opener WAS \$29.90 NOW \$19.90**

## TRACK YOUR PARCEL FROM A TO B

Simply add your email address to the order form on the next page and you will receive up to date Tracking notifications from Australia Post!

### MONEY ORDERS... DID YOU KNOW THIS?

Australia Post charges approx \$13 per money order. As an alternative Australia Post also offers an Everyday Mastercard that can be loaded and used like a regular credit card! Enquire with Australia Post next time you require a money order as it may be a suitable alternative for you.

## STRAIGHTEN PROBLEM TOES

Adjustable elastic loop to hold your toe in the correct position

BEFORE TWO TOES STRAIGHTENER

AFTER THREE TOES STRAIGHTENER

This ingenious Toe Straightener aligns crooked, overlapping and hammer toes. The adjustable cotton-covered elastic loop holds your toe in the proper position as the attached pad cushions and protects the ball of your foot. One size fits right or left foot in any shoe. Washable and reusable. Comfort for your feet. Specify Left or Right for the 3 Toes separator only.

TOES1	Toe Straightener for 1 toe	\$16.90
TOES2	Toe Straightener for 2 toes	\$18.90
TOES3/L	Toe Straightener for 3 Toes Left	\$21.90
TOES3/R	Toe Straightener for 3 Toes Right	\$21.90

## AIR FRYER LINERS

Non Stick - Eco Friendly - Mess Free  
Heat Resistant up to 230°

**SILICONE LINER:**

- Reusable
- Dishwasher Safe
- Measures 17.5x5.3cm

**PAPER LINER:**

- Mess Free
- Easy Clean Up
- Available in 2 sizes! REG 16cm & LGE 20cm

PERFECT FOR Air Fryers, Ovens, Microwaves, Steamers & more!

SLIN2	Silicone Liners S/2	\$14.90
PLIN2	Paper Liners S/50 REG 16cm	\$9.90
PLIN3	Paper Liners S/50 LGE 20cm	\$12.90

SET OF 21

SET OF 50!

## THE Smallest NIGHTLIGHT

Perfect for: Stairs, Corridors, Loungerooms, Bedrooms, And much more...!

Compact yet powerful! These amazingly small nightlights are the perfect way to provide light to those areas where you need to see at night. Whether it be the bedroom for a subtle glow, the stairs for safety, the corridor for ambient lighting...Use them wherever you need! They are USB powered and so need a USB adapter to be plugged in to (not incl; see CHAR2 below). They can even be plugged into a laptop or power bank. Set of 4; with 2 cool and 2 warm lights. Measures only 2.2cm dia x 2cm L (3.2 cm L incl USB).

**NLITE2 Set of 4 USB Night Lights \$19.90**

SET OF 4

## KEEP YOUR COVERS SECURE

UNIQUE DESIGN TO FIT BETWEEN CHAIR CUSHIONS

Say goodbye to slipping and sliding slip covers. Our specially designed grips are made so you can slide them between the cushions and the sides and back of the lounge to keep your slip covers in place! The perfect solution. Available as a set of 3. Each grip measures 30cm L. Made from durable but flexible PVC and rubber.

**GRIP4 Slip Cover Grips Set of 3 \$19.90**

SET OF 3

30cm long each

**RETURNS POLICY** We are happy to exchange or refund most items. However items **MUST BE UNUSED** and returned to us in their **ORIGINAL CONDITION & PACKAGING**, with proof of purchase and within 90 days (30 days for clothing). Failure to do so can result in your request being denied and the goods returned to you. (Excludes customised products, personal massagers and vibra plus, which can only be returned if found to be faulty.) Return postage is at the expense of the customer unless the item is faulty in which case please contact us first.

SIZE CHART	Small	Medium	Large	1X	2X	3X	4X	5X					
	8	10	12	14	16	18	20	22	24	26	28	30	32
<b>Bust cm</b>	90	93	97	102	108	113	118	123	128	133	138	144	152
<b>Waist cm</b>	69	71	75	79	84	89	94	99	104	109	114	119	129
<b>Hips cm</b>	95	98	102	107	113	118	123	128	133	138	144	149	157

**ORDER BY PHONE**  
**(02) 9997 5400**

Mon-Fri (7.30am-4.30pm)

Have your Credit Card ready for phone orders

**ORDER BY MAIL**

Simply fill out the below order form, don't forget to include your payment details and send it back to us using the enclosed envelope! Please allow up to 28 days for delivery.  
**LOCKED BAG 6, TERREY HILLS NSW 2084**

**VISIT OUR SHOWROOM**

**We're open Monday - Friday**

9.00am-4.00pm Located at:

**Unit 3/81 Bassett St Mona Vale NSW 2103**

**ORDER ONLINE ANYTIME  [www.healthpride.com.au](http://www.healthpride.com.au)**

**PLEASE WRITE YOUR DETAILS AS CLEAR AS POSSIBLE SO THAT WE CAN PROCESS YOUR ORDER CORRECTLY**

CUSTOMER NUMBER \_\_\_\_\_  
(SEE BACK PAGE)

MRS/MISS/MS/MR \_\_\_\_\_  
(PLEASE CIRCLE ONE)

ADDRESS \_\_\_\_\_

SUBURB \_\_\_\_\_ STATE \_\_\_\_\_ P/CODE \_\_\_\_\_

DAYTIME PHONE No \_\_\_\_\_

**EMAIL** 

**PLEASE INDICATE METHOD OF PAYMENT** *SORRY NO COD'S. PLEASE DO NOT SEND CASH*

CHEQUE  MONEY ORDER  DIRECT DEPOSIT (please refer to page 2 for further details)

We accept Visa/Mastercard Credit Cards as well as Visa/MasterCard Debit Cards. We also accept Cheques and Money Orders. Alternatively you can visit our website and place an order online. We accept Paypal and Visa/Mastercard Credit & Debit cards online.

**CREDIT**    **VISA**    **VISA**

CARD No. \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

EXP. DATE \_\_\_\_\_ / \_\_\_\_\_ CVC / CVV \_\_\_\_\_

SIGNATURE \_\_\_\_\_

**YOURS FREE WITH EVERY ORDER OVER \$60 (not incl P&H)**

**LEATHER HANDBAG**

**WEATHER STATION**

**MAGNIFIER NECKLACE**

**STOP** **HAVE YOU INCLUDED YOUR SIZE?**  
Please include your size where required for all clothing, shoes & bras

PAGE	ITEM No.	SIZE	COLOUR	DESCRIPTION	QTY	PRICE EACH	TOTAL
38	KSLC2			Slicing Buddy - Yes I have spent \$30 or more <input checked="" type="checkbox"/>		\$5.00	

Please tick this box if you would like us to leave your parcel without a signature (by ticking this box Health Pride forfeits any responsibility if the package is lost or stolen after delivery). You can also advise a short delivery instruction to be added to your order e.g. "Near front door behind plant" etc.

**WE RESPECT YOUR PRIVACY**

The personal information we collect is used to process your order/ request without which we would not be able to do so. Occasionally we allow certain carefully screened companies in Australia and overseas to offer you new products and services. If you do not wish to receive offers from other companies please indicate in the space provided below. For full details on our privacy policy please refer to our website.  I do not wish to receive any special mailings from companies selected by Health Pride Pty Ltd.

1 YEAR CATALOGUE SUBSCRIPTION				\$2.50
<b>POSTAGE &amp; HANDLING</b>				
UP TO \$50.00	<b>\$9.90</b>	\$100.01 - \$150.00	<b>\$14.90</b>	TOTAL MERCHANDISE VALUE \$
\$50.01 - \$70.00	<b>\$11.90</b>	\$150.01 - \$250.00	<b>\$15.90</b>	<b>ADD POSTAGE &amp; HANDLING</b> \$
\$70.01 - \$100.00	<b>\$13.90</b>	Over \$250.01	<b>\$17.90</b>	
<b>HAVE YOU ENCLOSED THE RIGHT AMOUNT?</b> 				TOTAL ENCLOSED \$

FOR CUSTOMERS ORDERING PERSONALISED LABELS, PLEASE FILL IN YOUR DETAILS BELOW. PRINT ALL DETAILS CLEARLY, EACH LINE EXACTLY AS YOU WANT US TO PRINT IT. START AT LINE 1 WITH YOUR NAME, AND THEN PROCEED TO LINES 2, 3 & 4 FOR YOUR ADDRESS DETAILS (ONLY USE LINE 4 IF REQUIRED).

LINE 1

LINE 2

LINE 3

LINE 4

Health  Pride Pty Ltd

**FREE GIFT**

**\*with every order over \$60**

**PICK YOUR FREE GIFT!**

See Page 1 For More Details

POSTAGE  
PAID  
AUSTRALIA



**GENUINE  
LEATHER  
HANDBAG**

One Of  
These Is  
YOURS  
FREE!



**FORECAST  
WEATHER  
STATION**



**MAGNIFIER  
NECKLACE**



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**COMFORT & STYLE**

What More Could You Ask For!



Navy

**SALE**

Casual, stylish, comfortable and lightweight. Made from canvas, with breathable cutouts and an adjustable touch close strap at the back, our Preston Slip On is just what you have been looking for. Available in Tye Dye in ladies sizes 6-11 and Navy in size 7 only (sorry no other sizes are available).



Tye Dye

Don't forget to include your size and colour on the order form.

SHOE33D Easy Comfort Shoe Tye Dye ~~\$29.90~~ NOW \$19.90  
SHOE33N Easy Comfort Shoe Navy ~~\$29.90~~ NOW \$19.90

Cutouts for  
airflow to keep  
your feet cool

SET OF 2

UP TO SIZE 34!



Beige

Black

White

HIGH-WAISTED COMFORT WITH FULL COVERAGE

**100% COTTON  
FULL BRIEFS**

- Soft, breathable 100% cotton
- Elastic waist and trim for a secure fit
- Set of 2 - available in Beige, Black, or White



Experience everyday comfort with our soft and breathable 100% cotton briefs. Designed for full coverage and a secure fit, these briefs are perfect for all-day wear.

The gentle elastic waistband and trim provide added comfort without digging in, while the breathable cotton gusset ensures freshness throughout the day. Ideal for daily use, they combine practicality with softness you can rely on. Available in Black, White or Beige in ladies sizes 10-34. Sold as a set of 2 (colours cannot be mixed). **Please specify size and colour on order form.**

U2102 Black Set of 2 Cotton Briefs \$29.90  
U2103 White Set of 2 Cotton Briefs \$29.90  
U2104 Beige Set of 2 Cotton Briefs \$29.90